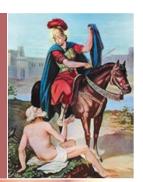


Saint Martin of Tours Catholic Church "A Century of Blessings 1921 - 2021"

7710 El Cajon Boulevard, La Mesa, CA 91942 stmartinoftoursparish.org Phone 619.465.5334 - Fax 619.465.7297 Email: info@saintmartinoftours.cc



MASS SCHEDULE

SATURDAY: 5:00pm (Vigil) SUNDAY: 7:00am, 9:00am, 11:00am and 5:00pm Mass

DAILY MASS:

Monday through Friday: 8:30am Rosary before Mass: at 8:00am

CONFESSIONS: Friday (5:00pm - 6:00pm) ADORATION: Friday (7:00pm - 8:30pm) First Friday (9:00am to 12:00pm)

OFFICE HOURS:

MONDAY through FRIDAY: 8:30 am- 4:30 pm Closed for Lunch: 12:00 pm - 1:00pm

SAINT MARTIN ACADEMY

Principal: Jennifer Miller 619.466.3241
Web: stmartinacademy.org

Email: info51@stmartinacademy.org
Preschool through 8th Grade



3rd SUNDAY OF LENT

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." - Jn 4:10

Excerpts from the Lectionary for Mass #2001, 1996, 1970 CCD

ELF

WELCOME!

We warmly welcome all visitors to our parish, the heart of our Catholic faith-life in La Mesa since 1921. Thank you for joining us for Divine Worship. We hope you will find ways to participate in and support our parish life and mission by sharing your time, talent and treasure.

If you have been coming here but are not registered or if you just moved into the area, we invite you to join us as a member of our parish family, using the registration form below or stopping by the Parish Office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially Baptism or Marriage, as well as eligibility to serve as godparents or sponsors.

	REGISTRATION FORM FOR "NEW" PARISHIONERS Your Information: (Please cut and drop in offering basket)	
Name	Home Phone	
.Street Address	Daytime Phone	
City, State & Zip	email:	
(this regis	tration will be followed by a telephone call to obtain more information)	

3rd Sunday of Lent Page 2

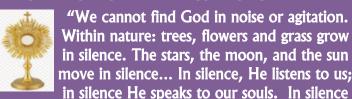
WELCOME TO SAINT MARTIN OF TOURS CATHOLIC FAITH COMMUNITY

We invite you to be a "Sharing Member".

Register, Participate, and

Share your Gifts and Talents.

ADORATION OF THE BLESSED SACRAMENT



we are granted the privilege of listening to His voice.
Silence of our eyes. Silence of our ears. Silence of our
minds... In the silence of the heart,
God will speak."

Saint Mother Theresa of Calcutta.

The Children's Chapel is open Monday to Friday, from 10am to 3pm, for personal prayer and meditation before the Blessed Sacrament in the Tabernacle. Also, we will continue to gather in the Church every Friday from 7pm to closing with benediction at 830pm.

Everyone is invited and welcome to stay as long as time allows.

SUNDAY READINGS

First Reading: In those days, God delivered all these commandments: "I, the LORD am your God, who brought you out of the land of Egypt, that place of slavery. You shall not have other gods besides me." (Ex 20:1-3). Psalm: Lord, you have the words of everlasting life. (Ps 19). Second Reading: We proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are called, Jews and Greeks alike, Christ the power of God and the wisdom of God. (1 Cor 1:23-24). Gospel: Jesus answered and said to them, "Destroy this temple and in three days I will raise it up." (Jn 2:19). Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

WEEKLY READINGS

Monday: 2 Kgs 5:1-15/Ps 42:2, 3; 43:3,4/Lk 4:24-30 Tuesday: Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/

Mt 18:21-35

Wednesday: Dt 4-9/Ps 147/Mt 5:17-19 Thursday: Jer 7:23-28/Ps 95/Lk 11:14-23 Friday: Hos 14:2-10/Ps 81/Mk 12:28-34 Saturday: Hos 6:1-6/Ps 51/Lk 18:9-14

