



Saint Martin of Tours Catholic Church
"A Century of Blessings 1921 - 2021"

7710 El Cajon Boulevard, La Mesa, CA 91942
stmartinoftoursparish.org
Phone 619.465.5334 - Fax 619.465.7297
Email: info@saintmartinoftours.cc



MASS SCHEDULE

SATURDAY: 5:00pm (*Vigil*)
SUNDAY: 7:00am, 9:00am, 11:00am
and 5:00pm Mass

DAILY MASS:

Monday through Friday: 8:30am
Rosary before Mass: at 8:00am

CONFESSIONS: Friday (5:00pm - 6:00pm)
ADORATION: Friday (7:00pm - 8:30pm)
First Friday (9:00am to 12:00pm)

OFFICE HOURS:

MONDAY through FRIDAY:

8:30 am- 4:30 pm

Closed for Lunch: 12:00 pm - 1:00pm

SAINT MARTIN ACADEMY

Principal: Jennifer Miller
619.466.3241

Web: stmartinacademy.org

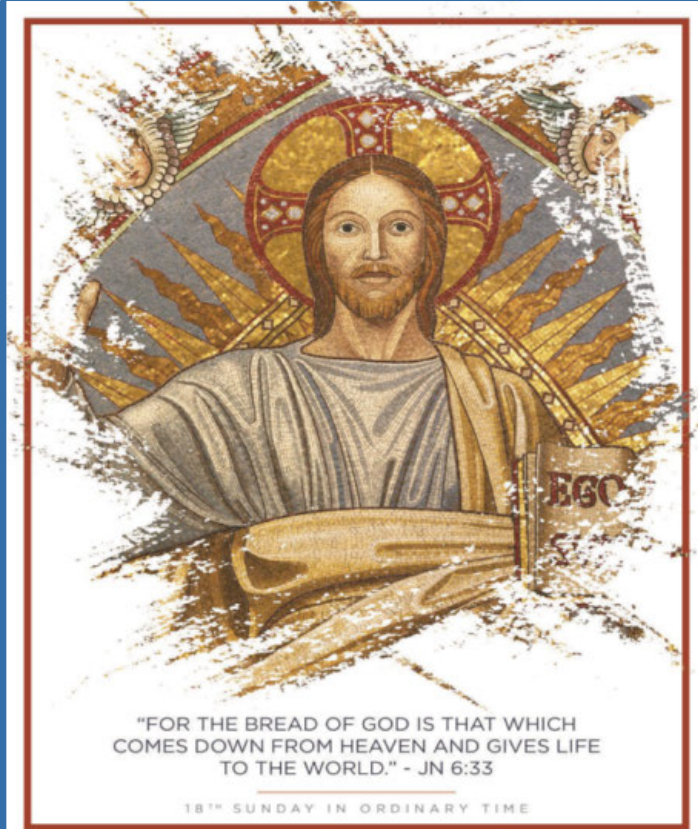
Email: info51@stmartinacademy.org

Preschool through 8th Grade

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"FOR THE BREAD OF GOD IS THAT WHICH
COMES DOWN FROM HEAVEN AND GIVES LIFE
TO THE WORLD." - JN 6:33

18TH SUNDAY IN ORDINARY TIME

EXCERPTS FROM THE LECTONARY FOR MASS ©2001, 1988, 1980 CCCB, LIT

WELCOME!

We warmly welcome all visitors to our parish, the heart of our Catholic faith-life in La Mesa since 1921. Thank you for joining us for Divine Worship. We hope you will find ways to participate in and support our parish life and mission by sharing your time, talent and treasure.

If you have been coming here but are not registered or if you just moved into the area, we invite you to join us as a member of our parish family, using the registration form below or stopping by the Parish Office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially Baptism or Marriage, as well as eligibility to serve as godparents or sponsors.

