

Saint Martin of Tours Catholic Church "A Century of Blessings 1921 - 2021"

7710 El Cajon Boulevard, La Mesa, CA 91942 stmartinoftoursparish.org Phone 619.465.5334 - Fax 619.465.7297 Email: info@saintmartinoftours.cc



MASS SCHEDULE

SATURDAY: 5:00pm (Vigil) SUNDAY: 7:00am, 9:00am, 11:00am and 5:00pm Mass

DAILY MASS:

Monday through Friday: 8:30am Rosary before Mass: at 8:00am

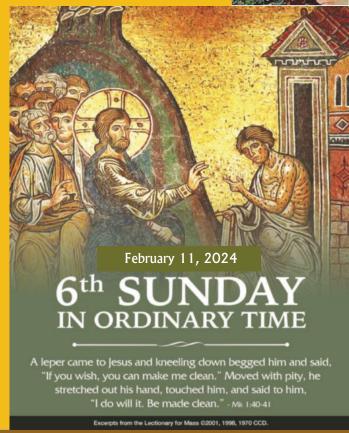
CONFESSIONS: Friday (5:00pm - 6:00pm) ADORATION: Friday (7:00pm - 8:30pm) First Friday (9:00am to 12:00pm)

OFFICE HOURS:

MONDAY through FRIDAY: 8:30 am- 4:30 pm Closed for Lunch: 12:00 pm - 1:00pm

SAINT MARTIN ACADEMY

Principal: Jennifer Miller 619.466.3241
Web: stmartinacademy.org
Email: info51@stmartinacademy.org
Preschool through 8th Grade



WELCOME!

We warmly welcome all visitors to our parish, the heart of our Catholic faith-life in La Mesa since 1921. Thank you for joining us for Divine Worship. We hope you will find ways to participate in and support our parish life and mission by sharing your time, talent and treasure.

If you have been coming here but are not registered or if you just moved into the area, we invite you to join us as a member of our parish family, using the registration form below or stopping by the Parish Office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially Baptism or Marriage, as well as eligibility to serve as godparents or sponsors.

	REGISTRATION FORM FOR "NEW" PARISHIONERS Your Information: (Please cut and drop in offering basket)	
Name	Home Phone	
.Street Address	Daytime Phone	
City, State & Zip	email:	
(this regis	tration will be followed by a telephone call to obtain more information)	

WELCOME TO SAINT MARTIN OF TOURS CATHOLIC FAITH COMMUNITY

We invite you to be a "Sharing Member".

Register, Participate, and

Share your Gifts and Talents.

ADORATION OF THE BLESSED SACRAMENT



"We cannot find God in noise or agitation. Within nature: trees, flowers and grass grow in silence. The stars, the moon, and the sun move in silence... In silence, He listens to us;

in silence He speaks to our souls. In silence we are granted the privilege of listening to His voice. Silence of our eyes. Silence of our ears. Silence of our minds... In the silence of the heart,

God will speak."

Saint Mother Theresa of Calcutta.

The Children's Chapel is open Monday to Friday, from 10am to 3pm, for personal prayer and meditation before the Blessed Sacrament in the Tabernacle. Also, we will continue to gather in the Church every Friday from 7pm to closing with benediction at 830pm.

Everyone is invited and welcome to stay as long as time allows.

SUNDAY READINGS

First Reading:: "As long as the sore is on him he shall declare himself unclean, since he is in fact unclean. He shall dwell apart, making his abode outside the camp." (Lv 13:8) Psalm: I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation. (Ps 32) Second Reading: Whether you eat or drink, or whatever you do, do everything for the glory of God. (1Cor 10:31) Gospel: Moved with pity, he stretched out his hand, touched him, and said to him, "I do will it. Be made clean." The leprosy left him immediately, and he was made clean. (Mk 1:41-42). The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

WEEKLY READINGS

Monday: Jas 1:1-11/Ps 119/Mk 8:11-13 **Tuesday:** Jas 1:12-18/Ps 94/Mk 8:14-21

Wednesday: JI 2:12-18/2 Cor 5:20-6:2/Ps 51/Mt 6:1-18

Thursday: Dt 30:15-20/Ps 1/Lk 9:22-25 **Friday:** Is 58:1-9/Ps 51/Mt 9:14-15 **Saturday:** Is 58:9-14/Ps 86/Lk 5:27-32

Sunday: Gn 9:8-15/Ps 25/1 Pt 3:18-22/Mk 1:12-15

6th Sunday in Ordinary Time February 4, 2024

I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation. (Psalm 32)



THE YEAR OF EUCHARISTIC REVIVAL

Altar Set up

What are some things that one may notice are put on the altar as we prepare for the Liturgy of the Eucharist here at St. Martin of Tours and all Catholic Churches?

