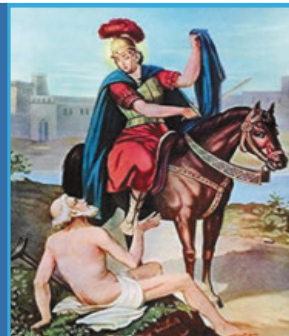




Saint Martin of Tours Catholic Church  
"A Century of Blessings 1921 - 2021"

7710 El Cajon Boulevard, La Mesa, CA 91942  
stmartinoftoursparish.org  
Phone 619.465.5334 - Fax 619.465.7297  
Email: info@saintmartinoftours.cc



**MASS SCHEDULE**

SATURDAY: 5:00pm (*Vigil*)  
SUNDAY: 7:00am, 9:00am, 11:00am  
and 5:00pm Mass

**DAILY MASS:**

Monday through Friday: 8:30am  
Rosary before Mass: at 8:00am

CONFESSIONS: Friday (5:00pm - 6:00pm)  
ADORATION: Friday (7:00pm - 8:30pm)  
First Friday (9:00am to 12:00pm)

**OFFICE HOURS:**

MONDAY through FRIDAY:  
8:30 am- 4:30 pm  
Closed for Lunch: 12:00 pm - 1:00pm

**SAINT MARTIN ACADEMY**

Principal: Jennifer Miller  
619.466.3241  
Web: [stmartinacademy.org](http://stmartinacademy.org)  
Email: [info51@stmartinacademy.org](mailto:info51@stmartinacademy.org)  
Preschool through 8th Grade

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**12<sup>TH</sup> SUNDAY IN ORDINARY TIME**

He woke up, rebuked the wind, and said to the sea, "Quiet! Be still!"  
The wind ceased and there was great calm. Then he asked them,  
"Why are you terrified? Do you not yet have faith?" - Mk 4:39-40

Excerpt from the Lectionary for Mass ©2001, 1996, 1970 CCD.

CLP

**WELCOME!**

We warmly welcome all visitors to our parish, the heart of our Catholic faith-life in La Mesa since 1921. Thank you for joining us for Divine Worship. We hope you will find ways to participate in and support our parish life and mission by sharing your time, talent and treasure.

If you have been coming here but are not registered or if you just moved into the area, we invite you to join us as a member of our parish family, using the registration form below or stopping by the Parish Office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially Baptism or Marriage, as well as eligibility to serve as godparents or sponsors.

**REGISTRATION FORM FOR "NEW" PARISHIONERS**

Your Information: (Please cut and drop in offering basket)

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Street Address \_\_\_\_\_ Daytime Phone \_\_\_\_\_

City, State & Zip \_\_\_\_\_ email: \_\_\_\_\_

(this registration will be followed by a telephone call to obtain more information)

**WELCOME TO  
SAINT MARTIN OF TOURS  
CATHOLIC FAITH COMMUNITY**

We invite you to be a "Sharing Member".  
Register, Participate, and  
Share your Gifts and Talents.

**The 12th Sunday in Ordinary Time  
June 23, 2024**

**Give thanks to the Lord,  
his love is everlasting.  
Psalm 107**

**ADORATION OF THE BLESSED SACRAMENT**



"We cannot find God in noise or agitation. Within nature: trees, flowers and grass grow in silence. The stars, the moon, and the sun move in silence... In silence, He listens to us; in silence He speaks to our souls. In silence we are granted the privilege of listening to His voice. Silence of our eyes. Silence of our ears. Silence of our minds... in the silence of the heart, God will speak."

Saint Mother Theresa of Calcutta.

The Children's Chapel is open Monday to Friday, from 10am to 3pm, for personal prayer and meditation before the Blessed Sacrament in the Tabernacle. Also, we will continue to gather in the Church every Friday from 7pm to closing with benediction at 830pm.

