



Saint Martin of Tours Catholic Church "A Century of Blessings 1921 - 2021"

7710 El Cajon Boulevard, La Mesa, CA 91942
stmartinoftoursparish.org
 Phone 619.465.5334 - Fax 619.465.7297
 Email: info@saintmartinoftours.cc



MASS SCHEDULE

SATURDAY: 5:00pm (*Vigil*)

SUNDAY: 7:00am, 9:00am, 11:00am
 and 5:00pm Mass

DAILY MASS:

Monday through Friday: 8:30am
 Rosary before Mass: at 8:00am

CONFESSIONS: Friday (5:00pm - 6:00pm)

ADORATION: Friday (7:00pm - 8:30pm)
 First Friday (9:00am to 12:00pm)

OFFICE HOURS:

MONDAY through FRIDAY:

8:30 am- 4:30 pm

Closed for Lunch: 12:00 pm - 1:00pm

SAINT MARTIN ACADEMY

Principal: Jennifer Miller
 619.466.3241

Web: stmartinacademy.org

Email: info51@stmartinacademy.org

Preschool through 8th Grade



4th SUNDAY OF LENT

When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?"
 - Jn 9:35

Excerpts from the Lectionary for Mass ©2001, 1998, 1970-CCD

March 10, 2024

WELCOME!

We warmly welcome all visitors to our parish, the heart of our Catholic faith-life in La Mesa since 1921. Thank you for joining us for Divine Worship. We hope you will find ways to participate in and support our parish life and mission by sharing your time, talent and treasure.

If you have been coming here but are not registered or if you just moved into the area, we invite you to join us as a member of our parish family, using the registration form below or stopping by the Parish Office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially Baptism or Marriage, as well as eligibility to serve as godparents or sponsors.

REGISTRATION FORM FOR "NEW" PARISHIONERS

Your Information: (Please cut and drop in offering basket)

Name _____ Home Phone _____

Street Address _____ Daytime Phone _____

City, State & Zip _____ email: _____

(this registration will be followed by a telephone call to obtain more information)

WELCOME TO SAINT MARTIN OF TOURS CATHOLIC FAITH COMMUNITY

We invite you to be a "Sharing Member".
Register, Participate, and
Share your Gifts and Talents.

ADORATION OF THE BLESSED SACRAMENT



"We cannot find God in noise or agitation. Within nature: trees, flowers and grass grow in silence. The stars, the moon, and the sun move in silence... In silence, He listens to us; in silence He speaks to our souls. In silence we are granted the privilege of listening to His voice. Silence of our eyes. Silence of our ears. Silence of our minds... In the silence of the heart, God will speak."

Saint Mother Theresa of Calcutta.

The Children's Chapel is open Monday to Friday, from 10am to 3pm, for personal prayer and meditation before the Blessed Sacrament in the Tabernacle. Also, we will continue to gather in the Church every Friday from 7pm to closing with benediction at 830pm.

*Everyone is invited and welcome to stay
as long as time allows.*

4th Sunday of Lent
March 10, 2024

Let my tongue be silenced, if I ever forget you!

Psalm 137

SUNDAY READINGS

First Reading: Early and often did the LORD, the God of their fathers, send his messengers to them, for he had compassion on his people and his dwelling place. But they mocked the messengers of God, despised his warnings, and scoffed at his prophets, until the anger of the LORD against his people was so inflamed that there was no remedy. (2 Chr 36:15-16). **Psalm:** Let my tongue be silenced, if I ever forget you! (Ps 137). **Second Reading:** God, who is rich in mercy, because of the great love he had for us, even when we were dead in our transgressions, brought us to life with Christ. (Eph 2:4-5). **Gospel:** For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. (Jn 3:16).

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved. "LPI."

WEEKLY READINGS

Monday: Is 65:17-21/Ps 30/Jn 4:43-54.

