



**Saint Martin of Tours Catholic Church
"A Century of Blessings 1921 - 2021"**

7710 El Cajon Boulevard, La Mesa, CA 91942
stmartinoftoursparish.org
Phone 619.465.5334 - Fax 619.465.7297
Email: info@saintmartinoftours.cc



MASS SCHEDULE

SATURDAY: 5:00pm (Vigil)
SUNDAY: 7:00am, 9:00am, 11:00am
and 5:00pm Mass

DAILY MASS:

Monday through Friday: 8:30am
Rosary before Mass: at 8:00am

CONFESSIONS: Friday (5:00pm - 6:00pm)
ADORATION: Friday (7:00pm - 8:30pm)
First Friday (9:00am to 12:00pm)

OFFICE HOURS:

MONDAY through FRIDAY:
8:30 am- 4:30 pm
Closed for Lunch: 12:00 pm - 1:00pm

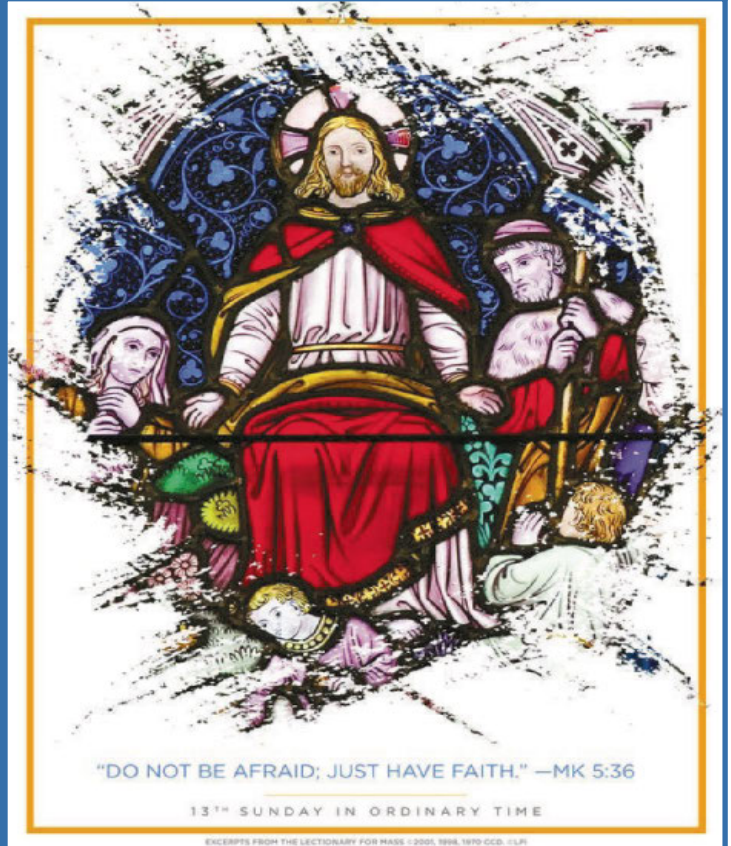
SAINT MARTIN ACADEMY

Principal: Jennifer Miller
619.466.3241
Web: stmartinacademy.org
Email: info51@stmartinacademy.org
Preschool through 8th Grade

J
u
n
e

3
0

2
0
2
4



WELCOME!

We warmly welcome all visitors to our parish, the heart of our Catholic faith-life in La Mesa since 1921. Thank you for joining us for Divine Worship. We hope you will find ways to participate in and support our parish life and mission by sharing your time, talent and treasure.

If you have been coming here but are not registered or if you just moved into the area, we invite you to join us as a member of our parish family, using the registration form below or stopping by the Parish Office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially Baptism or Marriage, as well as eligibility to serve as godparents or sponsors.

REGISTRATION FORM FOR "NEW" PARISHIONERS

Your Information: (Please cut and drop in offering basket)

Name _____ **Home Phone** _____

Street Address _____ **Daytime Phone** _____

City, State & Zip _____ **email:** _____

(this registration will be followed by a telephone call to obtain more information)

**WELCOME TO
SAINT MARTIN OF TOURS
CATHOLIC FAITH COMMUNITY**

We invite you to be a "Sharing Member".
Register, Participate, and
Share your Gifts and Talents.