*Everyone is invited and welcome to stay as long as time allows.*

**THE YEAR OF  
EUCHARISTIC REVIVAL**



Epiclesis

Now that we have heard a little bit about the background of the Eucharistic prayers, let's start looking at the individual parts. One of these parts is the *epiclesis* (ep-uh-CLEE-sis) which is a Greek term to mean "invocation" or "to call down upon." During the *epiclesis*, the priest asks the Father to send the Holy Spirit to sanctify these offerings. The Holy Spirit is called down on the offerings of the bread and wine so that they may become the Body and Blood of Christ. While these words are said, the priest extends his hands over the chalice and host and traces the sign of the cross over them. In the *epiclesis* the priest asks God to pour His blessings over these gifts.

This should be an acknowledgement that this is not simply an act of the priest, but an act of the Holy Spirit in preparation of making into these gifts the Most Holy Eucharist.

In Eucharistic Prayer III, this is what you hear: "Therefore, O Lord, we humbly implore you: by the same Spirit graciously make holy these gifts we have brought to you for consecration... that they may become the Body and Blood of your Son Our Lord Jesus Christ, at whose command we celebrate these mysteries."

In this important moment during the mass-when you see the priest extending his hands with palms-down over the offering- let us remember the need of the Holy Spirit's help, not only for the gifts offered, but also so that we may celebrate the Mass faithfully, receive the Eucharist reverently, and live the Christian life well.

Visit: [www.eucharisticrevival.org](http://www.eucharisticrevival.org)

**Rev. Chris Bongato**  
Parochial Vicar  
St Martin of Tours Parish  
7710 El Cajon Blvd  
La Mesa, CA 91942  
Tel. 1 (619) 465-5334

**SUNDAY READINGS**

**First Reading:** Thus far shall you come but no farther, and here shall your proud waves be stilled! (Jb 38:11). **Psalm:** Give thanks to the Lord, his love is everlasting. (Ps 107) Or: Alleluia. **Second Reading:** So whoever is in Christ is a new creation: the old things have passed away; behold, new things have come. (2 Cor 5:17). **Gospel:** They were filled with great awe and said to one another, "Who then is this whom even wind and sea obey?" (Mk 4:41). Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 97, Commission on English in the Liturgy Corporation. All rights reserved LPI1.

**WEEKLY READINGS**

**Monday:** Is 49:1-6/Ps 139/Acts 13:22-26/Lk 1:57- 80  
**Tuesday:** 2 Kgs 19:-36/Ps 48/Mt 7:6, 12-14  
**Wednesday:** 2 Kgs 22:8-13; 23:1-3/Ps 119/Mt 7:15-20  
**Thursday:** 2 Kgs 24:8-17/Ps 79/Mt 7:21-29  
**Friday:** 2 Kgs 25:1-12/Ps 137/Mt 8:1-4  
**Saturday:** Acts 3:1-10/Ps 19/Gal 1:11-20/Jn 21:15-19  
**Sunday:** Wis 1:13-15; 2:23-24/Ps 30(2a)/2 Cor 8:7-15  
Mk 5:21-43 or 5:21-43.

ORDER OF CHRISTIAN INITIATION FOR CHILDREN "O.C.I.C."  
Interested in sharing your faith? We are looking for just the right people to guide our O.C.I.C. children and their parents through the journey to Full Initiation on the Catholic Faith. For more information, contact Christine Davis at: [chris@saintmartinoftours.cc](mailto:chris@saintmartinoftours.cc).



**PRAY FOR OUR PRIESTS June 23 - 29, 2024**

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
23 Rev. Nghia Phsm, OFM	24 Rev. Jose Pimentel, OP	25 Rev. Rogelio Pingol	26 Rev. James Poulsen	27 Rev. Msgr. Frank Pugliese	28 Rev. Msgr. Lawrence Purcell	29 Rev. James Rafferty

**Our Response as Stewards**  
**REFLECT**-On the many gifts you have received from God. Including your financial blessings.  
**PRAY**-About how God wants you to use the gifts He has given you.  
**RESPOND**-By supporting the mission. You can give at your parish or on line at [giving.sdatholic.org](http://giving.sdatholic.org).