Tuesday: Ez 47:1-12/Ps 46/Jn 5:1-16

Wednesday: Is 49:8-15/Ps 145/Jn 5:17-30

Thursday: Ex 32:7-14/Ps 106/Jn 5:31-47

Friday: Wis 2:1-22/Ps 34/Jn 7:1-2, 10, 25-30

Saturday: Jer 11:18-20/Ps 7/Jn 7:40-53

Sunday: Jer 31:31-34/Ps 51/Heb 5:7-9/Jn 12:20-33

Effective July 1st, Fr. Ignatius Kipchirchir will be our New Pastor,



Fr. Ignatius was born and raised in Nandi County, Kenya, known for long distance runners. He is the second of six boys. He got interested in vocation to the priesthood during his elementary school, run by nuns, as well as great influence from his Irish Pastor, when he was an altar server. He joined High School Seminary and later proceeded to Senior Seminary for his priestly formation. He got his BA in Philosophy and religious studies from Catholic University of Eastern Africa and his BA in Theology from Saint Mathias Mulumba Seminary. He was ordained as Transitional Deacon on January 6th,

2009, and ordained as a Priest on November 7th, 2009. He served two parishes in Kenya (3.5 years) before proceeding for graduate studies at University of San Diego. He graduated with an MA in Peace and Justice in 2014.

Fr. Ignatius was assigned to Our Lady of Mount Carmel, San Diego in September 2014 to August 2017, to Saint Jude Shrine of the West and Saint Anthony in National City from August 2017 to July 2018. He was assigned back to Our Lady of Mount Carmel, as Associate Pastor in July 2018 where he has been serving up to date. Aside from his priestly duties, Fr. Ignatius loves running and playing basketball.

PRAY FOR OUR PRIESTS MARCH 10-16, 2024

| Sun | Mon | Tue | Wed | Thurs | Fri | Sat |
|--------------------------------|---------------------------------------|-------------------------------------|---------------------------------------|--|--------------------------------|-------------------------------|
| 10 Rev. Robert Kibaki | 11 Rev. Ignatius Kipchirchir | 12 Rev. Msgr. Raymond Kirk | 13 Rev. Peter Kirwin, OFM | 14 Rev. Brian Kolodiejchuk, MC | 15 Rev. Dennis Krouse | 16 Rev. Brent Kruger |

Prepare Your Hearts

(Parish Spiritual Activities and Programs during Lent)

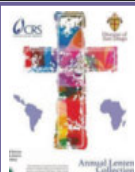
Spiritual Activities

- Stations of The Cross – (every Friday @ 9:00 am and 6:45 pm)
- Sacrament of Reconciliation/Confession – (every Friday from 5:00 pm to 6:00 pm)
- Parish Penance Service – March 4 @ 7:00 pm
- Holy Hour/Adoration/Exposition of the Blessed Sacrament
First Friday (9:30 am to 12:00 pm)
Every Friday (7:00 pm to 8:15 pm)

Lenten Programs

- Lenten PRESENTATION/TALKS/FRIDAY Meatless Dinner
Every Friday @ 5:00pm beginning on February 16 to March 22
(Check bulletin and parish website for schedule)
- Best Lent Ever – “40 Days of Eucharistic Consecration”
Sign up on-line and you will receive a short, free video every day from Matthew Kelly full of profound spiritual insight and intensely practical ways to apply consecration to your life.
(www.dynamiccatholic.com/lent)
(Check bulletin board and parish bulletin for more information)

“Rend your hearts and not your garments. Return to the Lord.” (Joel 2: 13)



ANNUAL LENTEN COLLECTION

This weekend, **Saturday and Sunday, March 9 and 10**, has been designated for the **2024 Annual Lenten Collection**. Special envelopes are available for the collection, which supports Catholic Relief Services, the Church in Africa and the Church in Latin America. You may designate your contribution to the causes listed on the collection envelope.

ENVIRONMENT MINISTRY NEEDS YOUR ASSISTANCE

Lent/Easter decoration schedule:

- March 16, Sat 8:30am, put up big cross & cover statues
- March 23, Sat 8:30am, Palm Sunday decor; red linens, etc.
- March 24, after 5:00pm Sun Mass, remove Palm Sunday decor
- March 27, after Wed 8:30am Mass, Holy Thursday decor & Feet Washing preparation

Altar of Repose (flowers, candles, tabernacle, curtains, spotlights)

Feet Washing (chairs, bowls, towels, pitchers)

- March 28, Thurs during 7:00pm Mass/after Feet Washing, stack chairs in alcoves, remove all other items to storage upstairs; after Mass remove and store all remaining items from Thursday Mass

- March 29, Fri 9:00am; remove all items from Altar of Repose; store upstairs or in back sacristy. Stations of the Cross, put banners on banner poles and place around church grounds; put out books; get cross & PA system

- March 29, Fri 1:00pm remove all items from Stations of the Cross and take to storage

Prepare for 3:00pm mass

- March 29, Fri after 3:00pm mass, prepare for Tenebrae Service; candle holders in place, lighting in place, decor in place; **After mass**, remove Tenebrae items & store.