Sunday: 2 Chr 36:14-23/Ps 137/Eph 2:4-10/Jn 3:14-21



Third Sunday of Lent
March 3, 2024
Psalm 95



THE YEAR OF EUCHARISTIC REVIVAL

Bread and Wine

In the last article, we spoke about the words of thanks that we give for the bread and wine that is brought up to the altar. But does it have to be bread and wine? Of course we know that during the Last Supper, Jesus used these gifts to be transformed to the Body and Blood of Christ, but if we were in a place where bread or wine was scarce? Would it be possible to use rice and grape juice, for instance? Plainly said, the Catholic Church never felt authorized to modify what it received from the Lord himself, for it to solely be bread and wine. In fact, when missionaries went to new places, they often brought wheat and grape seedlings to be grown locally.

Does the bread have to be unleavened? This is done to keep in mind the bread which Jesus used, which would have been unleavened bread during the Passover ritual, made only of flour and water. One might be interested in knowing that in the early Latin Church as well as currently in Eastern Rite Catholic and Eastern Orthodox Churches leavened bread is used for the Eucharist.

The wine must be natural, made from grapes of the vine, and not corrupt (meaning that it has soured or become vinegar). We thank God for these gifts which may seem so commonplace, but will truly become our spiritual nourishment within the Mass.

Visit: www.eucharisticrevival.org

Rev. Chris Bongato
Parochial Vicar
St Martin of Tours Parish
7710 El Cajon Blvd
La Mesa, CA 91942
(619) 465-5334

March 3, 2024 Page 3

	PRAY FOR OUR PRIESTS MARCH 3-10, 2024					
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
3 Bishop Ramon Bejarano	4 Bishop Michael Pham	5 Bishop Felipe Pulido	6 Rev. Niranjan Kanmury	7 Rev. John Keller, OSA	8 Rev. Ronald Kelso, SSC	9 Rev. William Kernan

Prepare Your Hearts

(Parish Spiritual Activities and Programs during Lent)

Spiritual Activities

- Stations of The Cross (every Friday @ 9:00 am and 6:45 pm)
- Sacrament of Reconciliation/Confession (every Friday from 5:00 pm to 6:00 pm)
- Parish Penance Service March 4 @ 7:00 pm
- Holy Hour/Adoration/Exposition of the Blessed Sacrament First Friday (9:30 am to 12:00 pm)
 Every Friday (7:00 pm to 8:15 pm)

Lenten Programs

Respect

- Lenten PRESENTATION/TALKS/FRIDAY Meatless Dinner
 Every Friday @ 5:00pm beginning on February 16 to March 22
 (Check bulletin and parish website for schedule)
- Best Lent Ever "40 Days of Eucharistic Consecration"
 Sign up on-line and you will receive a short, free video every day from Matthew Kelly full of profound spiritual insight and intensely practical ways to apply consecration to your life.
 (www.dynamiccatholic.com/lent)

(Check bulletin board and parish bulletin for more information)

"Rend your hearts and not your garments. Return to the Lord." (Joel 2: 13)

PRAY TO END ABORTION FEBRUARY 14 THROUGH MARCH 24

Help save lives! Join the over One Million Prayer Warriors from February 14 through March 24, who have saved thousands of lives in "40 Days for Life" a 40 Day Campaign devoted to prayer and fasting with the hope to end abortion. We welcome you to join the 12 hour vigil at Sarah Weddington Planned Parenthood, 4575 College Ave., San Diego. www.40DaysForLife.com/sandiegocollegeavenue, or call Kathy Myers at 619.905.7731 at: rs.kathy37@gmail.com, to get involved.

CONTRIBUTION STATEMENTS FOR 2023

To receive a statement of your contributions for 2023, please call the Parish Office at 619.465.5334 or email:

dorac@saintmartinoftours.cc to request it.



Next weekend, Saturday and Sunday,

March 10 and 11, has been designated
for the 2024 Annual Lenten Collection.

Special envelopes will be available for the

collection, which supports the works of Catholic Relief Services, the Church in Africa and the Church in Latin America. Please prepare to respond generously to this worthwhile collection.

ENVIRONMENT MINISTRY NEEDS YOUR ASSISTANCE

Lent/Easter decoration schedule:

-March 16, Sat 8:30am, put up big cross & cover statues

-March 23, Sat 8:30am, Palm Sunday decor; red linens, etc.