**PRAYER FOR THE YOUTH**  
 Dear Lord,  
 Be with our young people always—keep them in Your care. Help them to form godly friendships, speak the truth, and know you in the personal way that will challenge, shape, and guide them. Amen.



Join the Rosary  
 Prayer Warriors  
 5:30pm Monday through Friday



Go to the Parish website:  
[www.stmartinoftoursparish.org](http://www.stmartinoftoursparish.org)  
 then go to Videos & Zoom to the Rosary link

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**June 29** 9:30 am - 4:30 pm  
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 4070 Mission Ave. Oceanside Ca. 92057  
[sdconferenciafamiliar](https://sdconferenciafamiliar.com)

For more information, call Wendy Báez (858)490-8295



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 Order of Christian Initiation for Children

**Interested in sharing your faith?**

**We are looking for just the right people to guide our O.C.I.C. children, and their parents, through the journey to full initiation in the Catholic Church.**

**For more information please contact Christine Davis at [chris@saintmartinoftours.cc](mailto:chris@saintmartinoftours.cc).**

**LIGHT AND SHADOW:**  
 In faith there is enough light for those who want to believe and enough shadows to blind those who don't. —Blaise Pascal

# Children's Faith Formation



## Vacation Bible Camp

July 8-12 Monday-Friday 9am-noon  
Children 4yrs through 5th Grade

Register Online Now  
[www.stmartinoftoursparish.org](http://www.stmartinoftoursparish.org)  
Contact: Lisa Zickert  
[lisaz@saintmartinoftours.cc](mailto:lisaz@saintmartinoftours.cc)

# Middle School Summer 2024

## June

June 8th: Deacon Sean's Priestly Ordination  
June 15th: The Thorn Movie Night  
June 26th: Beach Night & BBQ

## July

July 1st: Whiffle Ball at St. Lukes  
July 8th-12th: Vacation Bible Camp  
July 14th-19th Camp Golden State  
July 24th: Beach Night & BBQ

## August

August 5th: Kickball at St. Martins

For more information or to register please get in touch with Helen Deen at [helendeen@saintmartinoftours.cc](mailto:helendeen@saintmartinoftours.cc)



## O.C.I.A.

"Order of Christian Initiation for Adults"  
Interested in becoming Catholic  
O.C.I.A. is the process by which adults enter the Catholic Church.

If you or anyone you know is interested in becoming Catholic, completing Sacraments or learning more about the Catholic Faith, this is the journey for you.

This is a spiritual journey, led by the Holy Spirit, which can lead to Full Initiation into the Catholic Church through Baptism, Confirmation and Eucharist. It is also, a way to learn more about the Catholic Faith. One of the goals is to develop a personal relationship with God, accomplished through prayer, scripture and worship.

The next journey will begin this Summer. An informational meeting will be on Tuesday, July 9 at 7pm in Barry Hall.

If you would like to be part of this Faith Journey to become Catholic, or to help facilitate the Journey please contact Christine Davis at [chris@saintmartinoftours.cc](mailto:chris@saintmartinoftours.cc) or 619.465.5334.

