



# Saint Martin of Tours Catholic Church "A Century of Blessings 1921 - 2021"

7710 El Cajon Boulevard, La Mesa, CA 91942  
stmartinoftoursparish.org  
Phone 619.465.5334 - Fax 619.465.7297  
Email: info@saintmartinoftours.cc



## MASS SCHEDULE

SATURDAY: 5:00pm (*Vigil*)  
SUNDAY: 7:00am, 9:00am, 11:00am  
and 5:00pm Mass

### DAILY MASS:

Monday through Friday: 8:30am  
Rosary before Mass: at 8:00am

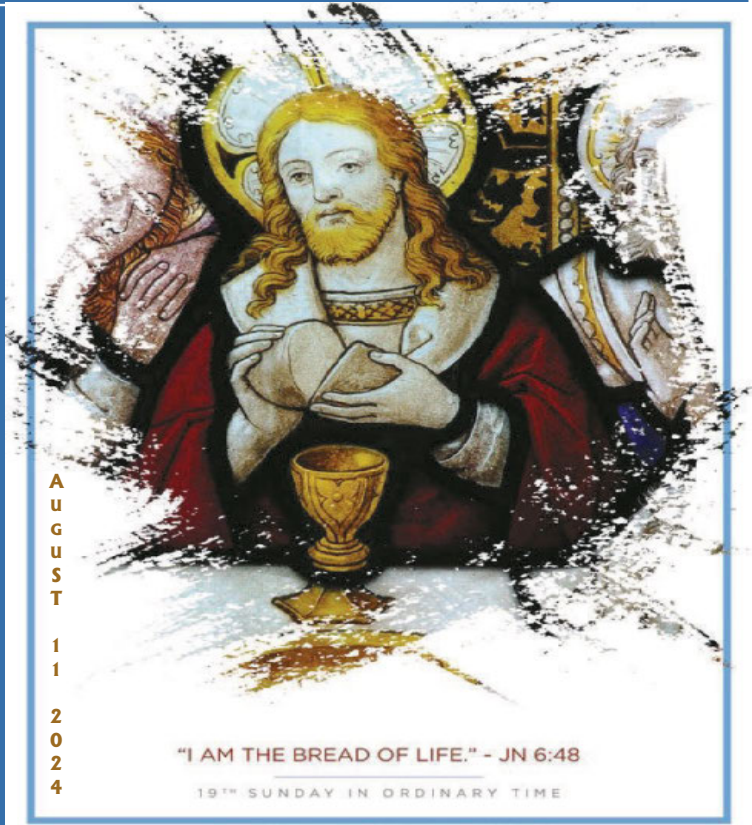
CONFESSIONS: Friday (5:00pm - 6:00pm)  
ADORATION: Friday (7:00pm - 8:30pm)  
First Friday (9:00am to 12:00pm)

### OFFICE HOURS:

MONDAY through FRIDAY:  
8:30 am- 4:30 pm  
Closed for Lunch: 12:00 pm - 1:00pm

### SAINT MARTIN ACADEMY

Principal: Jennifer Miller  
619.466.3241  
Web: [stmartinacademy.org](http://stmartinacademy.org)  
Email: [info51@stmartinacademy.org](mailto:info51@stmartinacademy.org)  
Preschool through 8th Grade



## WELCOME!

We warmly welcome all visitors to our parish, the heart of our Catholic faith-life in La Mesa since 1921. Thank you for joining us for Divine Worship. We hope you will find ways to participate in and support our parish life and mission by sharing your time, talent and treasure.

If you have been coming here but are not registered or if you just moved into the area, we invite you to join us as a member of our parish family, using the registration form below or stopping by the Parish Office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially Baptism or Marriage, as well as eligibility to serve as godparents or sponsors.

### REGISTRATION FORM FOR "NEW" PARISHIONERS

Your Information: (Please cut and drop in offering basket)

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Street Address \_\_\_\_\_ Daytime Phone \_\_\_\_\_

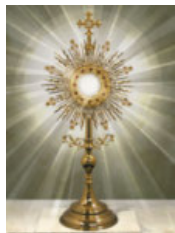
City, State & Zip \_\_\_\_\_ email: \_\_\_\_\_

(this registration will be followed by a telephone call to obtain more information)

**WELCOME TO  
SAINT MARTIN OF TOURS  
CATHOLIC FAITH COMMUNITY**

We invite you to be a "Sharing Member".  
Register, Participate, and  
Share your Gifts and Talents.