-March 24, after 5:00pm Sun Mass, remove Palm Sunday decor

-March 27, after Wed 8:30am Mass, Holy Thursday decor & Feet Washing preparation

Altar of Repose (flowers, candles, tabernacle, curtains, spotlights)

Feet Washing (chairs, bowls, towels, pitchers)

-March 28, Thurs during 7:00pm Mass/after Feet Washing, stack chairs in alcoves, remove all other items to storage upstairs; after Mass remove and store all remaining items from Thursday Mass

-March 29, Fri 9:00am; remove all items from Altar of Repose; store upstairs or in back sacristy. Stations of the Cross, put banners on banner poles and place around church grounds; put out books; get cross & PA system

-March 29, Fri 1:00pm remove all items from Stations of the Cross and take to storage

Prepare for 3:00pm mass

-March 29, Fri after 3:00pm mass, prepare for Tenebrae Service; candle holders in place, lighting in place, decor in place; After mass, remove Tenebrae items & store.

-March 30, 8:00am, Easter decor & flowers; put up baptismal font, ledge banners, Easter wreaths & topiaries; all Easter décor.

Prepare for Easter Vigil; fire ready, candles ready, etc. Mass items ready

-May 18, 9:00am (Sat); remove all Easter décor.

3rd Sunday of Lent Page 4



Walking with Jesus through Lent

Faith Formation classes 3/3, 3/10 Step Out, 3/17, 3/24

Sacramental Preparation

October - April

Saint Martin of Tours

Middle School Youth Group
March

4th: Stations Practice

8th: Blessings Bags Service Project

at OLG

11th: Stations Practice 18th: Stations Practice

22nd: Youth Stations of the Cross 28th: Mass of the Lord's Supper

31st: Easter Sunday!



For more information, please contact Helen Deen at helend@saintmartinoftours.cc



0.C.I.A.

"Order of Christian Initiation for Adults"

Interested in becoming Catholic O.C.I.A. is the process by which adults enter the Catholic Church.

If you or anyone you know is interested in becoming Catholic, completing Sacraments or learning more about the Catholic Faith, this is the process for you.

This is a spiritual journey, led by the Holy Spirit, which can lead to Full Initiation into the Catholic Church through Baptism, Confirmation and Eucharist. It is also, a way to learn more about the Catholic Faith. One of the goals is to develop a personal relationship with God, accomplished through prayer, scripture and worship.

Everyone is welcome to join us on Tuesdays at 7pm in Barry Hall. March 5 topic is: The Creed.

If you would like to be part of this Faith Journey to become Catholic, or to help facilitate the Journey, please contact Christine Davis at

chris@saintmartinoftours.cc or 619.465.5334.

Saint Martin of Tours High School Youth Ministry Marich

3rd: Mass at SMOT

Youth Group at St Kieran's 6:30-8:30

(Permission slip required)

10th: Mass and Youth Group

15th- 17th: High School Retreat

17th: No Youth Group

22nd: Youth Stations of the Cross

24th: Mass and Youth Group

28th: Mass of the Lord's Supper

31st: Easter Sunday!

Praying.

Fasting.

Almsgiving.

For more information please contact Helen Deen at helend@saintmartinoftours.cc March 3, 2024 Page 5