# high School Summer 2024

## June

June 8th: Deacon Sean's Priestly Ordination  
June 15th: The Thorn Movie Night  
June 17th-21st: Camp Emmaus  
June 26th: Beach night at La Jolla Shores

## July

July 9th: Movie Night at Grossmont Center  
July 8th-12th: Vacation Bible Camp  
July 24th: Beach Night at La Jolla Shores

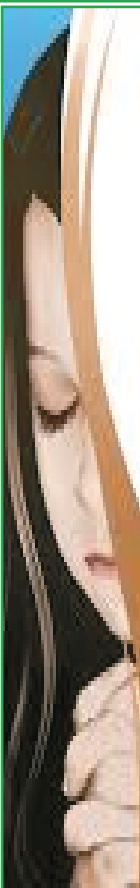
For more information or to register, please contact Helen Deen at [helend@saintmartinoftours.cc](mailto:helend@saintmartinoftours.cc)





**June 23 - 30, 2024**

Sat	5:00pm	Father's Day Novena
Sun	7:00am	<b>Mass for the People</b>
	9:00am	Walter & Jimmy Slota†
	11:00am	Shirley Strong†
	5:00pm	Father's Day Novena
Mon	8:30am	Father's Day Novena
Tue	8:30am	Lilly Godinez-Birthday
Wed	8:30am	Michael & Catherine Zolezzi-Wedding
Thurs	8:30am	John Redondo†
Fri	8:30am	Ronnie Elenes-Birthday
Sat	5:00pm	Susana Michel-Birthday
Sun	7:00am	Hanna & Afifi Ghannam†
	9:00am	<b>Mass for the People</b>
	11:00am	Michael Ruhl-Birthday Carl Reis-Birthday
	5:00pm	Ramon Aguilar-Birthday



**Remember in your Prayers...** All expectant Mothers, Mark Crocco, Mary & Ned Wilson, Emma Schopler, Michael Gronich, Jorge Martin del Campo, Mark Mendiola, Phil Knepp, Jorge Martin del Campo, Marilyn McBrayer, Theresa Climaco Pantig, Joseph Green Gonzalez, Dora Castañeda, Fr. Jim Poulsen, Berta Villanueva, Carly Brashear, Joe & Doris Garrido, Joe Serrano, Stella Agbogun, Jason Williamson, Cheyenne Smith, Brian Twohey, Larry Busch, Joe Morse, Mary Kahn, Phyllis Trujillo, Judy Haas, Mary Jane Blas, Francisco Babauta, Lidu Camacho, Frank Hebert, Fr. Ignatius Kissel, O.S.M., Nadia Clayton, Jill Meyer, Raymond Wilson, MeghanBeth Reynolds, Blanche Stetlear, Erin Heneghan, Bobby Laminen, Margaret Laminen, Sergio Toscano, Lizette Torres, Miguel & Martha Soto, Ricardo & Consuelo Soto, Shuk Family, Dave Sheppard, Andrew Dietsch, Don Rakestraw, Diana Houze, Rita Bongard, Maria Murrieta, Cindy Mendez, Tanya Mendez-Smith, Vincent Iagmin, may they find joy in the healing love of Christ.

*Names will remain listed for four weeks.  
Please call the Parish Office at 619.465.5334  
or email: [info@saintmartinoftours.cc](mailto:info@saintmartinoftours.cc)  
to add or delete names on the list.*

**CLERGY**  
**Rev. Elmer Mandac, Pastor**  
**Rev. Christopher Bongato, Assoc. Pastor**  
**Deacon Allen Rosker**  
**Rev. Jim Poulsen (Supply Priest - Retired)**

**SACRAMENTS & MINISTRIES updated 05/24**

**ALTAR SERVERS:** Jaime Paredes, Coordinator 619-581-0686  
 Email: [STMARTINALTARSERVERS2023@gmail.com](mailto:STMARTINALTARSERVERS2023@gmail.com)

**BAPTISM:** Call Parish Office 619-465-5334 (Pre-baptism seminar required)

**BEREAVEMENT MINISTRY:** Elvira Medina, Coordinator 619-465-5334  
 or Email: [elvira@saintmartinoftours.cc](mailto:elvira@saintmartinoftours.cc) (in office Mon/Tue/Fri)

**BIBLE STUDY:** Deacon Al Rosker, Coordinator 619-851-8578  
 Saturday 9:30am-11:00am Barry Hall  
 Thursday 6:30pm-8:00pm are on Zoom  
 Jeff Seaman-Leader, [jkseam@outlook.com](mailto:jkseam@outlook.com)