**The 13th Sunday in Ordinary Time
June 30, 2024**

I will praise you, Lord, for you have rescued me.
(Psalm 30).

Dear Beloved Parishioners and School Community of Saint Martin of Tours,

As my pastoral ministry at Saint Martin of Tours Parish comes to an end, I cannot help but recall the amazing faith journey I have had with the parishioners of this great parish. The generous gift of time, talent and treasure of everyone made it a wonderful ministry further equipping me with precious pastoral experience in the years ahead.

It has been an honor and a blessing to serve as your pastor however short it was. Hence, I want to take the opportunity to express my deepest gratitude to each of you and to the many ministries, organizations, volunteers that I was privileged to work with. Your unwavering faith, kindness, and support have been a constant source of inspiration and strength for me. Together, we have shared moments of joy, celebration, and even sorrow. From the celebrations of first communion, confirmation, graduation, first reconciliation, joyous weddings and baptisms to the solemn funerals and times of trial, I have been privileged to walk alongside you through the many facets of life.

Reflecting on our faith journey, I am reminded of the many ways in which this community has grown and flourished. I cherish the memories of our faith inspiring Eucharistic celebrations and the wonderful spiritual activities during the different seasons of our liturgical calendar, e.g. Advent and Christmas, Lent and Easter. I will also cherish the heartfelt conversations I have had with some of you. You have welcomed me into your homes, your families, and your hearts, and for that, I am tremendously grateful.

As I embark to my next parish assignment, I am confident that this parish will continue to thrive and be a beacon of hope and love. You are a community of strong faith, compassion, and resilience. I encourage you to keep supporting one another, nurturing your faith, and welcoming others to be part of this great faith community. The bonds we have forged and the foundation we have built will endure and guide you forward.

In leaving, I carry with me the lessons and love you have generously shared. My prayer for you is that God's abundant blessings will continue to flow through your lives. May you be guided by His grace, filled with His peace, and uplifted by His presence. I trust that the Holy Spirit will continue to lead you and that you will find strength and joy in your journey ahead.

Finally, my heart is deep in gratitude to God for allowing me to serve the faithful at St. Martin of Tours Parish. Please keep me in your prayers, as I will keep you in mine. I am confident that our connection in Christ remains unbroken and that our paths may cross again in the future.

With heartfelt gratitude and love,
Rev. Elmer Mandac

SUNDAY READINGS

First Reading: But by the envy of the devil, death entered the world. (Wis 2:24). **Psalm:** I will praise you, Lord, for you have rescued me. (Ps 30). **Second Reading:** Not that others should have relief while you are burdened, but that as a matter of equality your abundance at the present time should supply their needs, so that their abundance may also supply your needs, that there may be equality. (2 Cor 8:13-14). **Gospel:** He took the child by the hand and said to her, "Talitha koum," which means, "Little girl, I say to you, arise!" (Mk 5:41). Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved. ©LPI.

WEEKLY READINGS

Monday: Am 2:6-16/Ps 50/Mt 8:18-22
Tuesday: Am 3:1-8; 4:11-12/Ps 5/Mt 8:23-27
Wednesday: Eph 2:19-22/Ps 117
Thursday: Am 7:10-17/Ps 19/Mt 9:1-8
Friday: Am 8:4-6, 9-12/Ps 119/Mt 9:9-13
Saturday: Am 9:11-15/Ps 85/Mt 9:14-17
Sunday: Ez 2:2-5/Ps 123/2 Cor 12:7-10/Mk 6:1-6a

BE NOT DECEIVED: Do not be disturbed by the clamor of this world, which passes like a shadow. Do not let the false delights of a deceptive world deceive you. —St. Clare

PRAY FOR OUR PRIESTS June 30 - July 6, 2024

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
30 Rev. Fernando Ramirez	1 Pope Francis	2 Cardinal Robert McElroy	3 Bishop Ramon Bejarano	4 Bishop Michael Pham	5 Bishop Felipe Pulido	6 Rev. Andres Ramos