Masses For The Week



March 3 - 10, 2024

Sat 5:00pm David Kissel†

Sun 7:00am Joann Seal-Blessings+

9:00am Martha, James & Helen La Rue†

11:00am Sylvia Ivanovich†

5:00pm Mass for the People

Mon 8:30am Sylvia Ivanovich†

Tue 8:30am Sylvia Ivanovich†

Wed 8:30am Frank Sardina†

Thurs 8:30am Dale Johnson†

Fri 8:30am Francis Gonongo†

Sat 5:00pm Jeanette Ramos-Healing

Sun 7:00am Ernest "Ernie" Mekenas†

9:00am Mass for the People

11:00am Dila Terrazas†

5:00pm Alex Sapian†

Remember in your Prayers... All expectant Mothers, Mary Kahn, Phyllis Trujillo, Judy Haas, Mary Jane Blas, Ann Randazzo, Francisco Babauta, Sherry Warner, Lidu Camacho, Frank Hebert, Fr. Ignatius Kissell, O.S.M., Nadia Clayton, Jill Meyer, Joe & Doris Garrido, Stella Agbogun, Raymond Wilson, MeghanBeth Reynolds, Blanche Stetlear, Erin Heneghan, Fr. Jim Poulsen, Bobby Laminen, Margaret Laminen, Sergio Toscano, Lizette Torres, Berta Villanueva, Teresa Climaco Pantig, Lissa Barber. Miguel & Martha Soto, Ricardo & Consuelo Soto, Walter "Chino" & Delia Urteaga, Shuk Family, Dave Sheppard, Andrew Dietsch, Don Rakestraw, Dora Castaneda, Diana Houze, Rita Bongard, Maria Murrieta, Cindy Mendez, Tanya Mendez-Smith, Joseph Green Gonzalez, Vincent lagmin, Larry Smith, and healing for all suffering from Covid-19... may they find joy in the healing love of Christ.

Names will remain listed for four weeks.

Please call the Parish Office at 619.465.5334

or email: info@saintmartinoftours.cc

delete names on the list.

CLERGY

Rev. Elmer Mandac, Pastor Rev. Christopher Bongato, Assoc. Pastor Deacon Allen Rosker

Rev. Alex Aquino (Supply Priest - Retired)
Rev. Jim Poulsen (Supply Priest - Retired)

SACRAMENTS & MINISTRIES updated 01/24

ALTAR SERVERS: Jaime Paredes, Coordinator 619-581-0686 Email: STMARTINALTARSERVERS2023@gmail.com

BAPTISM: Call Parish Office 619-465-5334 (Pre-baptism seminar required) **BEREAVEMENT MINISTRY:** Elvira Medina, Coordinator 619-465-5334 or Email: elvira@saintmartinoftours.cc (in office Mon/Tue/Fri)

BIBLE STUDY: Deacon Al Rosker, Coordinator 619-851-8578 Saturday 9:30am-11:00am Barry Hall

Thursday 6:30pm-8:00pm are on Zoom

Jeff Seaman-Leader, jkseam@outlook.com

BUILD-A-MIRACLE: Jerry & MaryJo Crouch, Coordinators

Email: jcrouch566@cox.net

CATHOLIC IN RECOVERY (Men's Lust Recovery): Pete Lesniewski,

Coordinator 847-917-5379 or

Email: Peter.Lesniewski24@gmail.com

COMMUNITY GARDEN: Anne Pacheco, Coordinator 619-466-3241 CONFIRMATION: Helen Deen, Youth Ministry Director

619-465-5334 or Email: helend@saintmartinoftours.cc

CULTURE OF LIFE: Cheri Hubka Sparhawk, Coordinator 619-459-3002

EUCHARIST to the HOMEBOUND:

Deacon Al Rosker, Coordinator 619-465-5334

EUCHARISTIC MINISTERS: Toni Dimuzio, Coordinator 619-286-1877 or Email: ajdimuzio@cox.net

FAITH FORMATION: Lisa Zickert, Director 619-465-5334 or

Email: lisaz@saintmartinoftours.cc (Ages: 4y—6th Grade)

FOOD ASSISTANCE: Richard Zasueta, Coordinator

619-726-7618 OPEN TUE-THU 10:00am-12:00pm

KNIGHTS COLUMBUS: Chris Warner, Grand Knight 619-884-0532

Email: gkchriswarner14550@gmail.com

LECTORS: Donna Tripi, Coordinator Email: tripidonna@gmail.com

MEN'S MINISTRY: Chris Bartel, Coordinator -That Man is You

619-971-7321 or Email: chrisbartelfenway@outlook.com

MUSIC MINISTRY: Frances Cavanaugh, Choir Director

619-490-9062 or Email: stmartinoftourschoir@gmail.com Saturday 5:00pm with Cantor & Organist

Sunday 9:00am & 11:00am with Cantor & Organist

OCIA (Order of Christian Initiation for Adults)

OCIC (Order of Christian Initiation for Children)