**BUILD-A-MIRACLE:** Jerry & MaryJo Crouch, Coordinators  
 Email: [jcrouch566@cox.net](mailto:jcrouch566@cox.net)

**CATHOLIC IN RECOVERY (Men's Lust Recovery):** Chris,  
 Coordinator 619-627-4332

**COMMUNITY GARDEN:** Anne Pacheco, Coordinator 619-466-3241

**CONFIRMATION:** Helen Deen, Youth Ministry Director  
 619-465-5334 or Email: [helend@saintmartinoftours.cc](mailto:helend@saintmartinoftours.cc)

**CULTURE OF LIFE:** Cheri Hubka Sparhawk, Coordinator 619-459-3002

**EUCHARIST to the HOMEBOUND:**  
 Deacon Al Rosker, Coordinator 619-465-5334

**EUCHARISTIC MINISTERS:** Toni Dimuzio, Coordinator  
 619-286-1877 or Email: [ajdimuzio@cox.net](mailto:ajdimuzio@cox.net)

**FAITH FORMATION:** Lisa Zickert, Director 619-465-5334 or  
 Email: [lisaz@saintmartinoftours.cc](mailto:lisaz@saintmartinoftours.cc) (Ages: 4y—6th Grade)

**FOOD ASSISTANCE:** Richard Zasueta, Coordinator  
 619-726-7618 OPEN TUE-THU 9:30am-11:30am

**KNIGHTS OF COLUMBUS:** Chris Warner, Grand Knight 619-884-0532  
 Email: [gkchriswarner14550@gmail.com](mailto:gkchriswarner14550@gmail.com)

**LECTORS:** Donna Tripi, Coordinator Email: [tripedonna@gmail.com](mailto:tripedonna@gmail.com)

**MEN'S MINISTRY:** Chris Bartel, Coordinator -That Man is You  
 619-971-7321 or Email: [chrisbartelfenway@outlook.com](mailto:chrisbartelfenway@outlook.com)

**MUSIC MINISTRY:** Frances Cavanaugh, Choir Director  
 619-490-9062 or Email: [stmartinoftourschoir@gmail.com](mailto:stmartinoftourschoir@gmail.com)  
 Saturday 5:00pm with Cantor & Organist  
 Sunday 9:00am & 11:00am with Cantor & Organist

**OCIA (Order of Christian Initiation for Adults)**

**OCIC (Order of Christian Initiation for Children)**  
 Christine Davis, Director 619-465-5334, ext# 307  
 or Email: [chris@saintmartinoftours.cc](mailto:chris@saintmartinoftours.cc)

**SACRAMENTAL PREPARATION FOR FIRST EUCHARIST and RECONCILIATION:**  
 Lisa Zickert, Faith Formation Director 619-465-5334  
 or Email: [lisaz@saintmartinoftours.cc](mailto:lisaz@saintmartinoftours.cc)

**SCOUTS BSA (Cubs and Troop 51):** Mitzi Elsten  
 619-889-6003 or Email: [jointroop51lamesa@gmail.com](mailto:jointroop51lamesa@gmail.com)

**WEDDINGS:** Parish Office at 619-465-5334

**WOMEN OF FAITH:** MaryMargaret Kissel, Coordinator  
 619-698-4845

**WOMEN'S MINISTRY:** Lisa Zickert, Coordinator  
 Walking With Purpose 619-465-5334  
 or Email: [lisaz@saintmartinoftours.cc](mailto:lisaz@saintmartinoftours.cc)

**YOUNG ADULTS:** Helen Deen, Director 619-465-5334  
 Email: [helend@saintmartinoftours.cc](mailto:helend@saintmartinoftours.cc)

**YOUTH MINISTRY:** Helen Deen, Director 619-465-5334  
 Email: [helend@saintmartinoftours.cc](mailto:helend@saintmartinoftours.cc)  
 Junior High (7th and 8th Grade)  
 High School (9th and 12th Grade)







U.S. Dept. of Education Green Ribbon School  
 stmartinacademy.org  
 June 23, 2024

**Alumni Updates!**

During the summer, SMA will continue to feature alums! It is rewarding to read about their lives, accomplishments and memories.

