



**Saint Martin of Tours Catholic Church  
"A Century of Blessings 1921 - 2021"**

**7710 El Cajon Boulevard, La Mesa, CA 91942**  
**stmartinoftoursparish.org**  
**Phone 619.465.5334 - Fax 619.465.7297**  
**Email: info@saintmartinoftours.cc**



**MASS SCHEDULE**

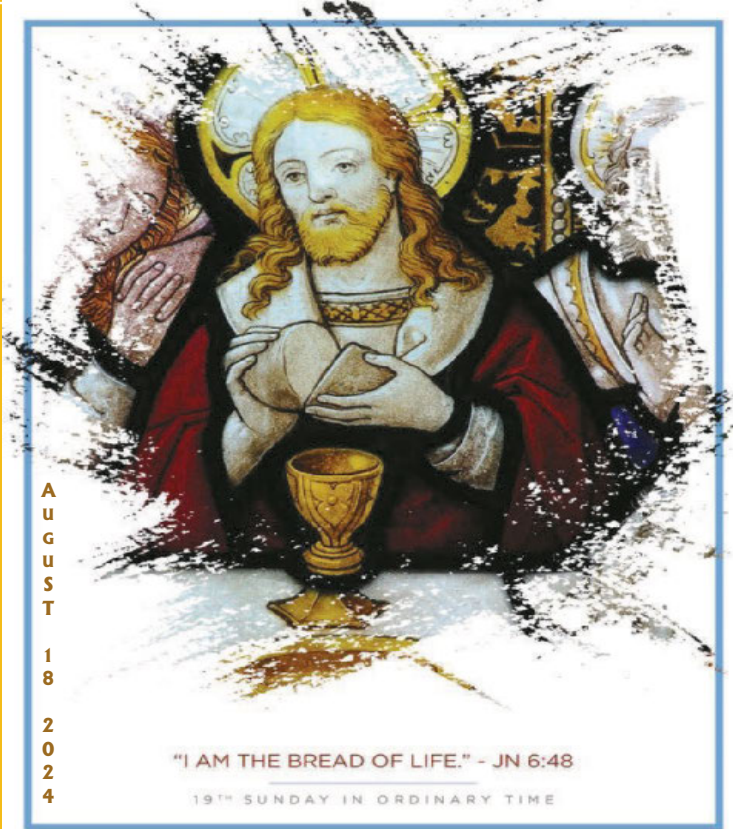
**SATURDAY: 5:00pm (Vigil)**  
**SUNDAY: 7:00am, 9:00am, 11:00am**  
**and 5:00pm Mass**

**DAILY MASS:**  
**Monday through Friday: 8:30am**  
**Rosary before Mass: at 8:00am**

**CONFESSIONS: Friday (5:00pm - 6:00pm)**  
**ADORATION: Friday (7:00pm - 8:30pm)**  
**First Friday (9:00am to 12:00pm)**

**OFFICE HOURS:**  
**MONDAY through FRIDAY:**  
**8:30 am- 4:30 pm**  
**Closed for Lunch: 12:00 pm - 1:00pm**

**SAINT MARTIN ACADEMY**  
**Principal: Jennifer Miller**  
**619.466.3241**  
**Web: [stmartinacademy.org](http://stmartinacademy.org)**  
**Email: [info51@stmartinacademy.org](mailto:info51@stmartinacademy.org)**  
**Preschool through 8th Grade**



**WELCOME!**

**We warmly welcome all visitors to our parish, the heart of our Catholic faith-life in La Mesa since 1921. Thank you for joining us for Divine Worship. We hope you will find ways to participate in and support our parish life and mission by sharing your time, talent and treasure.**

**If you have been coming here but are not registered or if you just moved into the area, we invite you to join us as a member of our parish family, using the registration form below or stopping by the Parish Office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially Baptism or Marriage, as well as eligibility to serve as godparents or sponsors.**

**REGISTRATION FORM FOR "NEW" PARISHIONERS**

**Your Information:** (Please cut and drop in offering basket)

**Name** \_\_\_\_\_ **Home Phone** \_\_\_\_\_

**Street Address** \_\_\_\_\_ **Daytime Phone** \_\_\_\_\_

**City, State & Zip** \_\_\_\_\_ **email:** \_\_\_\_\_

**(this registration will be followed by a telephone call to obtain more information)**

**WELCOME TO  
SAINT MARTIN OF TOURS  
CATHOLIC FAITH COMMUNITY**

We invite you to be a "Sharing Member".  
Register, Participate, and  
Share your Gifts and Talents.