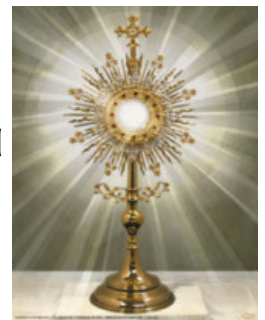
OUR RESPONSE AS STEWARDS

REFLECT-On the many gifts you have received from God. Including your financial blessings.
PRAY-About how God wants you to use the gifts He has given you.
RESPOND-By supporting the mission. You can give at your parish or on line at giving.sdcatholic.org.



FIRST FRIDAY ADORATION OF THE BLESSED SACRAMENT

Join us this Friday, July 4 and every first Friday of the month, for a very rewarding time of prayer and meditation in front of the **Blessed Sacrament**, from **9am to 12noon** in the **Church**. Everyone is welcome to stay as long as time permits.



2024 PETER'S PENCE COLLECTION
 Be a Sign of **MERCY**



Today is the Peter's Pence Collection, a worldwide collection that supports the work of the Universal Church, including the work of the Holy See, and the charitable works of Pope Francis. Take this opportunity to join with

Pope Francis and be a sign of mercy to our suffering brothers and sisters. Please be generous today. For more information, visit:

www.obolodisanpietro.va/en.html.



The Saint Martin's Women of Faith Ministry welcomes all women of the parish to their meeting on **Thursday, July 16 at 6:30pm** in the Parish Hall Meeting Room.

Join us and share fellowship with women of the parish.

For questions or more information, please call Mary Margaret Kissel at 619.698.4845.



HAPPY 4TH OF JULY!

In observance of Independence Day, the Church Office will be closed on **Thursday, July 4.**

We will resume activities on **Friday, July 5, 2024**



O.C.I.C.
Order of Christian Initiation for Children

Interested in sharing your faith?

We are looking for just the right people to guide our O.C.I.C. children, and their parents, through the journey to full initiation in the Catholic Church.

For more information please contact Christine Davis at chris@saintmartinoftours.cc.

Children's Faith Formation



Vacation Bible Camp

July 8-12 Monday-Friday 9am-noon
Children 4yrs through 5th Grade

Register Online Now
www.stmartinoftoursparish.org
Contact: Lisa Zickert
lisaz@saintmartinoftours.cc

Middle School Summer 2024

June

June 8th: Deacon Sean's Priestly Ordination
June 15th: The Thorn Movie Night
June 26th: Beach Night & BBQ

July

July 1st: Whiffle Ball at St. Lukes
July 8th-12th: Vacation Bible Camp
July 14th-19th Camp Golden State
July 24th: Beach Night & BBQ

August

August 5th: Kickball at St. Martins

For more information or to register please get in touch with Helen Deen at helendeen@saintmartinoftours.cc



O.C.I.A.

"Order of Christian Initiation for Adults"
Interested in becoming Catholic
O.C.I.A. is the process by which adults enter the Catholic Church.

If you or anyone you know is interested in becoming Catholic, completing Sacraments or learning more about the Catholic Faith, this is the journey for you.

This is a spiritual journey, led by the Holy Spirit, which can lead to Full Initiation into the Catholic Church through Baptism, Confirmation and Eucharist. It is also, a way to learn more about the Catholic Faith. One of the goals is to develop a personal relationship with God, accomplished through prayer, scripture and worship.

The next journey will begin this Summer. An informational meeting will be on Tuesday, July 9 at 7pm in Barry Hall.