REGISTRATION FORM FOR "NEW" PARISHIONERS

Your Information: (Please cut and drop in offering basket)

Name _____ Home Phone _____

Street Address _____ Daytime Phone _____

City, State & Zip _____ email: _____

(this registration will be followed by a telephone call to obtain more information)

**WELCOME TO
SAINT MARTIN OF TOURS
CATHOLIC FAITH COMMUNITY**

We invite you to be a "Sharing Member".
Register, Participate, and
Share your Gifts and Talents.

ADORATION OF THE BLESSED SACRAMENT



"We cannot find God in noise or agitation. Within nature: trees, flowers and grass grow in silence. The stars, the moon, and the sun move in silence... In silence, He listens to us;

in silence He speaks to our souls. In silence we are granted the privilege of listening to His voice. Silence of our eyes. Silence of our ears. Silence of our minds... in the silence of the heart, God will speak."

Saint Mother Theresa of Calcutta.

The Children's Chapel is open Monday to Friday, from 10am to 3pm, for personal prayer and meditation before the Blessed Sacrament in the Tabernacle. Also, we will continue to gather in the Church every Friday from 7pm to closing with benediction at 830pm.

Everyone is invited and welcome to stay as long as time allows.

SUNDAY READINGS

First Reading: "I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion." (Ex 16:4).

Psalm: The Lord gave them bread from heaven (Ps 78).

Second Reading: Be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth. (Eph 4:23-24).

Gospel: "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." (Jn 6:35) Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved. ©LPi

WEEKLY READINGS

Monday: Jer 28:1-17/Ps 119/Mt 14:13-21.

Tuesday: Dn 7:14/ Ps 97/2 Pt 1:16-19/Mk 9:2-10

Wednesday: Jer 31:1-7/Jer 31:10-13/Mt 15:21-28

Thursday: Jer 31:31-34/Ps 51/Mt 16:13-23

Friday: Na 2:1, 3; 3:1-7/Dt 32:35-41/Mt 16:24-28

Saturday: 2 Cor 9:6-10/Ps 112/Jn 12:24-26

Sunday: 1 Kgs 19:4-8/Ps 34/Eph 4:30-5:2/ Jn 6:41-51

BE NOT DECEIVED

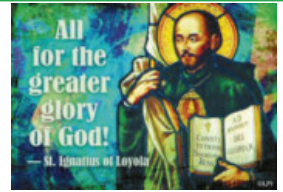
Do not be disturbed by the clamor of this world, which passes like a shadow. Do not let the false delights of a deceptive world deceive you. —St. Clare

The 18th Sunday in Ordinary Time
August 4, 2024

The Lord gave them bread from heaven.

(Psalm 78)

Ignacio de Loyola was born in the Basque region of northern Spain in 1491, and spent much of his young adult life preparing to be a courtier and soldier. The young Basque was something of a ladies' man and, according to some sources, a real hothead. The first sentence of his autobiography tells us that he was "given over the vanities of the world" and primarily concerned with "a great and foolish desire to win fame."



In other words, "he was a vain fellow mainly interested in worldly success". A contemporary wrote about the twentyish Ignatius, "wears his hair long to the shoulder, and walks around in a two-colored, slashed doublet with a bright cap." Like many of the saints, Ignatius (he switched to the Latin-sounding Ignatius later on) was not always "saintly." John Padberg, a Jesuit historian, recently told me that Ignatius may be the only saint with a notarized police record: for nighttime brawling with an intent to inflict serious harm.

During a battle in Pamplona in 1521, the aspiring soldier's leg was struck and shattered by a cannonball, which led to several months of painful recuperation. The initial operation on the leg was botched, and Ignatius, who wanted his leg to look good in the fashionable tights of the day, submitted to a series of gruesome operations. The surgery would leave him with a lifelong limp.