The 20th Sunday in Ordinary Time  
August 11, 2024

**The Lord gave them bread  
from heaven.**  
(Psalm 78)

**ADORATION OF THE BLESSED SACRAMENT**



"We cannot find God in noise or agitation. Within nature: trees, flowers and grass grow in silence. The stars, the moon, and the sun move in silence..."

In silence, He listens to us;  
in silence He speaks to our souls. In  
silence we are granted the privilege of  
listening to His voice. Silence of our eyes. Silence of  
our ears. Silence of our minds... in the silence of the  
heart, God will speak."

Saint Mother Theresa of Calcutta.

The Children's Chapel is open Monday to Friday, from 10am to 3pm, for personal prayer and meditation before the Blessed Sacrament in the Tabernacle. Also, we will continue to gather in the Church every Friday from 7pm to closing with benediction at 830pm.

*Everyone is invited and welcome to stay  
as long as time allows.*

**SUNDAY READINGS**

**First Reading:** "Come, eat of my food, and drink of the wine I have mixed!" (Prv 9:5) **Psalm:** Taste and see the goodness of the Lord. (Ps 34) **Second Reading:** Therefore, do not continue in ignorance, but try to understand what is the will of the Lord. (Eph 5:17) **Gospel:** "For my flesh is true food, and my blood is true drink." (Jn 6:55)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved. ©LPi.

**WEEKLY READINGS**

**Monday:** Ez 24:15-23/Dt 32:18-21/Mt 19:16-22

**Tuesday:** Ez 28:1-10/Dt 32:26-36aMt 19:23-30

**Wednesday:** Ez 34:1-11/Ps 23/Mt 20:1-16

**Thursday:** Ez 36:23-28/Ps 40/Mt 22:1-14

**Friday:** Ez 37:1-14/Ps 107/Mt 22:34-40

**Saturday:** Rv 21:9-14/Ps 145/Jn 1:45-51

**Sunday:** Jos 24:1-7, 18b/Ps 34/Eph 5:2-32/  
Jn 6:60-69

**THE YEAR OF  
EUCHARISTIC REVIVAL**



**Oblation of Your Church**

Last week we talked about the holy and living sacrifice of Jesus, which during mass are given the privilege of offering our prayers in union with Jesus. In Eucharistic Prayer II, one also hears "we offer you, Lord, the Bread of life and the Chalice of Salvation." This is not just the work of the priest, but the priest speaks for all the people who come before God in the mass. **Everyone is an active participant.**

The following words in Eucharistic Prayer III from last week are: "Look, we pray, upon the oblation of your Church..." (Reminder once again, this is Jesus) and then it says, "grant that we, who are nourished by the Body and Blood of your Son and filled with his Holy Spirit, may become one body, one spirit in Christ." We not only offer the body of Christ, but we pray we become the Body of Christ... what does that mean then? Do we offer ourselves?

The next section then says, "May he (Jesus) make of us an eternal offering to you." Remember how I said we are to prepare ourselves during the preparation of the gifts to also offer ourselves? As the body of Christ, we, too, ask God to look at us in our offering of praise and worship during the mass. Let us offer ourselves as and with the Body of Christ.