If you would like to be part of this Faith Journey to become Catholic, or to help facilitate the Journey please contact Christine Davis at chris@saintmartinoftours.cc or 619.465.5334.

high School Summer 2024

June

June 8th: Deacon Sean's Priestly Ordination
June 15th: The Thorn Movie Night
June 17th-21st: Camp Emmaus
June 26th: Beach night at La Jolla Shores

July

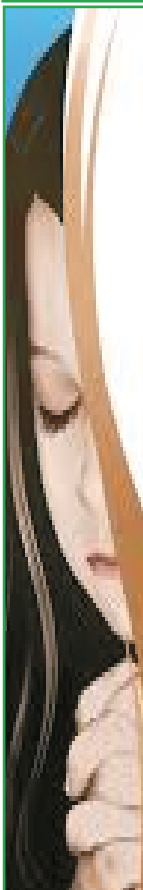
July 9th: Movie Night at Grossmont Center
July 8th-12th: Vacation Bible Camp
July 24th: Beach Night at La Jolla Shores

For more information or to register, please contact Helen Deen at helend@saintmartinoftours.cc



June 30 - July 7, 2024

Sat	5:00pm	Susana Michel-Birthday
Sun	7:00am	Hanna & Afifi Ghannam†
	9:00am	Mass for the People†
	11:00am	Michael Ruhl-Birthday
		Carl Reis-Birthday
	5:00pm	Ramon Aguilar-Birthday
Mon	8:30am	Christine Marie Mason†
Tue	8:30am	George Mandac-Birthday
Wed	8:30am	Frank Sardina†
Thurs	8:30am	Michael & Gaby Hausman-Wedd. Anniv.
Fri	8:30am	Dale Johnson†
Sat	5:00pm	Rosanna Frausto-Birthday
Sun	7:00am	Lodi Sawaya-Blessings
	9:00am	Cheryl Dietz†
	11:00am	Lauren Inda-Birthday
	5:00pm	Mass for the People



Remember in your Prayers... All expectant Mothers, Jorge Martin del Campo, Will Glunt, Peter Falconer, Mark Crocco, Mary & Ned Wilson, Emma Schopler, Michael Gronich, Mark Mendiola, Phil Knepp, Marilyn McBrayer, Theresa Climaco Pantig, Joseph Green Gonzalez, Dora Castañeda, Fr. Jim Poulsen, Berta Villanueva, Carly Brashear, Joe & Doris Garrido, Joe Serrano, Stella Agbogun, Jason Williamson, Cheyenne Smith, Brian Twohey, Larry Busch, Joe Morse, Mary Kahn, Phyllis Trujillo, Judy Haas, Mary Jane Blas, Francisco Babauta, Fr. Ignatius Kissel, O.S.M., Nadia Clayton, Lidu Camacho, Jill Meyer, Raymond Wilson, MeghanBeth Reynolds, Blanche Stetlear, Erin Heneghan, Bobby Laminen, Margaret Laminen, Sergio Toscano, Lizette Torres, Miguel & Martha Soto, Ricardo & Consuelo Soto, Shuk Family, Dave Sheppard, Andrew Dietsch, Don Rakestraw, Diana Houze, Rita Bongard, Maria Murrieta, Cindy Mendez, Tanya Mendez-Smith, Vincent Iagmin, **may they find joy in the healing love of Christ.**

*Names will remain listed for four weeks.
Please call the Parish Office at 619.465.5334
or email: Info@saintmartinoftours.cc
to add or delete names on the list.*

CLERGY
Rev. Elmer Mandac, Pastor
Rev. Christopher Bongato, Assoc. Pastor
Deacon Allen Rosker
Rev. Jim Poulsen (Supply Priest - Retired)