**ADORATION OF THE BLESSED SACRAMENT**



"We cannot find God in noise or agitation. Within nature: trees, flowers and grass grow in silence. The stars, the moon, and the sun move in silence..."

In silence, He listens to us; in silence He speaks to our souls. In silence we are granted the privilege of listening to His voice. Silence of our eyes. Silence of our ears. Silence of our minds... in the silence of the heart, God will speak."

Saint Mother Theresa of Calcutta.

The Children's Chapel is open Monday to Friday, from 10am to 3pm, for personal prayer and meditation before the Blessed Sacrament in the Tabernacle. Also, we will continue to gather in the Church every Friday from 7pm to closing with benediction at 830pm.

*Everyone is invited and welcome to stay as long as time allows.*

The 19th Sunday in Ordinary Time  
August 11, 2024

**The Lord gave them bread from heaven.**  
(Psalm 78)

**THE YEAR OF  
EUCHARISTIC REVIVAL**



Holy and Living Sacrifice

After the Anamnesis (memorial acclamation), the people may think this is the time where the priest says many words to which one unfortunately find their mind drifting and besides kneeling, they don't know what to do. The prayers after the memorial acclamation keep us focused on what is in front of us: Jesus' one and perfect offering- His sacrifice. Let's look at the the prayers that follow the memorial acclamation in Eucharistic Prayer III.

The first words are: "Therefore, O Lord, as we celebrate the memorial of the saving Passion of your Son, his wondrous Resurrection and Ascension into heaven, and as we look forward to his second coming, we offer you in thanksgiving this holy and living sacrifice."

Let's break this down. Essentially this says, 'As we celebrate the mystery of our faith, we offer this holy and living sacrifice, which is Jesus Himself. The sacrifice he made for all-one time- is made present to us in the mass. Jesus, in offering himself, also made it possible for us to lift up our prayers with his sacrifice. Next week we will see how Jesus' sacrifice brings us to offering ourselves.

Visit: [www.eucharisticrevival.org](http://www.eucharisticrevival.org)

Rev. Chris Bongato  
Parochial Vicar  
Saint Martin of Tours Parish  
7710 El Cajon Blvd  
La Mesa, CA 91942  
Tel. 1 (619) 465-5334

**SUNDAY READINGS**

**First Reading:** He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb. (1 Kgs 19:8). **Psalm:** Taste and see the goodness of the Lord. (Ps 34). **Second Reading:** So be imitators of God, as beloved children, and live in love, as Christ loved us. (Eph 5:1-2). **Gospel:** "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." (Jn 6:51). Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved. ©LPI.

**WEEKLY READINGS**

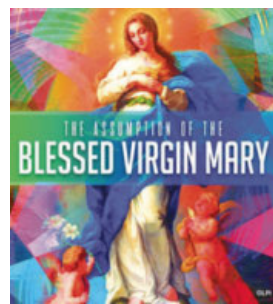
**Monday:** Ez 1:2-5, 24-28/Ps 148/Mt 17:22-27  
**Tuesday:** Ez 2:8-3:4/Ps 119/Mt 18:1-14  
**Wednesday:** Ez 9:1-22/Ps 113/Mt 18:15-20  
**Thursday Vigil:** 1 Chr 15:3-4,15-16; 16:1-2/Ps 132/ Cor 15:54b-57/Lk 11:27-28;  
**Thursday Day:** Rv 11:19; 12:1-6,10/Ps 45/ 1 Cor 15:20-27/Lk 1:39-56;  
**Friday:** Ez 16:1-15, 60, 63 or 16:59-63/Is 12:2--6/ Mt 19:3-12;  
**Saturday:** Ez 18:1-13b, 30-32/Ps 51/Mt 19:13-15;  
**Sunday:** Prv 9:1-6/Ps 34/Eph 5:15-20/Jn 6:51-58

**PRAY FOR OUR PRIESTS, August 11 - 17, 2024**

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
11 Rev. Anthony Stanonik	12 Rev. William Stevenson	13 Rev. Marek Stroba, OMI	14 Rev. Nemesio Sungcad	15 Rev. Romeo Supnet	16 Rev. Joseph Tabigue, CRSP	17 Rev. Thomas Thompson

**ASSUMPTION OF THE BLESSED VIRGIN MARY**

On Thursday, August 15, we celebrate the Feast of the Assumption. This is a Holy Day of Obligation. Let us rejoice in the Lord and celebrate the feast in honor of the Blessed Virgin Mary, at whose assumption the angels rejoice and give praise to the Son of God.