Visit: [www.eucharisticrevival.org](http://www.eucharisticrevival.org)

**Rev. Chris Bongato**

Parochial Vicar

Saint Martin of Tours Parish

7710 El Cajon Blvd

La Mesa, CA 91942

Tel. 1 (619) 465-5334

**PRAY FOR OUR PRIESTS, August 18 - 24, 2024**

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
18 Rev. Andres Ernesto Torres, CJM	19 Rev. Macario Torres, OFM	20 Rev. Christopher Tozzi	21 Rev. Michael Tran	22 Rev. Corey Tufford	23 Rev. Gerard Tully, C.S.P.	24 Rev. Mathias Tumulty, OFM



**O.C.I.C.  
Order of Christian Initiation  
for Children**

**Interested in sharing your faith?**

**We are looking for just the right people to guide our O.C.I.C. children, and their parents, through the journey to full initiation in the Catholic Church. For more information please contact**


**Christine Davis at:**  
[chris@saintmartinoftours.cc](mailto:chris@saintmartinoftours.cc)

**Saint Martin of Tours Knights of Columbus**  
Would like to say a big thank you to all parishioners that helped our Seminarian Dinner/Auction to be a huge success. We have met our goal, and we will sponsor all of our Seminarians, again, this year.



We could not have done this without your participation and support. So,  
**A BIG THANK YOU TO ALL OF YOU!**

See you next year!  
Grand Knight Chris Warner and Council 14450



**PRAY THE ROSARY WITH US @**  
**5:30pm**  
**MONDAY THROUGH FRIDAY**

**Go to our Parish website:**  
[martinoftoursparish.org](http://martinoftoursparish.org)

**BULLETIN SUBMISSIONS** must be requested in advance, at least two (2) weeks or more, prior to run date.

Please send requests via email to [info@saintmartinoftours.cc](mailto:info@saintmartinoftours.cc).

All submissions are subject to approval by Fr. Ignatius

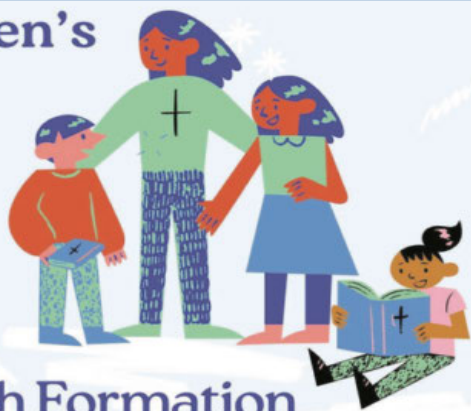
**SATURDAY MORNING BIBLE STUDY**



It's just about that time, again! Saturday morning's Bible Study will resume Saturday, September 7<sup>th</sup>, in the Parish Hall, from 9:30am to 11:00am. Our topic will be "Women in the New Testament." We'll delve into the lives of the fascinating women who befriended Jesus, were healed and transformed by Him, followed Him as disciples, and proclaimed the good news of His resurrection. We are a friendly, supportive group always looking for new members. So, if the Spirit is nudging you, why not say "Yes?" Please contact the church office, at 619-465-5334, to sign up and purchase your text by August 30<sup>th</sup>. We want to be sure to have enough text books. See you September 7<sup>th</sup>!



## Children's



### Faith Formation & Sacramental Prep

Register Now:

[stmartinoftoursparish.org](http://stmartinoftoursparish.org)

Faith Formation Classes start 9/22/24

Sacramental Prep Classes start

10/13/24

For Information Contact Lisa Zickert

[lisaz@saintmartinoftours.cc](mailto:lisaz@saintmartinoftours.cc)

ST. MARTIN OF TOURS CATHOLIC CHURCH

## MIDDLE SCHOOL YOUTH GROUP 6TH-8TH GRADE SESSIONS START SEPTEMBER 23RD

*Please join us for a parent information meeting in the Hall on September 9th at 6:00 pm!*

**Come meet our team and learn about all the exciting things we have in store for the Youth of our parish!**

for more information contact Helen Deen at [helend@saintmartinoftours.cc](mailto:helend@saintmartinoftours.cc)



### O.C.I.A.

“Order of Christian Initiation for Adults”

**Interested in becoming Catholic O.C.I.A. is the process by which adults enter the Catholic Church.**

If you or anyone you know is interested in becoming Catholic, completing Sacraments or learning more about the Catholic Faith, this is the journey for you.