The first thing that one may notice is the **Roman Missal.** This book contains the prayers of the Mass and the rubrics for how a Mass is to be said. If one were to take a look into a Missal, one would see there are words in black and red ink. The words in black show which words the priest says and words in red are instructions for the priest on what to do.

The next couple of items are usually brought up together. These would be the **Chalice, Corporal, Purificator, Paten, and Ciborium, and Pall.**

The **Chalice** is the special cup made out of precious metal which will be used to honor Jesus who is truly made present there in his most precious Body and Blood. The **Corporal** is a square white cloth placed on the altar. The meaning of the word comes from the word meaning body. On this cloth the Body and Blood of Christ is made present and is there to make sure no fragment of the Eucharist is lost. The **Paten** is a small plate that is also gold-plated or silver plated which is used for the large host which the priest holds up during the Eucharistic Prayer. One may also notice the **Ciborium** which contains the smaller hosts used to distribute the Body of Christ and also are containers to hold the Eucharist in the tabernacle.

The **purificator** is the white cloth that is used to wipe the rim and the inside of the chalice. Lastly, the pall is the square white cloth stiffened with cardboard that is used to cover the chalice. This is to help prevent dust or insects from getting into the chalice.

At the next mass that you attend, I hope you are able to see the significance of these articles used in the mass.

Visit: www.eucharisticrevival.org

Rev. Chris Bongato
Parochial Vicar
St Martin of Tours Parish
7710 El Cajon Blvd
La Mesa, CA 91942
(619) 465-5334

February 11, 2024 Page 3

PRAY FOR OUR PRIESTS - February 11 - 17, 2024									
Sun	Mon	Tue	Wed	Thurs	Fri	Sat			
11 Rev. William Gold	12 Rev. Gerardo Gomez-Zapien	13 Rev. Hily Gonzales, CS	14 Rev. Michael Guinan, OFM	15 Rev. Manuel Gutierrez Del Toro	16 Rev. Brian Hayes	17 Rev. Ronald Hebert			

ASH WEDNESDAY

February 14th is Ash Wednesday.

This is not a Holy Day of Obligation, however, it is a day of fast and abstinence.

Masses and Distribution of Ashes will be: 8:30am 12:00pm & 6:00pm

FAST & ABSTINENCE

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from ages 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill, including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. In all cases, common sense should prevail, and ill persons should not further jeopardize their health by fasting.

STATIONS OF THE CROSS

Every Friday of Lent at: 9am (after the 830am Mass) and at 6:45pm

> Reminder: Friday's of Lent are days of abstinence



PRAY THE ROSARY WITH US

At 5:30pm MONDAY THROUGH FRIDAY

Go tp the Parish website: Www.stmartinoftoursparish.org

NEW LIFE IN OUR PARISH

Amy Nadine Houze Daughter of

1esse & Denisse Houze

was baptized on February 11, 2024

We lovingly welcome this newest member into our parish family.



All are invited to join us as we start our next topic, Scripture and the Rosary, beginning February 17 and 22. The rosary has long held a central place in the prayer lives of Catholics. At the heart of this popular form of prayer is an invitation to focus our minds and hearts on the life, death and resurrection of Jesus Christ, Son of God and Son of Mary. Through an illuminating analysis of all the relevant biblical texts, Scripture and the Rosary provides a trustworthy guide for deepening our understanding and appreciation of key events in the lives of Jesus and Mary, reflected in each set of mysteries: Joyful, Luminous, Sorrowful, and Glorious.

So, instead of giving up chocolates this year, you are invited to join one of our amazing Bible Study groups and make this your best Lenten Season ever!