While he was convalescing at his family castle, in Loyola, his brother's wife gave him a book on the life of Jesus, and another one on the lives of the saints. These were about the last things he wanted to read. The budding soldier preferred stirring tales of chivalry, of knights doing gallant deeds to impress noble women. "But in that house none of those he usually read could be found," he wrote in his *Autobiography*. (In his autobiography, dictated late in life to one of his Jesuit friends, Ignatius, probably out of modesty, refers to himself as "he" or "the pilgrim.") Within him stirred a strange desire--to become like the saints and serve God. He wrote, "What if I should do this, which Saint Francis did, or this, which Saint Dominic did?" In other words, "I could do "that." Here was an average man without much prior interest in religious observance, assuming that he could emulate two of the greatest saints in the Christian tradition.

Did Ignatius trade ambition in the military life for ambition in the spiritual life? David, my spiritual director in the Jesuit novitiate, put it more bluntly: God used even Ignatius's overweening pride for the good. For no part of lives cannot be transformed by God's love. Even the aspects of ourselves that we consider worthless, or even sinful, can be made worthwhile and holy. As the proverb has it, God writes straight with crooked lines.

PRAY FOR OUR PRIESTS, August 4 - 10, 2024

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
4 Bishop Michael Pham	5 Bishop Felipe Pulido	6 Rev. Leszek Sikorski	7 Rev. Michael Sinor	8 Rev. Romeo Smith, Jr.	9 Very Rev. Matthew Spahr	10 Rev. William Springer

Join the Rosary
Prayer Warriors
5:30pm Monday through Friday




Go to the Parish website:
www.stmartinoftoursparish.org
then go to *Videos & Zoom* to the Rosary link



O.C.I.C.
**Order of Christian Initiation
for Children**
Interested in sharing your
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**We are looking for just the right
people to guide our O.C.I.C. children,
and their parents, through the journey
to full initiation in the Catholic
Church. For more information please
contact Christine Davis at**
chris@saintmartinoftours.cc.



SCOUTING AMERICA
(formerly—known as Boys Scouts
of America) will be selling
popcorn at the Gathering Plaza
after the 7:00am and 9:00am
Holy Masses, on Sunday, August 24.



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- POPPING CORN \$15
- SWEET & SALTY KETTLE CORN \$15

MORE ONLINE PRODUCTS & NUTRITIONAL FACTS
ONLINE SCOUT ID:

70% of the sales will cover for Summer Camps, activities, and youth whose families cannot afford Scouting.

Popcorn donations may also be made to military personnel and/or the Saint Martin's Food Pantry.



National Catholic Singles

Looking to meet 400+ faithful single Catholics from all over the USA and beyond?

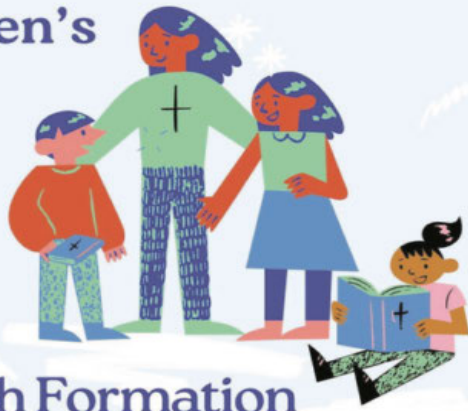
Join us **August 16-18, 2024 at the 23rd National Conference for Single Catholics in Las Vegas, Nevada** (or participate virtually and engage with others via online socials and small group discussions.)

This is your chance to connect with like-minded singles! The weekend includes talks by dynamic speakers, music, social events, Mass, adoration, fellowship and more. If attending in-person, use the promo code **PARISH24** for a discount).

Visit: NationalCatholicSingles.com for more information and to register.

(Can't find your question answered on the website? Call 1-704-665-9455.)

Children's



Faith Formation & Sacramental Prep

Register Now:

stmartinoftoursparish.org

Faith Formation Classes start 9/22/24

Sacramental Prep Classes start
10/13/24

For Information Contact Lisa Zickert
lisaz@saintmartinoftours.cc

ST. MARTIN OF TOURS CATHOLIC CHURCH

MIDDLE SCHOOL YOUTH GROUP 6TH-8TH GRADE SESSIONS START SEPTEMBER 23RD

Please join us for a parent information meeting in the Hall on September 9th at 6:00 pm!