Christine Davis, Director 619-465-5334, ext# 307

or Email: chris@saintmartinoftours.cc

SACRAMENTAL PREPARATION FOR FIRST EUCHARIST and RECONCILIATION:

Lisa Zickert, Faith Formation Director 619-465-5334 or Email: lisaz@saintmartinoftours.cc

SCOUTS BSA (Cubs and Troop 51): Mitzi Elsten

619-889-6003 or Email: jointroop51lamesa@gmail.com

WEDDINGS: Parish Office at 619-465-5334

WOMEN OF FAITH: MaryMargaret Kissel, Coordinator

619-698-4845

WOMEN'S MINISTRY: Lisa Zickert, Coordinator Walking With Purpose 619-465-5334 or Email: lisaz@saintmartinoftours.cc

YOUNG ADULTS: Helen Deen, Director 619-465-5334

Email: helend@saintmartinoftours.cc

YOUTH MINISTRY: Helen Deen, Director 619-465-5334

Email: helend@saintmartinoftours.cc Junior High (7th and 8th Grade) High School (9th and 12th Grade)



3rd Sunday of Lent Page 6

2024 LENTEN PENANCE SERVICES					
St. Martin of Tours, La Mesa	4-March- 24	7:00 PM			
St. Therese, San Diego	6- March-24	7:00 PM			
St. Pius X, Jamul	7-March-24	7:00 PM			
Our Lady of Perpetual Help, Lakeside	11-March-24	10:00 AM			
Our Lady of Perpetual Help, Lakeside	11-March-24	7:00 PM			
Holy Trinity, El Cajon	12-March-24	7:00 PM			
St. Luke, El Cajon	14-March-24	7:00 PM			
Guardian Angels, Santee	11-March-24	7:00 PM			
Our Lady of Grace, El Cajon	20-March-24	7:00 PM			

SAINT MARTIN'S BIBLE STUDY GROUPS

All are invited to join us as we start our next topic, Scripture and the Rosary, beginning February 17 and 22. The rosary has long held a central place in the prayer lives of Catholics. At the heart of this popular form of prayer is an invitation to focus our minds and hearts on the life, death and resurrection of Jesus Christ, Son of God and Son of Mary. Through an illuminating analysis of all the relevant biblical texts, Scripture and the Rosary provides a trustworthy guide for deepening our understanding and appreciation of key events in the lives of Jesus and Mary, reflected in each set of mysteries: Joyful, Luminous, Sorrowful, and Glorious.

So, instead of giving up chocolates this year, you are invited to join one of our amazing Bible Study groups and make this your best Lenten Season ever!

Saturday in person in Parish Hall from 9:30am to 11am. Thursday via Zoom from 6:30pm to 8:00pm Please contact Deacon Al at 619-465-5334, for more information and to sign up.



STATIONS OF THE CROSS

Every Friday of Lent at:
9am (after the 830am Mass) and at 6:45pm
Note: Friday's of Lent are days of abstinence.



PRAY THE ROSARY WITH US

@ 5:30pm MONDAY THROUGH FRIDAY

Go to the Parish website: www.stmartinoftoursparish.org

EASTER SEASON FLOWERS! If you would like to have spring flowers placed in the Church, during the Easter Season, In Memory of or In Honor of a family member or friend, please complete the Easter flower envelope enclosed in your monthly offering envelopes. Donation is \$15 for each name. Please have all requests in by Monday, March 25.

SAN DIEGO YOUNG ADULT AND ADULT COMMUNITY

Please go to www.sandiegocac.org, to learn more about activities and a social network for adult Catholics: College Age, Young Adults: 20s & 30s, Adults: 40s & 50s and Active Adults 60+.



MEN'S RETREAT

The Saint Martin of Tours' Knights of Columbus and That Man is You Group are inviting all men to an all-day Lenten Retreat. Come and join us and get yourself ready for

Holy Week with a spiritual journey on March 20, 2024 at Prince of Peace Abbey, 650 Benet Hill Rd., Oceanside 92058. We will carpool and will meet at Saint Martin of Tours parking lot at 8am. Retreat will start at 9am to 6pm. Fee is \$30 and includes lunch. RSVP by March 12. Money will be collected at time of reservation. Please RSVP to:

Grand Knight Chris Warner at

gkchriswarner14550@gmail.com or at 619.884.0532. Agenda will be sent at time of your RSVP.