Saturday in person in Parish Hall from 9:30am to 11am. Thursday Eve via Zoom 6:30pm to 8:00pm Please contact Deacon Al at 619-465-5334, for more information and to sign up.



PRAY TO END ABORTION FEBRUARY 14 THROUGH MARCH 24 Help save lives! Join the over One Million Prayer Warriors from February 14 through

March 24, who have saved thousands of llives in "40 Days for Life" a 40 Day Campaign devoted to prayer and fasting with the hopes to end abortion. We welcome you to join the 12 hour vigil at Sarah Weddington Planned Parenthood, 4575 College Ave., San Diego. www.40DaysForLife.com/sandiegocollegeavenue, or call Kathy Myers at 619.905.7731 or email her at: Myers.kathy37@gmail.com, to get involved.

Families & Children

Prepare for Lent

Prayer · Fasting · Almsgiving



Faith Formation Classes

2/4, 2/11 Children's Liturgy, 2/25

Sacramental Preparation

Congratulations to all the children who made their First Reconciliation ... we ask for prayers for their continued preparations for the Sacrament of Holy Communion

Contact: lisaz@saintmartinoftours.cc

Saint Martin of Tours
High School Youth Group

February 2024

SUN., FEB., 04: MASS AND YOUTH GROUP

SAT., FEB. 10: SERVICE PROJECT OPPORTUNITY

WED., FEB. 14: ASH WEDNESDAY!

SUN., FEB. 25: MASS AND YOUTH GROUP

MON-WED, FEB. 26-28: PARISH LENTEN MISSION

For more information or to register, please contact Helen Deen at helend@saintmartinoftours.cc



0.C.I.A.

"Order of Christian Initiation for Adults"
Interested in becoming Catholic O.C.I.A. is the process by which adults enter the Catholic Church.

If you or anyone you know is interested in becoming Catholic, completing Sacraments or learning more about the Catholic Faith, this is the process for you.

This is a spiritual journey, led by the Holy Spirit, which can lead to Full Initiation into the Catholic Church through Baptism, Confirmation and Eucharist. It is also, a way to learn more about the Catholic Faith. One of the goals is to develop a personal relationship with God, accomplished through prayer, scripture and worship.

Everyone is welcome to join us on Tuesdays at 7pm in Barry Hall. February 13 topic is: Mardi Gras/Spring Break; Wednesday, February 14: Ash Wednesday.

If you would like to be part of this Faith Journey to become Catholic, or to help facilitate the Journey, please contact Christine Davis at

chris@saintmartinoftours.cc or 619.465.5334.

Saint Martin of Tours
Middle School Youth Group
February 2024

SAT., FEB. 03: MIDDLE SCHOOL YOUTH DAY

FRI., FEB. 09: ESCAPE GATHERING AT ST. LUKES

SAT., FEB. 10: SERVICE PROJECT OPPORTUNITY

MON., FEB. 12: YOUTH GROUP

WED., FEB. 14: ASH WEDNESDAY!

MON-WED, FEB. 26-28: PARISH LENTEN

For more information or to register, please contact Helen Deen at helend@saintmartinoftours.cc February 11, 2024 Page 5