- March 30, 8:00am, Easter decor & flowers; put up baptismal font, ledge banners, Easter wreaths & topiaries; all Easter décor.

Prepare for Easter Vigil; fire ready, candles ready, etc. Mass items ready

- May 18, 9:00am (Sat); remove all Easter décor.



PRAY TO END ABORTION FEBRUARY 14 THROUGH MARCH 24

Help save lives! Join the over One Million Prayer Warriors from February 14 through March 24, who have saved thousands of lives in “40 Days for Life” a 40 Day Campaign devoted to prayer and fasting with the hope to end abortion. We welcome you to join the 12 hour vigil at Sarah Weddington Planned Parenthood, 4575 College Ave., San Diego. www.40DaysForLife.com/sandiegocollegeavenue, or call Kathy Myers at 619.905.7731 at: rs.kathy37@gmail.com, to get involved.

CONTRIBUTION STATEMENTS FOR 2023

To receive a statement of your contributions for 2023, please call the Parish Office at 619.465.5334 or email: dorac@saintmartinoftours.cc to request it.



Walking with Jesus through Lent

Faith Formation classes
3/3, 3/10 Step Out, 3/17, 3/24

Sacramental Preparation
October - April

*Children's Faith
Formation*

Saint Martin of Tours

Middle School Youth Group

March

4th: Stations Practice

8th: Blessings Bags Service Project
at OLG

11th: Stations Practice

18th: Stations Practice

22nd: Youth Stations of the Cross

28th: Mass of the Lord's Supper

31st: Easter Sunday!



For more information, please
contact Helen Deen at
helend@saintmartinoftours.cc



O.C.I.A.

**"Order of Christian Initiation for
Adults"**

Interested in becoming Catholic
O.C.I.A. is the process by which
adults enter the Catholic Church.

If you or anyone you know is interested in becoming Catholic, completing Sacraments or learning more about the Catholic Faith, this is the process for you.

This is a spiritual journey, led by the Holy Spirit, which can lead to Full Initiation into the Catholic Church through Baptism, Confirmation and Eucharist. It is also, a way to learn more about the Catholic Faith. One of the goals is to develop a personal relationship with God, accomplished through prayer, scripture and worship.

Everyone is welcome to join us on Tuesdays at 7pm in Barry Hall. March 12 topic is: Our Father.

If you would like to be part of this Faith Journey to become Catholic, or to help facilitate the Journey, please contact Christine Davis at chris@saintmartinoftours.cc or 619.465.5334.

Saint Martin of Tours **High School Youth Ministry**

March

3rd: Mass at SMOT

Youth Group at St Kieran's 6:30-8:30
(Permission slip required)

10th: Mass and Youth Group

15th- 17th: High School Retreat

17th: No Youth Group

22nd: Youth Stations of the Cross

24th: Mass and Youth Group

28th: Mass of the Lord's Supper

31st: Easter Sunday!

Praying.
Fasting.
Almsgiving.

For more information please
contact Helen Deen at
helend@saintmartinoftours.cc

Masses For The Week



March 10 - 17, 2024

| | | |
|-------|---------|----------------------------------|
| Sat | 5:00pm | Jeanette Ramos-Healing |
| Sun | 7:00am | Ernest "Ernie" Mekenas† |
| | 9:00am | Mass for the People |
| | 11:00am | Dila Terrazas† |
| | 5:00pm | Alex Sapián† |
| Mon | 8:30am | Ricardo & Maribel Soto-Birthdays |
| Tue | 8:30am | Richard Foreman† |
| Wed | 8:30am | Samira Pavlovich-Birthday |
| Thurs | 8:30am | Yolanda Lopez-Birthday |
| Fri | 8:30am | Yolanda Savoie† |
| Sat | 5:00pm | Viky Rojas-Birthday |
| Sun | 7:00am | Mass for the People |
| | 9:00am | Francis Gonong† |
| | 11:00am | Dominic Tarantino† |
| | 5:00pm | Joe Giammarinaro† |