SACRAMENTS & MINISTRIES updated 05/24

ALTAR SERVERS: Jaime Paredes, Coordinator 619-581-0686
 Email: STMARTINALTARSERVERS2023@gmail.com
BAPTISM: Call Parish Office 619-465-5334 (Pre-baptism seminar required)
BEREAVEMENT MINISTRY: Elvira Medina, Coordinator 619-465-5334
 or Email: elvira@saintmartinoftours.cc (in office Mon/Tue/Fri)
BIBLE STUDY: Deacon Al Rosker, Coordinator 619-851-8578
 Saturday 9:30am-11:00am Barry Hall
 Thursday 6:30pm-8:00pm are on Zoom
 Jeff Seaman-Leader, jkseam@outlook.com
BUILD-A-MIRACLE: Jerry & MaryJo Crouch, Coordinators
 Email: jcrouch566@cox.net
CATHOLIC IN RECOVERY (Men's Lust Recovery): Chris,
 Coordinator 619-627-4332
COMMUNITY GARDEN: Anne Pacheco, Coordinator 619-466-3241
CONFIRMATION: Helen Deen, Youth Ministry Director
 619-465-5334 or Email: helend@saintmartinoftours.cc
CULTURE OF LIFE: Cheri Hubka Sparhawk, Coordinator 619-459-3002
EUCHARIST to the HOMEBOUND:
 Deacon Al Rosker, Coordinator 619-465-5334
EUCHARISTIC MINISTERS: Toni Dimuzio, Coordinator
 619-286-1877 or Email: ajdimuzio@cox.net
FAITH FORMATION: Lisa Zickert, Director 619-465-5334 or
 Email: lisaz@saintmartinoftours.cc (Ages: 4y—6th Grade)
FOOD ASSISTANCE: Richard Zasueta, Coordinator
 619-726-7618 OPEN TUE-THU 9:30am-11:30am
KNIGHTS OF COLUMBUS: Chris Warner, Grand Knight 619-884-0532
 Email: gkchriswarner14550@gmail.com
LECTORS: Donna Tripi, Coordinator Email: tripidonna@gmail.com
MEN'S MINISTRY: Chris Bartel, Coordinator -That Man is You
 619-971-7321 or Email: chrisbartelfenway@outlook.com
MUSIC MINISTRY: Frances Cavanaugh, Choir Director
 619-490-9062 or Email: stmartinoftourschoir@gmail.com
 Saturday 5:00pm with Cantor & Organist
 Sunday 9:00am & 11:00am with Cantor & Organist
OCIA (Order of Christian Initiation for Adults)
OCIC (Order of Christian Initiation for Children)
 Christine Davis, Director 619-465-5334, ext# 307
 or Email: chris@saintmartinoftours.cc
**SACRAMENTAL PREPARATION FOR FIRST EUCHARIST
 and RECONCILIATION:**
 Lisa Zickert, Faith Formation Director 619-465-5334
 or Email: lisaz@saintmartinoftours.cc
SCOUTS BSA (Cubs and Troop 51): Mitzi Elsten
 619-889-6003 or Email: jointroop51lamesa@gmail.com
WEDDINGS: Parish Office at 619-465-5334
WOMEN OF FAITH: MaryMargaret Kissel, Coordinator
 619-698-4845
WOMEN'S MINISTRY: Lisa Zickert, Coordinator
 Walking With Purpose 619-465-5334
 or Email: lisaz@saintmartinoftours.cc
YOUNG ADULTS: Helen Deen, Director 619-465-5334
 Email: helend@saintmartinoftours.cc
YOUTH MINISTRY: Helen Deen, Director 619-465-5334
 Email: helend@saintmartinoftours.cc
 Junior High (7th and 8th Grade)
 High School (9th and 12th Grade)

A LIFE, PEACE, AND JUSTICE SUMMER OF SERVICE EVENT

2024 THE IMMACULATA CHURCH LIFE, PEACE & JUSTICE

MINISTRY Fair



JUNE SUNDAY 30 IMMACULATA CHURCH EAST LAWN AFTER 8:30 AM & 11:30 AM MASSES

You are invited to discover a wonderful diversity of organizations and ministries doing good for our community. Find out how can you make a difference too.

KIDS ART ZONE
LIGHT REFRESHMENTS



Saint Martin of Tours Council 14550

Annual RSVP Dinner to support our Seminarians



July 27th, 2024, 6pm
Parish Hall
\$20 per person
\$10 per child 12 & under



Pasta Dinner
With Salad, Garlic Bread, and Desserts

No host Bar- Free Door Prizes- Silent Auction- Live Auction- 50/50 Drawing

Tickets will be sold after masses starting June 30th.

RSVP to GK Chris Warner and pay at the door.

gkchriswarner5@gmail.com

Our Gifts to God and Parish

Thank you again for your continued support of our Church. Your generosity ensures we can carry our message and our works throughout our community and beyond for years to come!