Come meet our team and learn about all the exciting things we have in store for the Youth of our parish!

for more information contact Helen Deen at
helend@saintmartinoftours.cc



O.C.I.A.

“Order of Christian Initiation for Adults”
Interested in becoming Catholic
O.C.I.A. is the process by which adults enter the Catholic Church.

If you or anyone you know is interested in becoming Catholic, completing Sacraments or learning more about the Catholic Faith, this is the journey for you.

This is a spiritual journey, led by the Holy Spirit, which can lead to Full Initiation into the Catholic Church through Baptism, Confirmation and Eucharist. It is also, a way to learn more about the Catholic Faith. One of the goals is to develop a personal relationship with God, accomplished through prayer, scripture and worship.

The next journey will begin this Summer. An informational meeting will be on Tuesday, August 27 at 7pm in Barry Hall.

If you would like to be part of this Faith Journey to become Catholic, or to help facilitate the Journey please contact Christine Davis at chris@saintmartinoftours.cc or 619.465.5334.

Saint Martin of Tours

High School Youth Group

Sessions start September 22, 2024

Parent meeting September 8, 2024

Register today!

Contact Helen Deen at
Helend@saintmartinoftours.cc





August 4 -11, 2024

Sat	5:00pm	Mark Mendiola-Healing
Sun	7:00am	Thomas Damberger-Blessings
	9:00am	Cheryl Dietz†
	11:00am	Jovan Pavlovich-Birthday
	5:00pm	Mass for the People
Mon	8:30am	SMA Staff & Students-Blessings
Tue	8:30am	Bob & Mary Margaret Kissel- 52nd Wedding Anniversary
Wed	8:30am	Benjamin Arrozt†
Thurs	8:30am	Elijah & Ethan Borja-Blessings
Fri	8:30am	Firmo Bongato-Birthday
Sat	5:00pm	Nick & Elsa DiMaio†
Sun	7:00am	Joseph Ghannam†
	9:00am	Danielle Gameros-Birthday
	11:00am	Mass for the People
	5:00pm	Mary Margaret Kissel-Blessings



Remember in your Prayers... All expectant Mothers, Andrea Smith, Rita Demkowski, Dora Castañeda, Tristan Sablan, Patti Herrera, Chris Hilinski, Samantha Martinez, Eddie Medina, Daniel Denhart, Anne Wilson, Joe & Doris Garrido, Jorge Martin del Campo, Will Glunt, Peter Falconer, Mark Crocco, Mary & Ned Wilson, Emma Schopler, Michael Gronich, Mark Mendiola, Phil Knepp, Marilyn McBrayer, Theresa Climaco Pantig, Joseph Green Gonzalez, Fr. Jim Poulsen, Berta Villanueva, Carly Brashear, Joe Serrano, Stella Agbogun, Joe Morse, Judy Haas, Francisco Babauta, Fr. Ignatius Kissel, O.S.M., Nadia Clayton, Bobby Laminen, Margaret Laminen, Miguel & Martha Soto, Ricardo & Consuelo Soto, Andrew Dietsch, Don Rakestraw, Diana Houze, Rita Bongard, Maria Murrieta, Cindy Mendez, Tanya Mendez-Smith, Vincent Iagmin, may they find joy in the healing love of Christ.