American Red Cross Blood Drive Knights of Columbus Council 14550

St. Martin of Tours Catholic Church Parish 7710 El Cajon Blvd La Mesa, CA 91942

> Sunday, March 10, 2024 8:00 a.m. to 2:00 p.m.

To schedule your appointment, please log on to RedCrossBlood.org and enter sponsor code: Post14550

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.



Come to give March 1-24 for a \$10 e-gift card to a pet supply merchant of choice! Give blood, treat your pet & make a paw-sitive impact this spring. PLUS automatically be entered for a chance to win a \$3K gift card (5 winners!)! Terms: reblood.org/ Pets.



If you or someone you know has been sexually abused or victim of misconduct, by a member of the clergy, an employee or volunteer in the Diocese of San Diego, please report to the diocesan: Victim Assistance Coordinator, Mary Acosta, at 858.590.8353 or misconduct@sdcatholic.org.

rch 3, 2024	7:0 9:0 5:0	7:0 9:0 9:0 5:0 5:0	7:0 9:0 Sc : 11:	7:0 9:0 9:0 5:0		Pag
31 Easter Sunday 7:00 – Fr. Chris 9:00 – Fr. Elmer 11:00 – Fr. Jim	24 Palm Sunday 7:00 – Fr. Elmer 9:00 – Fr. Chris 11:00 – Fr. Elmer 5:00 – Fr. Alex	17 5th Sunday of Lent 7:00 – Fr. Elmer 9:00 – Fr. Elmer (academy sponsored mass) 11:00 – Fr. Chris 5:00 – Fr. Chris Deacon Preaches	10 4th Sunday of Lent 7:00 – Fr. Chris 9:00 – Fr. Elmer (2 nd Scrutiny) 11:00 – Fr. Chris 5:00 – Fr. Elmer	3 3rd Sunday of Lent 7:00 – Fr. Jim 9:00 – Fr. Chris 11:00 – Fr. Elmer (1st Scrutinty 5:00 – Fr. Alex		Sun
P	25 8:30 – Fr. Chris	18 8:30 – Fr. Elmer	11 8:30 – Fr. Chris	8:30 – Fr. Elmer 7:00 pm - Parish Penance Service		Mon
	26 8:30 – Fr. Elmer	19 8:30 -Fr. Elmer	12 8:30 – Fr. Jim	5 8:30 – Fr. Chris		Tue
	27 8:30 – Fr. Alex	20 8:30 – Fr. Jim	13 8:30 – Fr. Elmer	6 8:30 – Fr. Elmer		Wed
	28 Holy Thursday 7:00 – Mass of the Lord's Supper (Fr. Elmer, Fr. Chris, Deacon Al)	21 8:30 – Fr. Chris	14 8:30 – Fr. Alex	7 8:30 - Fr. Chris		Thu
	29 Good Friday 12:00 Stations of the Cross (Dcn. AI) 3:00 – Fr. Chris 7:00 – Fr. Elmer	8:30 – Fr. Elmer 8:30 – Fr. Elmer Stations of the Cross– 9:00am & 6:45 pm 5:00 – 6:00 Confessions – Fr. Elmer & Fr. Chris	8:30 – Fr. Chris 8:30 – Fr. Chris Stations of the Cross– 9:00am & 6:45 pm 5:00 – 6:00 Confessions – Fr. Elmer	- Fr. Elmer ns of the Cross- 9:00am 5 pm - 6:00 Confessions - Fr.	1 First Friday 8:30 – Fr. Chris Stations of the Cross– 9:00am & 6:45 pm 9:30 to 12:00 – Adoration 5:00 – 6:00 Confessions – Fr. Chris	Fri
	30 Easter Vigil 8:00 – Fr. Elmer	23 5:00 – Fr. Chris	16 5:00 - Fr. Elmer (3 rd Scrutiny) Deacon Preaches	9 5:00 – Fr. Chris	5:00 – Fr. Elmer	Sat



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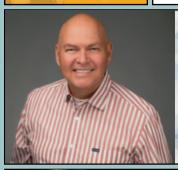
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