This is a spiritual journey, led by the Holy Spirit, which can lead to Full Initiation into the Catholic Church through Baptism, Confirmation and Eucharist. It is also, a way to learn more about the Catholic Faith. One of the goals is to develop a personal relationship with God, accomplished through prayer, scripture and worship.

The next journey will begin this Summer. An informational meeting will be on Tuesday, August 27 at 7pm in Barry Hall.

If you would like to be part of this Faith Journey to become Catholic, or to help facilitate the Journey please contact Christine Davis at

[chris@saintmartinoftours.cc](mailto:chris@saintmartinoftours.cc) or 619.465.5334.

## Saint Martin of Tours



### High School Youth Group

Sessions start September 22, 2024

Parent meeting September 8, 2024

**Register today!**

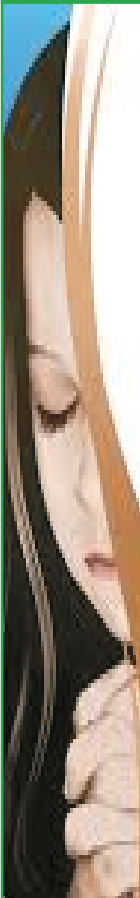
Contact Helen Deen at [Helend@saintmartinoftours.cc](mailto:Helend@saintmartinoftours.cc)



*Mass Intentions*

**August 18 - 25, 2024**

Sat	5:00pm	Judy Schrier-Healing
Sun	7:00am	Mass for the People
	9:00am	Tom & Laura Akers†
	11:00am	Bernardita Cenabre†
	5:00pm	Lupe Chavez & Family-Blessings
Mon	8:30am	Frank Sardina†
Tue	8:30am	Luterio, Ismaela, Gideon & Eugene Cenabre†
Wed	8:30am	Frank Busalacchi†
Thurs	8:30am	Julia Bongato Aguilar†
Fri	8:30am	Othon Benson-Birthday
Sat	5:00pm	John Rodosevich +
Sun	7:00am	Mass for the People
	9:00am	Steve Koci†
	11:00am	Hugo Elias†
	5:00pm	Employees & Patrons of Tu Ré - Blessings



**Remember in your Prayers...** All expectant Mothers, Msgr. John Burkard, Deacon Bill Adsit, Jorge Martin del Campo, Andrea Smith, Magnus & Claudia Goransson, Rita Demkowski, Dora Castañeda, Tristan Sablan, Patti Herrera, Chris Hilinski, Eddie Medina, Daniel Denhart, Anne Wilson, Joe & Doris Garrido, Will Glunt, Peter Falconer, Mark Crocco, Mary & Ned Wilson, Emma Schopler, Michael Gronich, Mark Mendiola, Phil Knepp, Marilyn McBrayer, Theresa Climaco Pantig, Joseph Green Gonzalez, Fr. Jim Poulsen, Berta Villanueva, Carly Brashear, Joe Serrano, Stella Agbogun, Joe Morse, Judy Haas, Francisco Babauta, Fr. Ignatius Kissel, O.S.M., Nadia Clayton, Bobby Laminen, Margaret Laminen, Miguel & Martha Soto, Ricardo & Consuelo Soto, Andrew Dietsch, Don Rakestraw, Diana Houze, Rita Bongard, Maria Murrieta, Cindy Mendez, Tanya Mendez-Smith, Vincent Iagmin, may they find joy in the healing love of Christ.

*Names will remain listed for four weeks.  
Please call the Parish Office at 619.465.5334  
or email: [info@saintmartinoftours.cc](mailto:info@saintmartinoftours.cc)  
to add or delete names on the list.*

**CLERGY**

**Rev. Ignatius Kipchirchir, Pastor**  
**Rev. Christopher Bongato, Assoc. Pastor**  
**Rev. Jim Poulsen, Supply Priest - Retired**