Remember in your Prayers... All expectant Mothers, Joe Morse, Mary Kahn, Phyllis Trujillo, Judy Haas, Mary Jane Blas, Ann Randazzo, Francisco Babauta, Sherry Warner, Lidu Camacho, Frank Hebert, Fr. Ignatius Kissell, O.S.M., Nadia Clayton, Jill Meyer, Joe & Doris Garrido, Stella Agbogun, Raymond Wilson, MeghanBeth Reynolds, Blanche Stetlear, Erin Heneghan, Fr. Jim Poulsen, Bobby Laminen, Margaret Laminen, Sergio Toscano, Lizette Torres, Berta Villanueva, Teresa Climaco Pantig, Lissa Barber, Miguel & Martha Soto, Ricardo & Consuelo Soto, Walter "Chino" & Delia Urteaga, Shuk Family, Dave Sheppard, Andrew Dietsch, Don Rakestraw, Dora Castaneda, Diana Houze, Rita Bongard, Maria Murrieta, Cindy Mendez, Tanya Mendez-Smith, Joseph Green Gonzalez, Vincent Iagmin, Larry Smith, and healing for all suffering from Covid-19... may they find joy in the healing love of Christ.

Names will remain listed for four weeks. Please call the Parish Office at 619.465.5334 or email: info@saintmartinoftours.cc to add or delete names on the list.

CLERGY

Rev. Elmer Mandac, Pastor
Rev. Christopher Bongato, Assoc. Pastor
Deacon Allen Rosker
Rev. Alex Aquino (Supply Priest - Retired)
Rev. Jim Poulsen (Supply Priest - Retired)

SACRAMENTS & MINISTRIES updated 01/24

ALTAR SERVERS: Jaime Paredes, Coordinator 619-581-0686
 Email: STMARTINALTARSERVERS2023@gmail.com
BAPTISM: Call Parish Office 619-465-5334 (Pre-baptism seminar required)
BEREAVEMENT MINISTRY: Elvira Medina, Coordinator 619-465-5334
 or Email: elvira@saintmartinoftours.cc (in office Mon/Tue/Fri)
BIBLE STUDY: Deacon Al Rosker, Coordinator 619-851-8578
 Saturday 9:30am-11:00am Barry Hall
 Thursday 6:30pm-8:00pm are on Zoom
 Jeff Seaman-Leader, jkseam@outlook.com
BUILD-A-MIRACLE: Jerry & MaryJo Crouch, Coordinators
 Email: jrcrouch566@cox.net
CATHOLIC IN RECOVERY (Men's Lust Recovery): Pete Lesniewski,
 Coordinator 847-917-5379 or
 Email: Peter.Lesniewski24@gmail.com
COMMUNITY GARDEN: Anne Pacheco, Coordinator 619-466-3241
CONFIRMATION: Helen Deen, Youth Ministry Director
 619-465-5334 or Email: helend@saintmartinoftours.cc
CULTURE OF LIFE: Cheri Hubka Sparhawk, Coordinator 619-459-3002
EUCHARIST to the HOMEBOUND:
 Deacon Al Rosker, Coordinator 619-465-5334
EUCHARISTIC MINISTERS: Toni Dimuzio, Coordinator
 619-286-1877 or Email: ajdimuzio@cox.net
FAITH FORMATION: Lisa Zickert, Director 619-465-5334 or
 Email: lisaz@saintmartinoftours.cc (Ages: 4y—6th Grade)
FOOD ASSISTANCE: Richard Zasqueta, Coordinator
 619-726-7618 OPEN TUE-THU 10:00am-12:00pm
KNIGHTS OF COLUMBUS: Chris Warner, Grand Knight 619-884-0532
 Email: gkchriswarner14550@gmail.com
LECTORS: Donna Tripi, Coordinator Email: tripedonna@gmail.com
MEN'S MINISTRY: Chris Bartel, Coordinator -That Man is You
 619-971-7321 or Email: chrisbartelfenway@outlook.com
MUSIC MINISTRY: Frances Cavanaugh, Choir Director
 619-490-9062 or Email: stmartinoftourschoir@gmail.com
 Saturday 5:00pm with Cantor & Organist
 Sunday 9:00am & 11:00am with Cantor & Organist
OCIA (Order of Christian Initiation for Adults)
OCIC (Order of Christian Initiation for Children)
 Christine Davis, Director 619-465-5334, ext# 307
 or Email: chris@saintmartinoftours.cc
SACRAMENTAL PREPARATION FOR FIRST EUCHARIST and RECONCILIATION:
 Lisa Zickert, Faith Formation Director 619-465-5334
 or Email: lisaz@saintmartinoftours.cc
SCOUTS BSA (Cubs and Troop 51): Mitzi Elsten
 619-889-6003 or Email: jointroop51lamesa@gmail.com
WEDDINGS: Parish Office at 619-465-5334
WOMEN OF FAITH: MaryMargaret Kissel, Coordinator
 619-698-4845
WOMEN'S MINISTRY: Lisa Zickert, Coordinator
 Walking With Purpose 619-465-5334
 or Email: lisaz@saintmartinoftours.cc
YOUNG ADULTS: Helen Deen, Director 619-465-5334
 Email: helend@saintmartinoftours.cc
YOUTH MINISTRY: Helen Deen, Director 619-465-5334
 Email: helend@saintmartinoftours.cc
 Junior High (7th and 8th Grade)
 High School (9th and 12th Grade)