**Masses**

Wednesday, Aug. 14 6pm Vigil Mass  
Thursday, Aug 15, 830am, 12noon  
6pm Mass

**SATURDAY MORNING BIBLE STUDY**

It's just about that time, again! Saturday morning's Bible Study will resume Saturday, September 7<sup>th</sup>, in the Parish Hall, from 9:30am to 11:00am. Our topic will be "Women in the New Testament." We'll delve into the lives of the fascinating women who befriended Jesus, were healed and transformed by Him, followed Him as disciples, and proclaimed the good news of His resurrection. We are a friendly, supportive group always looking for new members. So, if the Spirit is nudging you, why not say "Yes?" Please contact the church office, at 619-465-5334, to sign up and purchase your text by August 30<sup>th</sup>. We want to be sure to have enough text books. See you September 7<sup>th</sup>!



**Press Release**

Council 14550 receives Top Award

Saint Martin of Tours  
Knights of Columbus Council 14550  
has received the distinction of Star Council.  
The International organization's top award  
for local councils.

The Star Council Award recognizes overall excellence in the area of membership, promotion of fraternal benefits, sponsorship of faith formation programs and service oriented activities.

Congratulations from Supreme Office

**NEW LIFE IN OUR PARISH**

Lily Celeste Marie Viloría  
daughter of  
Pedro & Edith Viloría

was baptized on  
August 4, 2024

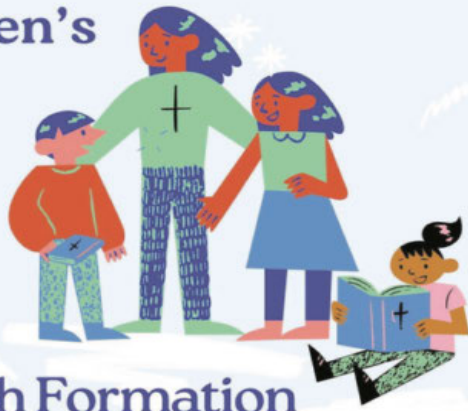


Klarissa Rose Thalia Ortiz  
daughter of  
Manuel & Theresa Ortiz

was baptized on  
August 10, 2024

We lovingly welcome these newest members into our parish family.

# Children's



## Faith Formation & Sacramental Prep

Register Now:

[stmartinoftoursparish.org](http://stmartinoftoursparish.org)

Faith Formation Classes start 9/22/24

Sacramental Prep Classes start 10/13/24

For Information Contact Lisa Zickert  
[lisaz@saintmartinoftours.cc](mailto:lisaz@saintmartinoftours.cc)

ST. MARTIN OF TOURS CATHOLIC CHURCH

# MIDDLE SCHOOL YOUTH GROUP 6TH-8TH GRADE SESSIONS START SEPTEMBER 23RD

*Please join us for a parent information meeting in the Hall on September 9th at 6:00 pm!*

**Come meet our team and learn about all the exciting things we have in store for the Youth of our parish!**

for more information contact Helen Deen at [helend@saintmartinoftours.cc](mailto:helend@saintmartinoftours.cc)



### O.C.I.A.

**"Order of Christian Initiation for Adults"**  
**Interested in becoming Catholic**  
**O.C.I.A. is the process by which adults enter the Catholic Church.**

If you or anyone you know is interested in becoming Catholic, completing Sacraments or learning more about the Catholic Faith, this is the journey for you.

This is a spiritual journey, led by the Holy Spirit, which can lead to Full Initiation into the Catholic Church through Baptism, Confirmation and Eucharist. It is also, a way to learn more about the Catholic Faith. One of the goals is to develop a personal relationship with God, accomplished through prayer, scripture and worship.

The next journey will begin this Summer. An informational meeting will be on Tuesday, August 27 at 7pm in Barry Hall.