**SACRAMENTS & MINISTRIES updated 08/24**

**ALTAR SERVERS:** Jaime Paredes, Coordinator 619-581-0686  
 Email: ST MARTINALTARSERVERS2023@gmail.com  
**BAPTISM:** Call Parish Office 619-465-5334 (Pre-baptism seminar required)  
**BEREAVEMENT MINISTRY:** Elvira Medina, Coordinator 619-465-5334  
 or Email: elvira@saintmartinoftours.cc (in office Mon/Tue/Fri)  
**BIBLE STUDY:** Call the Parish Office 619-465-5334  
 Saturday 9:30am-11:00am Barry Hall  
 Thursday 6:30pm-8:00pm are on Zoom  
 Jeff Seaman-Leader, jkseam@outlook.com  
**BUILD-A-MIRACLE:** Jerry & MaryJo Crouch, Coordinators  
 Email: jcrouch566@cox.net  
**CATHOLIC IN RECOVERY (Men's Lust Recovery):** Chris  
 Coordinator 619-627-2552  
**COMMUNITY GARDEN:** Anne Pacheco, Coordinator 619-466-3241  
**CONFIRMATION:** Helen Deen, Youth Ministry Director  
 619-465-5334 or Email: helend@saintmartinoftours.cc  
**CULTURE OF LIFE:** Cheri Hubka Sparhawk, Coordinator 619-459-3002  
**EUCHARIST to the HOMEBOUND:**  
 Call Parish Office 619-465-5334  
**EUCHARISTIC MINISTERS:** Toni Dimuzio, Coordinator  
 619-286-1877 or Email: ajdimuzio@cox.net  
**FAITH FORMATION:** Lisa Zickert, Director 619-465-5334 or  
 Email: lisaz@saintmartinoftours.cc (Ages: 4y—6th Grade)  
**FOOD ASSISTANCE:** Richard Zasueta, Coordinator  
 619-726-7618 OPEN TUE-THU 9:30am-11:30am  
**KNIGHTS<sup>o</sup> COLUMBUS:** Chris Warner, Grand Knight 619-884-0532  
 Email: gkchriswarner14550@gmail.com  
**LECTORS:** Donna Tripi, Coordinator Email: tripidonna@gmail.com  
**MEN'S MINISTRY:** Chris Bartel, Coordinator -That Man is You  
 619-971-7321 or Email: chrisbartelfenway@outlook.com  
**MUSIC MINISTRY:** Frances Cavanaugh, Choir Director  
 619-490-9062 or Email: stmartinoftourschoir@gmail.com  
 Saturday 5:00pm with Cantor & Organist  
 Sunday 9:00am & 11:00am with Cantor & Organist  
**OCIA (Order of Christian Initiation for Adults)**  
**OCIC (Order of Christian Initiation for Children)**  
 Christine Davis, Director 619-465-5334, ext# 307  
 or Email: chris@saintmartinoftours.cc  
**SACRAMENTAL PREPARATION FOR FIRST EUCHARIST  
 and RECONCILIATION:**  
 Lisa Zickert, Faith Formation Director 619-465-5334  
 or Email: lisaz@saintmartinoftours.cc  
**SCOUTS BSA (Cubs and Troop 51):** Mitzi Elsten  
 619-889-6003 or Email: jointroop51lamesa@gmail.com  
**WEDDINGS:** Parish Office at 619-465-5334  
**WOMEN OF FAITH:** MaryMargaret Kissel, Coordinator  
 619-698-4845  
**WOMEN'S MINISTRY:** Lisa Zickert, Coordinator  
 Walking With Purpose 619-465-5334  
 or Email: lisaz@saintmartinoftours.cc  
**YOUNG ADULTS:** Helen Deen, Director 619-465-5334  
 Email: helend@saintmartinoftours.cc  
**YOUTH MINISTRY:** Helen Deen, Director 619-465-5334  
 Email: helend@saintmartinoftours.cc  
 Junior High (7th and 8th Grade)  
 High School (9th and 12th Grade)



**Walking with Purpose  
Women's Bible Study  
You are welcome ...**

Make authentic connections with other women-Learn more about God

**Choose Your Study  
Both Start Wed 9/11**



Explore the fundamentals of our Catholic Faith & your relationship with Jesus

**Opening your Heart 9:30 AM  
Touching the Divine 6:30 PM**

Study the Gospel of John & get to know the life and personality of Jesus



contact: Lisa Zickert 619  
698-8434

**"Young people need the light of watchful guides to lead them on the path of salvation."** —Saint John Baptist de la Salle

**PRAYER FOR THE YOUTH**

Dear Lord,

Be with our young people always—keep them in Your care. Help them to form godly friendships, speak the truth, and know you in the personal way that will challenge, shape, and guide them. Amen.