If you know any of the graduates listed below, please let them know about the upcoming reunion on October 20, 2024.

James Bailey, Ginia Bassi, Keneth Bell, Sal Calafato, Desiree Callahan, Quinn Canaday, Lisette Cauchon, Anthony Ciaccio, Kathleen Claytor, Joe Crisafulli, Julie Criscente, Rachel Cronk, Brian Deverill, Lisa Doria, Suan Dunkle, Lisa Freed, Annette Gilmore, Tanya Goetz, Marilyn Gross, Kimberly Grote, Cynthia Jaramillo, Paul Johann, John Kinsella, Rosalie Kramm, Steve Lejman, Kimberly Lewis, Janine Lolli, Robert Long, Christine Luke, William McCarthy, Marie Meier, Cynthia Mekenas, Marc Mills, Margaret Moran, Steven Nungary, Ronald Rosa, Bridget See, Jonathan Winfree, Michael Zacchino



Are you or someone you know a graduate from SMA's class of 1974? Please spread the word that their 50th class reunion is coming up this October 20. They can reach out to cconnkconn@aol.com to RSVP.

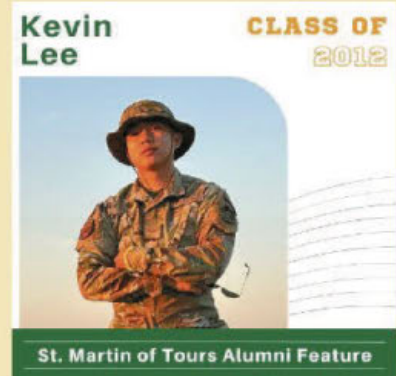
**Kevin Lee, Class of 2012 • Alumni Feature**

My time spent at SMA was a privilege which I am grateful to my parents for being able to provide me with. I started in first grade, and spent eight years there. The rigorous academic environment, characterized by smaller class sizes, and individualized attention, fostered a rich learning experience for me. This prepared, and cultivated me to strive for academic excellence, indulge in creativity, and enhance my critical thinking skills. SMA also caters to many extracurricular activities which students may partake in such as, sports, arts, dance, theater, and probably much more since my time there. I recall playing basketball, soccer, and even was part of the science, and chess club. Some of my favorite memories that I have of SMA are the Nativity scene which we would put on each year during Christmas, sixth grade camp, and the yearly Walkathons at Lake Murray.

After finishing my education at SMA, I attended Helix high school where I continued playing sports and even won a championship with my volleyball team. I decided to enlist into the military where I am currently serving as an enlisted member of the Air Force. I recently returned from a short tour in the Middle East, and have decided to return to school and pursue a career in law. Next spring semester I will be moving to San Francisco to attend UC Berkeley while still serving in the Air National Guard.




Overall, I am truly grateful for the privilege of attending SMA for my elementary and middle school years. I created some amazing friendships which I still have to this day, memories which will be with me for the rest of my life, and amazing teachers and staff whom I still see every time I visit.



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[williamsiagmin.com](http://williamsiagmin.com)

Parishioner at St. Martin of Tours

**Elizabeth G. Blust**  
Attorney at Law   
Probate • Estate Planning  
Wills • Trusts • Amendments  
**619-607-0235**  
OLG Parishioner

**IRIS DENTAL**  
6965 Broadway, Lemon Grove, CA 91945  
(next to Wingspot, Subway & Jack in Box building)  
Tel: (619) 589-0777 (Se Habla Español)

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