If you would like to be part of this Faith Journey to become Catholic, or to help facilitate the Journey please contact Christine Davis at [chris@saintmartinoftours.cc](mailto:chris@saintmartinoftours.cc) or 619.465.5334.

# Saint Martin of Tours



## High School Youth Group

Sessions start September 22, 2024

Parent meeting September 8, 2024

**Register today!**

Contact Helen Deen at [Helend@saintmartinoftours.cc](mailto:Helend@saintmartinoftours.cc)

**August 11-18, 2024**

Sat	5:00pm	Nick & Elsa DiMaio†
Sun	7:00am	Joseph Ghannam†
	9:00am	Danielle Gameros-Birthday
	11:00am	Mass for the People
	5:00pm	For the Stop to Abortion
Mon	8:30am	Paul Saner†
Tue	8:30am	Emma Schopler-Healing & Blessings
Wed	8:30am	Maria Murrieta-Birthday
	6:00pm	Jorge Martin del Campo-Healing & Recovery
Thurs	8:30am	Steve Van Sickler†
	12:00pm	Wilma Costello†
	6:00pm	Teresita & Roberto Medina†
Fri	8:30am	Illuminada Bantilan†
Sat	5:00pm	Judy Schrier-Healing
Sun	7:00am	Mass for the People
	9:00am	Tom & Laura Akers†
	11:00am	Bernardita Cenabre†
	5:00pm	Lupe Chavez & Family-Blessings



**Remember in your Prayers...** All expectant Mothers, Jorge Martin del Campo, Andrea Smith, Rita Demkowski, Dora Castañeda, Tristan Sablan, Patti Herrera, Chris Hilinski, Samantha Martinez, Eddie Medina, Daniel Denhart, Anne Wilson, Joe & Doris Garrido, Will Glunt, Peter Falconer, Mark Crocco, Mary & Ned Wilson, Emma Schopler, Michael Gronich, Mark Mendiola, Phil Knepp, Marilyn McBrayer, Theresa Climaco Pantig, Joseph Green Gonzalez, Fr. Jim Poulsen, Berta Villanueva, Carly Brashear, Joe Serrano, Stella Agbogun, Joe Morse, Judy Haas, Francisco Babauta, Fr. Ignatius Kissel, O.S.M., Nadia Clayton, Bobby Laminen, Margaret Laminen, Miguel & Martha Soto, Ricardo & Consuelo Soto, Andrew Dietsch, Don Rakestraw, Diana Houze, Rita Bongard, Maria Murrieta, Cindy Mendez, Tanya Mendez-Smith, Vincent Iagmin, **may they find joy in the healing love of Christ.**

*Names will remain listed for four weeks.  
Please call the Parish Office at 619.465.5334  
or email: [info@saintmartinoftours.cc](mailto:info@saintmartinoftours.cc)  
to add or delete names on the list.*

**CLERGY**

**Rev. Ignatius Kipchirchir, Pastor**  
**Rev. Christopher Bongato, Assoc. Pastor**  
**Rev. Jim Poulsen, Supply Priest - Retired**