2024 LENTEN PENANCE SERVICE

| | | |
|--------------------------------------|-------------|----------|
| Our Lady of Perpetual Help, Lakeside | 11-March-24 | 10:00 AM |
| Our Lady of Perpetual Help, Lakeside | 11-March-24 | 7:00 PM |
| Holy Trinity, El Cajon | 12-March-24 | 7:00 PM |
| St. Luke, El Cajon | 14-March-24 | 7:00 PM |
| Guardian Angels, Santee | 11-March-24 | 7:00 PM |
| Our Lady of Grace, El Cajon | 20-March-24 | 7:00 PM |

SAINT MARTIN'S BIBLE STUDY GROUPS

All are invited to join us as we start our next topic, Scripture and the Rosary, beginning February 17 and 22. The rosary has long held a central place in the prayer lives of Catholics. At the heart of this popular form of prayer is an invitation to focus our minds and hearts on the life, death and resurrection of Jesus Christ, Son of God and Son of Mary. Through an illuminating analysis of all the relevant biblical texts, Scripture and the Rosary provides a trustworthy guide for deepening our understanding and appreciation of key events in the lives of Jesus and Mary, reflected in each set of mysteries: Joyful, Luminous, Sorrowful, and Glorious.

So, instead of giving up chocolates this year, you are invited to join one of our amazing Bible Study groups and make this your best Lenten Season ever!

Saturday in person in Parish Hall from 9:30am to 11am.

Thursday via Zoom from 6:30pm to 8:00pm
Please contact Deacon Al at 619-465-5334, for more information and to sign up.



STATIONS OF THE CROSS

Every Friday of Lent at: 9am
(after the 830am Mass) and at 6:45pm

Note: Friday's of Lent are days of abstinence.

FOOD ASSISTANCE MINISTRY

Food Assistance is in need of non-perishable food to reach out to the less fortunate in our midst. We appeal to our caring parish community to help us with items such as: jelly, canned chicken, Rice A Roni, meal helper, cold or hot cereal, spaghetti or pasta sauce, canned string beans and corn. Please place the items in the food box in the vestibule of the church or bring them to the Parish Office or Food Center. In the month of January 2023 we provided 1,080 meals to families in need. Thank you for your support and prayers.



So grateful for all the personal sized hygiene items donated to the Women of Faith Ministry. Those items made 50 Gift Bags that were distributed to CPS and East County Pregnancy Care Clinic. *Women of Faith* welcome all sewers, knitters, and crocheters to help make the lap quilts, shawls, and pocket prayer quilts, that are distributed to the sick and homebound of the parish. Donations of time and materials are always welcomed. For more information about Women of Faith Ministry, please contact Mary Margaret Kissel at 619-698-4845.

EASTER SEASON FLOWERS! If you would like to have spring flowers placed in the Church, during the **Easter Season, In Memory of or In Honor of** a family member or friend, please complete the Easter flower envelope enclosed in your monthly offering envelopes. Donation is \$15 for each name. Please have all requests in by Monday, March 25.