**SCOUTING AMERICA** (formerly—known as Boys Scouts of America) will be selling popcorn at the Gathering Plaza after the 7:00am and 9:00am Holy Masses, on Sunday, August 24.



70% of the sales will cover for Summer Camps, activities, and youth whose families cannot afford Scouting.

Popcorn donations may also be made to military personnel and/or the Saint Martin's Food Pantry.

**OUR RESPONSE AS STEWARDS**

**REFLECT**-On the many gifts you have received from God. Including your financial blessings.

**PRAY**-About how God wants you to use the gifts He has given you.

**RESPOND**-By supporting the mission. You can give at your parish or on line at [giving.sdatholic.org](http://giving.sdatholic.org).



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**FOOD ASSISTANCE MINISTRY**

Food Assistance is in need of non-perishable food to reach out to the less fortunate in our midst. We appeal to our caring parish community to help us with items such as: jelly, canned chicken, Rice-A-Roni, meal helper, cold or hot cereal, canned fruit, peanut butter, Top Ramen. Please place the items in the food box in the vestibule of the church or bring them to the Parish Office or Food Center. In the month of July 2024 we provided 636 meals to families in need. Thank you for your support and prayers.







U.S. Dept. of Education Green Ribbon School  
 stmartinacademy.org  
 August 18, 2024

### Laudato Si': Our Duty to Be Good Stewards of Our Common Home



As Catholic educators, we are called by God to do His work. We have a sacred responsibility to nurture the young minds entrusted to us by their parents, guiding them to become good stewards of the world. At St. Martin's Academy (SMA), we take this responsibility seriously and actively engage our students in practices that embody stewardship of our common home.

Our journey began with a commitment to be a Green Ribbon school. This pledge reflects our dedication to environmental education and sustainable practices. One tangible expression of this commitment is our garden, which not only beautifies our campus but also serves as a hands-on learning environment. In the garden, students learn about sustainable lifestyles, the importance of biodiversity, and the benefits of growing our own food.

We also foster ecological spirituality within our school community. We educate our students about ethical consumption through composting, recycling, and utilizing reusable water bottles. We encourage mindfulness and gratitude for the earth's resources by incorporating prayers at meal times, staff meetings, and school events. These practices help students develop a deeper respect for creation and a commitment to caring for it.

Our commitment to stewardship extends beyond environmental issues to include social justice. At SMA, we recognize that true stewardship includes responding to the needs of the less fortunate through actions such as various charity drives throughout the school year.

This week, we invite you to join us in prayer for our common home and all its inhabitants. You can find a special prayer for this purpose on the San Diocese website. Together, let us ask for the strength and wisdom to be good stewards of the beautiful world God has given us.

#### A Prayer for Our Earth, from Laudato Si'

All-powerful God, you are present in the whole universe and in the smallest of your creatures.

You embrace with your tenderness all that exists.

Pour out upon us the power of your love,

that we may protect life and beauty.

Fill us with peace, that we may live

as brothers and sisters, harming no one.

O God of the poor,

help us to rescue the abandoned and forgotten of this earth, so precious in your eyes.

Bring healing to our lives,

that we may protect the world and not prey on it,

that we may sow beauty, not pollution and destruction.

Touch the hearts

of those who look only for gain

at the expense of the poor and the earth.

Teach us to discover the worth of each thing,

to be filled with awe and contemplation,

to recognize that we are profoundly united

with every creature as we journey towards your infinite light.


We thank you for being with us each day.

Encourage us, we pray, in our struggle

for justice, love and peace.





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Parishioner at St. Martin of Tours

**Elizabeth G. Blust**  
Attorney at Law   
Probate • Estate Planning  
Wills • Trusts • Amendments  
**619-607-0235**  
OLG Parishioner

**IRIS DENTAL**  
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