**SACRAMENTS & MINISTRIES updated 07/24**

**ALTAR SERVERS:** Jaime Paredes, Coordinator 619-581-0686  
 Email: STMARTINALTARSERVERS2023@gmail.com  
**BAPTISM:** Call Parish Office 619-465-5334 (Pre-baptism seminar required)  
**BEREAVEMENT MINISTRY:** Elvira Medina, Coordinator 619-465-5334  
 or Email: elvira@saintmartinoftours.cc (in office Mon/Tue/Fri)  
**BIBLE STUDY:** Call the Parish Office 619-465-5334  
 Saturday 9:30am-11:00am Barry Hall  
 Thursday 6:30pm-8:00pm are on Zoom  
 Jeff Seaman-Leader, jkseam@outlook.com  
**BUILD-A-MIRACLE:** Jerry & MaryJo Crouch, Coordinators  
 Email: jcrouch566@cox.net  
**CATHOLIC IN RECOVERY (Men's Lust Recovery):** Chris  
 Coordinator 619-627-2552  
**COMMUNITY GARDEN:** Anne Pacheco, Coordinator 619-466-3241  
**CONFIRMATION:** Helen Deen, Youth Ministry Director  
 619-465-5334 or Email: helend@saintmartinoftours.cc  
**CULTURE OF LIFE:** Cheri Hubka Sparhawk, Coordinator 619-459-3002  
**EUCHARIST to the HOMEBOUND:**  
 Deacon Al Rosker, Coordinator 619-465-5334  
**EUCHARISTIC MINISTERS:** Toni Dimuzio, Coordinator  
 619-286-1877 or Email: ajdimuzio@cox.net  
**FAITH FORMATION:** Lisa Zickert, Director 619-465-5334 or  
 Email: lisaz@saintmartinoftours.cc (Ages: 4y—6th Grade)  
**FOOD ASSISTANCE:** Richard Zasueta, Coordinator  
 619-726-7618 OPEN TUE-THU 9:30am-11:30am  
**KNIGHTS<sup>o</sup>COLUMBUS:** Chris Warner, Grand Knight 619-884-0532  
 Email: gkchriswarner14550@gmail.com  
**LECTORS:** Donna Tripi, Coordinator Email: tripidonna@gmail.com  
**MEN'S MINISTRY:** Chris Bartel, Coordinator -That Man is You  
 619-971-7321 or Email: chrisbartelfenway@outlook.com  
**MUSIC MINISTRY:** Frances Cavanaugh, Choir Director  
 619-490-9062 or Email: stmartinoftourschoir@gmail.com  
 Saturday 5:00pm with Cantor & Organist  
 Sunday 9:00am & 11:00am with Cantor & Organist  
**OCIA (Order of Christian Initiation for Adults)**  
**OCIC (Order of Christian Initiation for Children)**  
 Christine Davis, Director 619-465-5334, ext# 307  
 or Email: chris@saintmartinoftours.cc  
**SACRAMENTAL PREPARATION FOR FIRST EUCHARIST  
 and RECONCILIATION:**  
 Lisa Zickert, Faith Formation Director 619-465-5334  
 or Email: lisaz@saintmartinoftours.cc  
**SCOUTS BSA (Cubs and Troop 51):** Mitzi Elsten  
 619-889-6003 or Email: jointroop51lamesa@gmail.com  
**WEDDINGS:** Parish Office at 619-465-5334  
**WOMEN OF FAITH:** MaryMargaret Kissel, Coordinator  
 619-698-4845  
**WOMEN'S MINISTRY:** Lisa Zickert, Coordinator  
 Walking With Purpose 619-465-5334  
 or Email: lisaz@saintmartinoftours.cc  
**YOUNG ADULTS:** Helen Deen, Director 619-465-5334  
 Email: helend@saintmartinoftours.cc  
**YOUTH MINISTRY:** Helen Deen, Director 619-465-5334  
 Email: helend@saintmartinoftours.cc  
 Junior High (7th and 8th Grade)  
 High School (9th and 12th Grade)



**O.C.I.C.  
Order of Christian Initiation  
for Children**

**Interested in sharing your faith?**

**We are looking for just the right people to guide our O.C.I.C. children, and their parents, through the journey to full initiation in the Catholic Church. For more information please contact Christine Davis at:**

[chris@saintmartinoftours.cc](mailto:chris@saintmartinoftours.cc)

**“Young people need the light of watchful guides to lead them on the path of salvation.”** —Saint John Baptist de la Salle

**PRAYER FOR THE YOUTH**

Dear Lord,

Be with our young people always—keep them in Your care. Help them to form godly friendships, speak the truth, and know you in the personal way that will challenge, shape, and guide them. Amen.

**Walking with Purpose  
Women’s Bible Study  
You are welcome ...**

Make authentic connections with other women-Learn more about God

**Choose Your Study  
Both Start Wed 9/11**



Explore the fundamentals of our Catholic Faith & your relationship with Jesus

**Opening your Heart 9:30 AM  
Touching the Divine 6:30 PM**

Study the Gospel of John & get to know the life and personality of Jesus



contact: Lisa Zickert 619 698-8434

**SCOUTING AMERICA** (formerly—known as Boys Scouts of America) will be selling popcorn at the Gathering Plaza after the 7:00am and 9:00am Holy Masses, on Sunday, August 24.



70% of the sales will cover for Summer Camps, activities, and youth whose families cannot afford Scouting.