June 8-9, 2024

Sunday Envelope Collections:	\$ 8,206.50
Sunday Weekly Mail-in Envelopes:	\$ 1,528.00
Sunday E-Giving (06/03-06/10):	\$ 3,570.47
TOTAL SUNDAY COLLECTIONS:	\$13,304.97

Forget Your Tithe? Give Online!

Did you forget your checkbook or offertory envelope today? Don't worry.... we have you covered! One-time or recurring giving is as easy as...

1. Go to www.stmartinoftoursparish.org using any device.
2. Choose One-time or Recurring donation.
3. Select your preferred form of payment (electronic check or debit/credit card)
4. Enter your information.
5. Submit your donation.
6. Or you can also scan the QR code with your smartphone camera! It's the easiest and most secure way to give to our church and its ministries.



CHOOSING SIDES

My great concern is not whether God is in our side; my great concern is to be on God's side. — Abraham Lincoln

PRAYER FOR THE YOUTH

Dear Lord,


Be with our young people always—keep them in Your care. Help them to form godly friendships, speak the truth, and know you in the personal way that will challenge, shape, and guide them. Amen.

“Young people need the light of watchful guides to lead them on the path of salvation.” —Saint John Baptist de a Salle



If you, or someone you know, has been sexually abused or victim of misconduct, by a member of the clergy, an employee or volunteer in the Diocese of San Diego, please report to the diocesan Victim Assistance Coordinator, Mary Acosta, at 858.490.8353 or misconduct@sdcaholoic.org.

◀ May 2024		July 2024							Jul 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat			
	1 8:30- Fr. Ignatius	2 8:30- Fr. Chris	3 8:30- Fr. Ignatius	4 8:30- Fr. Chris	5 8:30- Fr. Ignatius First Friday	6 5:00- Fr. Ignatius			
7 14 th Sunday in O.T. 7:00- Fr. Chris 9:00- Fr. Ignatius 11:00- Fr. Chris 5:00- Fr. Ignatius	8 8:30- Fr. Ignatius <i>10:00- Funeral Fr. Chris</i>	9 8:30- Fr. Chris	10 8:30- Fr. Jim	11 8:30- Fr. Jim	12 8:30- Fr. Chris <i>5:00-6:00- Confessions Msgr. Dennis 7pm-8:15pm- Adoration</i>	13 5:00- Fr. Chris DEACON PREACHES			
14 15 th Sunday in O.T. 7:00- Fr. Ignatius 9:00- Fr. Chris 11:00- Fr. Ignatius 5:00- Fr. Chris	15 8:30- Fr. Ignatius	16 8:30- Fr. Chris	17 8:30- Fr. Ignatius	18 8:30- Fr. Chris	19 8:30- Fr. Chris <i>5:00- 6:00 Confessions 7pm-8:15pm- Adoration</i>	20 5:00- Mission Priest			
DEACON PREACHES									
21 16 th Sunday in O.T. 7:00- Fr. Chris 9:00- Mission Priest 11:00- Fr. Chris 5:00- Mission Priest	22 8:30- Fr. Chris	23 8:30- Fr. Ignatius	24 8:30- Fr. Ignatius	25 8:30- Fr. Chris	26 8:30- Fr. Ignatius <i>5:00- 6:00 Confessions 7pm-8:15pm- Adoration</i>	27 5:00- Fr. Ignatius			
28 17 th Sunday in O.T. 7:00- Fr. Jim 9:00- Fr. Chris 11:00- Fr. Ignatius 5:00- Fr. Chris	29 8:30- Fr. Ignatius	30 8:30- Fr. Ignatius	31 8:30- Fr. Jim						

Matthew & Paul  Licensed & Insured

H&S HANDYMEN
H & S Construction, Inc.
Home & HOA Repairs
619-668-1468 • \$75/hour
Wood - Concrete - Paint - Roof - Tile - Iron - Electric



BC COMPASS

Ben Crosby – Parishioner & School Parent
REALTOR® | DRE# 01922125
(619) 250-9184
www.bencrosbysells.com 

MARK IGNACIO LAW, APC
WILLS • TRUSTS • PROBATE
TRUST ADMINISTRATION • AMENDMENTS
7317 El Cajon Blvd., Ste 101 • La Mesa, CA 91942
www.ignaciolaw.com • 619.810.4644
Call for Parishioner Discount • Se habla Español 

WE APPRECIATE OUR ADVERTISERS!