THE LITTLE WHITE PRAYER BOOKS FOR EASTER will be for sale the weekend of Palm Sunday, March 23 & 24 before and after all Masses. \$3.50 each. The books have a daily reflection and prayer for each day of Easter. We have limited quantities. They will be available until sold out.



MEN'S RETREAT. The Saint Martin of Tours' Knights of Columbus and That Man is You Group are inviting all men to an all-day **Lenten Retreat**. Come and join us and get yourself ready for **Holy Week with a spiritual journey** on **March 20, 2024** at Prince of Peace Abbey, 650 Benet Hill Rd., Oceanside 92058. We will carpool and will meet at Saint Martin of Tours parking lot at 8am. Retreat will start at 9am to 6pm. Fee is \$30 and includes lunch. RSVP by March 12. Money will be collected at time of reservation. Please RSVP to: Grand Knight Chris Warner at gkchriswarner14550@gmail.com or at 619.884.0532. Agenda will be sent at time of your RSVP.



PRAY THE ROSARY WITH US

@ 5:30pm
MONDAY THROUGH FRIDAY

Go to Parish website: www.stmartinoftoursparish.org

CELEBRATE SAINT PATRICK'S DAY!

St. Martin of Tours Academy's Third Grade will be selling baked goods and St. Patrick's Day-themed treats on Sunday, March 17, 2024. The money raised will help our third-grade teacher, Ms. Pinamont, provide class necessities and school supplies to help our students succeed. Please visit Barry Hall for sweets and happy smiles to make this the best St. Patrick's Day ever!

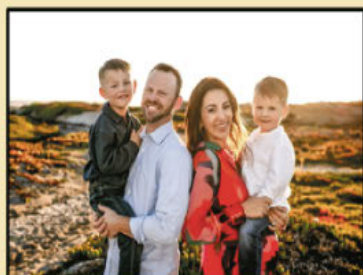


U.S. Dept. of Education Green Ribbon School 2022
stmartinacademy.org
 March 10, 2024

SPARTAN Highlights!

ACADEMIC JUNIOR HIGH DECATHLON

It was an outstanding day for our SMA decathletes who competed all day at the St. Augustine gym. They did very well especially scoring 9 out of 10 in the Super quiz Literature.



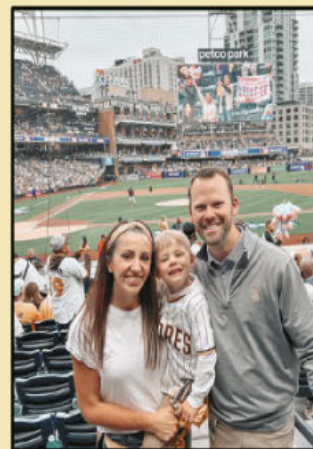
ALUMNI UPDATE! Eddie Quinn • Class of 2001

St. Martin Academy was an influential part of my upbringing. I look back at my time at SMA and think about the life-long friendships I formed, the extracurricular activities, including an 8th grade soccer championship, and the educational foundation of Workshop Way® that helped form me into the person I am today.


After SMA I attended St. Augustine High School and was a member of the soccer and track and field teams. I thoroughly enjoyed my *Saints Experience* and the relationships I made along the way. However it was many SMA friends that remained the closest and still do to this day. It was also during high school that I started a part-time job working for the San Diego Padres as a Fan Services Representative. Little did I know that part-time job would lead to an eventual career.

I attended the University of Oregon (Go Ducks) and have extremely fond memories of my time in Eugene. Although significantly larger, the same sense of community I felt at SMA and Saints, I found at the University of Oregon. After graduating in 2009 I started in a full-time capacity with the Padres as an Inside Sales Representative. Over the course of the last 15 years I have worked in the Ticketing and Corporate Partnerships Departments and currently serve as the Vice President of Partnership Services, helping oversee the service, activation and retention of Padres sponsorship partners.

I am blessed to have an amazing wife, Katelyn who I met in high school while she was at OLP. We have two sons, Kip and Tate and a third son due in March to add to the fun. My kids attend parochial school and I take great pride in knowing the values being instilled in them are the same values I was fortunate to have received at SMA.



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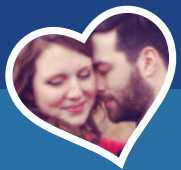
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