Popcorn donations may also be made to military personnel and/or the Saint Martin’s Food Pantry.

**OUR RESPONSE AS STEWARDS**

**REFLECT**-On the many gifts you have received from God. Including your financial blessings.



**PRAY**-About how God wants you to use the gifts He has given you.

**RESPOND**-By supporting the mission. You can give at your parish or on line at [giving.sdatholic.org](http://giving.sdatholic.org).

If you, or someone you know, has been sexually abused or victim of misconduct, by a member of the clergy, an employee or volunteer in the Diocese of San Diego, please report to the diocesan Victim Assistance Coordinator, Mary Acosta, at 858.490.8353 or [misconduct@sdca.holoic.org](mailto:misconduct@sdca.holoic.org).





U.S. Dept. of Education Green Ribbon School  
 stmartinacademy.org  
 August 11, 2024



Morning sunrise in the garden.

## ALUMNI NEWS

### Anthony and Ciara Frank Class 2002 & 2003

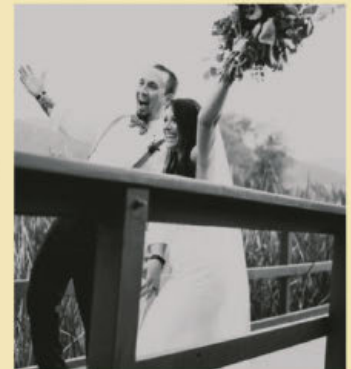


SMA will always hold a special place in our hearts. SMA and Workshop Way laid the foundation for our academic success by teaching us to be critical thinkers, independent learners, and self-starters. Not only did SMA prepare us to succeed academically, it's also the place where we first met and established a friendship that grew over time.

Anthony attended SMA from preschool through eighth grade and graduated with the class of 2002. After graduation, Anthony went to Valhalla High School and before his 18th birthday enlisted in the United States Marine Corps. During his time with the Marines, Anthony taught military mountaineering, helicopter rope suspension techniques, and was deployed to Iraq and Afghanistan. Anthony currently works as an Elevator Mechanic and continues his passion for teaching as an instructor for the elevator apprenticeship program.

I attended SMA from kindergarten through eighth grade and graduated with the class of 2003. I went on to attend the Academy of Our Lady of Peace and started my college education at San Diego State University (SDSU) to become a teacher. While at SDSU, I decided to change majors and pursue a degree in Occupational Therapy. I became a board certified Occupational Therapy Assistant in 2015 and also graduated with a degree in American Sign Language. I worked at a private pediatric clinic in La Jolla and a skilled nursing facility in National City - helping people of all ages reach their full potential was truly the most rewarding experience. I am currently a room mom at SMA and will begin working in the preschool next year.

Anthony and I continued to stay in touch and remain close friends despite leading very different lives after our time at SMA. It was our connection from SMA that led us to where we are now. We began dating, got married in 2018, and had our son in 2019. Once our son was old enough to attend preschool, there wasn't a second thought about where we would send him. SMA feels like home and we are so thankful that our son gets to experience it.



### Jill Marie Meyer July 26, 1960 - July 11, 2024



*Jill Meyer worked as an administrative assistant at SMA from 1992-2022. Her organization and people skills were exceptional. She loved the school families and staff. SMA was like a family to her and she had many lifelong friends from this school. Her son, Josh is an alumni from the Class of 2001. Jill's sister, Linda O'Bryan was Vice-Principal at SMA for a number of years. They were quite a team. Jill will be dearly missed. Read about Jill and her Celebration of Life at:*

*<https://www.legacy.com/us/obituaries> (Jill Marie Meyer)*

*Please keep the Meyer, Huffaker, O'Bryan and Sheppard families in your prayers.*

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**JAMES S. IAGMIN**  
Trial Lawyer

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GET IN TOUCH:  
(619) 238-0370  
info@williamsiagmin.com  
williamsiagmin.com

Parishioner at St. Martin of Tours

**Elizabeth G. Blust**  
Attorney at Law   
Probate • Estate Planning  
Wills • Trusts • Amendments  
**619-607-0235**  
OLG Parishioner

**IRIS DENTAL**  
6965 Broadway, Lemon Grove, CA 91945  
(next to Wingspot, Subway & Jack in Box building)  
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