IF YOU LIVE ALONE

MDMedAlert!™ As Low As **\$19⁹⁵** /mo.
✓ Ambulance/Police **CALL NOW!**
✓ Family/Friends **800.808.9294**
✓ GPS & Fall Alert  md-medalert.com 

FD-1083

FEATHERINGILL MORTUARY
Family Owned = Personal Service
6322 El Cajon Blvd. • San Diego
featheringillmortuary.com • (619) 583-9511

LET'S GROW YOUR BUSINESS
Place Your Ad Here and Support Our Parish!

CONTACT ME Victoria Quinn

vquinn@4LPi.com
(800) 950-9952 x2602

SHORT STAFFED?
Place an ad here to find new local talent for your business.


CALL 800-950-9952

DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?

Engaging, ad-supported print and digital newsletters to reach your community.

OUR COMMUNITY NEWSLETTER
Scan to contact us! 

Visit lpicommunities.com

  **LAW OFFICES OF DORIAN LOPEZ** 

Dorian Lopez, Esq. 619-377-7911
Estate Planning • Wills • Trusts • Probate • Elder Planning
7353 El Cajon Blvd., Suite 100, La Mesa
www.dlopezlaw.com CA SBN #303585
"Bringing peace through planning"

HOLY CROSS
CATHOLIC CEMETERY & MAUSOLEUM
45th & Hilltop Dr., San Diego, CA 92102
Pre-Needed Arrangement is an act of love
No Interest Budget Plan allows up to five years to pay.
CALL 264-3127 • Se Habla Español

 Epoxy Flooring • Cabinets • Storage


Sean Wischmeyer
Owner & School Parent
619-914-6337
www.garageexperts.com/sandiego/

\$100 OFF EPOXY FLOOR COATING

catholicmatch[®] California



CatholicMatch.com/CA

 **MESAVIEW**
Senior Assisted Living

Memory care, assisted living, independent living 55+
7971 Culowee Street, La Mesa, CA
www.mesaviewsandiego.com
619.466.0253
Proud to Support St. Martin of Tours!

 **WILLIAMS IAGMIN LLP**


JAMES S. IAGMIN
Trial Lawyer

SERIOUS PERSONAL INJURY
PROVEN RESULTS

GET IN TOUCH:
(619) 238-0370
info@williamsiagmin.com
williamsiagmin.com

Parishioner at St. Martin of Tours

Elizabeth G. Blust
Attorney at Law 
Probate • Estate Planning
Wills • Trusts • Amendments
619-607-0235
OLG Parishioner

IRIS DENTAL
6965 Broadway, Lemon Grove, CA 91945
(next to Wingspot, Subway & Jack in Box building)
Tel: (619) 589-0777 (Se Habla Español)

ANDY TRAIL, D.D.S.
We provide Adult and Children Dentistry

- Implant • Root Canal • Extraction
- Wisdom Teeth • Veneer • Crown
- Bridge • Denture • Partial • Fillings
- Deep Cleaning • Cosmetic Dentistry

We accept • Most PPO Insurance
• Adult 65+ Medicare/Medical part A-B-D
• Children & Adult Dental/Medical
• Military & Retired VA Insurance
• Care Credit, Payment plan 12 months no interest

 **LAW OFFICE OF Genevieve A. Suzuki**
Attorney & Parishioner

 Your Family Law Advocate
 (619) 462-0995
30 Min Free Phone Consultation
5480 Baltimore Drive, Suite 102
La Mesa, CA 91942
www.suzukilaw.co

 **ADT-Monitored Home Security**
Get 24-Hour Protection From a Name You Can Trust

- Burglary • Flood Detection
- Fire Safety • Carbon Monoxide

833-287-3502 