*Names will remain listed for four weeks.
Please call the Parish Office at 619.465.5334
or email: info@saintmartinoftours.cc
to add or delete names on the list.*

CLERGY

Rev. Ignatius Kipchirchir, Pastor
Rev. Christopher Bongato, Assoc. Pastor
Rev. Jim Poulsen, Supply Priest - Retired

SACRAMENTS & MINISTRIES updated 07/24

ALTAR SERVERS: Jaime Paredes, Coordinator 619-581-0686
 Email: STMARTINALTARSERVERS2023@gmail.com

BAPTISM: Call Parish Office 619-465-5334 (Pre-baptism seminar required)

BEREAVEMENT MINISTRY: Elvira Medina, Coordinator 619-465-5334
 or Email: elvira@saintmartinoftours.cc (in office Mon/Tue/Fri)

BIBLE STUDY: Call the Parish Office 619-465-5334
 Saturday 9:30am-11:00am Barry Hall
 Thursday 6:30pm-8:00pm are on Zoom
 Jeff Seaman-Leader, jkseam@outlook.com

BUILD-A-MIRACLE: Jerry & MaryJo Crouch, Coordinators
 Email: jrcrouch566@cox.net

CATHOLIC IN RECOVERY (Men's Lust Recovery): Chris
 Coordinator 619-627-2552

COMMUNITY GARDEN: Anne Pacheco, Coordinator 619-466-3241

CONFIRMATION: Helen Deen, Youth Ministry Director
 619-465-5334 or Email: helend@saintmartinoftours.cc

CULTURE OF LIFE: Cheri Hubka Sparhawk, Coordinator 619-459-3002

EUCHARIST to the HOMEBOUND:
 Deacon Al Rosker, Coordinator 619-465-5334

EUCHARISTIC MINISTERS: Toni Dimuzio, Coordinator
 619-286-1877 or Email: ajdimuzio@cox.net

FAITH FORMATION: Lisa Zickert, Director 619-465-5334 or
 Email: lisaz@saintmartinoftours.cc (Ages: 4y—6th Grade)

FOOD ASSISTANCE: Richard Zasueta, Coordinator
 619-726-7618 OPEN TUE-THU 9:30am-11:30am

KNIGHTS OF COLUMBUS: Chris Warner, Grand Knight 619-884-0532
 Email: gkchriswarner14550@gmail.com

LECTORS: Donna Tripi, Coordinator Email: tripidonna@gmail.com

MEN'S MINISTRY: Chris Bartel, Coordinator -That Man is You
 619-971-7321 or Email: chrisbartelfenway@outlook.com

MUSIC MINISTRY: Frances Cavanaugh, Choir Director
 619-490-9062 or Email: stmartinoftourschoir@gmail.com
 Saturday 5:00pm with Cantor & Organist
 Sunday 9:00am & 11:00am with Cantor & Organist

OCIA (Order of Christian Initiation for Adults)
OCIC (Order of Christian Initiation for Children)
 Christine Davis, Director 619-465-5334, ext# 307
 or Email: chris@saintmartinoftours.cc

**SACRAMENTAL PREPARATION FOR FIRST EUCHARIST
 and RECONCILIATION:**
 Lisa Zickert, Faith Formation Director 619-465-5334
 or Email: lisaz@saintmartinoftours.cc

SCOUTS BSA (Cubs and Troop 51): Mitzi Elsten
 619-889-6003 or Email: jointroop51lamesa@gmail.com

WEDDINGS: Parish Office at 619-465-5334

WOMEN OF FAITH: MaryMargaret Kissel, Coordinator
 619-698-4845

WOMEN'S MINISTRY: Lisa Zickert, Coordinator
 Walking With Purpose 619-465-5334
 or Email: lisaz@saintmartinoftours.cc

YOUNG ADULTS: Helen Deen, Director 619-465-5334
 Email: helend@saintmartinoftours.cc

YOUTH MINISTRY: Helen Deen, Director 619-465-5334
 Email: helend@saintmartinoftours.cc
 Junior High (7th and 8th Grade)
 High School (9th and 12th Grade)

“Young people need the light of watchful guides to lead them on the path of salvation.” —Saint John Baptist de la Salle

PRAYER FOR THE YOUTH

Dear Lord,

Be with our young people always—keep them in Your care. Help them to form godly friendships, speak the truth, and know you in the personal way that will challenge, shape, and guide them. Amen.



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If you, or someone you know, has been sexually abused or victim of misconduct, by a member of the clergy, an employee or volunteer in the Diocese of San Diego, please report to the diocesan Victim Assistance Coordinator, Mary Acosta, at 858.490.8353 or misconduct@sdcaatholic.org.

PRO-LIFE RESOURCES

Birthline San Diego - 858.270.2491
 National Life Center - 800.848.5683
 Culture of Life Family Services - 619.692.4401
 College Area Pregnancy Services
 "CAPS"- 619.337.8080



POST ABORTION HEALING & RECONCILIATION

Rachel's Hope
 858.581.3022 w.rachelshope.org

Planning for a Catholic Funeral...



By virtue of one's baptism, a Catholic is eligible for the funeral rites of the Church. While the Church recommends that the pious custom of burying the bodies of the dead be observed, cremation is permitted as long as it is in line with Catholic teaching.

The cremains should be treated with the same respect given to the body of the deceased and should be entombed or buried. The scattering of cremains on the ground or at sea, or keeping any portion of them for personal reasons is not the reverent final disposition that the Church directs.

If you would like additional information and/or need to plan a Funeral or Memorial Mass, please contact:

Elvira Medina, Bereavement Coordinator
 Parish Office# 619-465-5334.

OUR RESPONSE AS STEWARDS

REFLECT-On the many gifts you have received from God. Including your financial blessings.

PRAY-About how God wants you to use the gifts He has given you.

RESPOND-By supporting the mission. You can give at your parish or on line at giving.sdcaatholic.org.





U.S. Dept. of Education Green Ribbon School
 stmartinacademy.org
 August 4, 2024



MISSION STATEMENT

St. Martin of Tours Academy fosters confidence, curiosity, and independence through a climate of cooperation and trust by preserving dignity throughout the learning process, accentuating all children’s God-given gifts in a Catholic environment.

Religious values and human development receive high priority at St. Martin Academy. A learning environment prevails at each grade level that fosters critical thinking, self-esteem, respect, and love of learning. In cooperation with parents, we guide children to become people of wisdom, peace, justice, and hope. Please visit our website at stmartinacademy.org or call the office to set up a tour at 619.466.3241. The first day of school is August 21, 2024. There are openings in a few grades.

**Annual Assurance of Compliance
 Policy of Non-Discrimination by
 Schools
 Diocese of San Diego**

The Catholic Schools in the Diocese of San Diego, mindful of their mission to be witnesses to the love of Christ for all, admit students of any race, color, and national and/or ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the schools. The Catholic Schools in the Diocese of San Diego do not discriminate on the basis of race, color, and national and/or ethnic origin, age, sex or disability in the administration of educational policies, scholarship and loan programs, and athletic and other school-administered programs.

Likewise, the Catholic Schools in the Diocese of San Diego do not discriminate against any applicant for employment on the basis of sex, age, disability, race, color and national and/or ethnic origin.

FYI: *Each Catholic School is required to publish annually, in the parish bulletin, the admission policy of racial non-discrimination for the San Diego Catholic Diocese.

**a dozen reasons
 to choose Catholic Schools**

- 1. We offer an education that combines Catholic faith and teachings with academic excellence.
- 2. We partner with parents in the faith formation of their children.
- 3. We set high standards for student achievement and help them succeed.
- 4. We provide a balanced academic curriculum that integrates faith, culture and life.
- 5. We use technology effectively to enhance education.
- 6. We instill in students the value of service to others.
- 7. We teach children respect of self and others.
- 8. We emphasize moral development and self-discipline.
- 9. We prepare students to be productive citizens and future leaders.
- 10. We have a 99 percent high school graduation rate, 85 percent of our graduates go to college.
- 11. We cultivate a faculty and staff of people who are dedicated, caring and effective.
- 12. We provide a safe and welcoming environment for all.

THE NATIONAL CATHOLIC EDUCATIONAL ASSOCIATION
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