Masses For The Week

February 11-18, 2024

Sat 5:00pm Pavlovich-Sargeant Family-

Blessings

Sun 7:00am Mass for the People

9:00am Academy & FF Blessings

11:00am Nadia Clayton-Healing

5:00pm Raquel Ramirez†

Mon 8:30am Joseph Giamarinaro†

Tue 8:30am Protection of the Unborn

Wed 8:30am Dila Terrazas†

12:00pm Ramiro & Tanya Frausto -

10th Wedding Anniversary

6:00pm Katy Frausto†

Thurs 8:30am Miriam Lymmes†

Fri 8:30am Alejandro Pobre Duque†

Sat 5:00pm Helen Wolfe+

Sun 7:00am Ralph Ghannam-Blessings

9:00am Mass for the People

11:00am Bernadette Bongato-Birthday

5:00pm Salvador Gallegos†

Remember in your Prayers... All expectant Mothers, Mary Jane Blas, Ann Randazzo, Francisco Babauta, Sherry Warner, Lidu Camacho, Frank Hebert, Fr. Ignatius Kissell, O.S.M., Nadia Clayton, Jill Meyer, Joe & Doris Garrido, Stella Agbogun, Raymond Wilson, MeghanBeth Reynolds, Blanche Stetlear, Erin Heneghan, Fr. Jim Poulsen, Bobby Laminen, Margaret Laminen, Sergio Toscano, Lizette Torres, Berta Villanueva, Teresa Climaco Pantig, Lissa Barber. Miguel & Martha Soto, Ricardo & Consuelo Soto, Walter "Chino" & Delia Urteaga, Shuk Family, Dave Sheppard, Andrew Dietsch, Don Rakestraw, Dora Castaneda, Diana Houze, Rita Bongard, Maria Murrieta, Cindy Mendez, Tanya Mendez-Smith, Joseph Green Gonzalez, Vincent lagmin, Larry Smith, and healing for all suffering from Covid-19... may they find joy in the healing love of Christ.

Names will remain listed for four weeks. Please call the Parish Office at 619.465.5334 or email: info@saintmartinoftours.cc to add or delete names on the list.

CLERGY

Rev. Elmer Mandac, Pastor Rev. Christopher Bongato, Assoc. Pastor Deacon Allen Rosker

Rev. Alex Aguino (Supply Priest - Retired) Rev. Jim Poulsen (Supply Priest - Retired)

SACRAMENTS & MINISTRIES updated 01/24

ALTAR SERVERS: Jaime Paredes, Coordinator 619-581-0686 Email: STMARTINALTARSERVERS2023@gmail.com

BAPTISM: Call Parish Office 619-465-5334 (Pre-baptism seminar required) BEREAVEMENT MINISTRY: Elvira Medina, Coordinator 619-465-5334 or Email: elvira@saintmartinoftours.cc (in office Mon/Tue/Fri)

BIBLE STUDY: Deacon Al Rosker, Coordinator 619-851-8578

Saturday 9:30am-11:00am Barry Hall Thursday 6:30pm-8:00pm are on Zoom

Jeff Seaman-Leader, jkseam@outlook.com

BUILD-A-MIRACLE: Jerry & MaryJo Crouch, Coordinators

Email: jcrouch566@cox.net

CATHOLIC IN RECOVERY (Men's Lust Recovery): Pete Lesniewski,

Coordinator 847-917-5379 or

Email: Peter.Lesniewski24@gmail.com

COMMUNITY GARDEN: Anne Pacheco, Coordinator 619-466-3241

CONFIRMATION: Helen Deen, Youth Ministry Director

619-465-5334 or Email: helend@saintmartinoftours.cc

CULTURE OF LIFE: Cheri Hubka Sparhawk, Coordinator 619-459-3002 **EUCHARIST to the HOMEBOUND:**

Deacon Al Rosker, Coordinator 619-465-5334

EUCHARISTIC MINISTERS: Toni Dimuzio, Coordinator

619-286-1877 or Email: ajdimuzio@cox.net

FAITH FORMATION: Lisa Zickert, Director 619-465-5334 or

Email: lisaz@saintmartinoftours.cc (Ages: 4y—6th Grade)

FOOD ASSISTANCE: Richard Zasueta, Coordinator

619-726-7618 OPEN TUE-THU 10:00am-12:00pm

KNIGHTS of COLUMBUS: Chris Warner, Grand Knight 619-884-0532

Email: gkchriswarner14550@gmail.com

LECTORS: Donna Tripi, Coordinator Email: tripidonna@gmail.com

MEN'S MINISTRY: Chris Bartel, Coordinator -That Man is You

619-971-7321 or Email: chrisbartelfenway@outlook.com

MUSIC MINISTRY: Frances Cavanaugh, Choir Director

619-490-9062 or Email: stmartinoftourschoir@gmail.com

Saturday 5:00pm with Cantor & Organist

Sunday 9:00am & 11:00am with Cantor & Organist

OCIA (Order of Christian Initiation for Adults) OCIC (Order of Christian Initiation for Children)

Christine Davis, Director 619-465-5334, ext# 307

or Email: chris@saintmartinoftours.cc

SACRAMENTAL PREPARATION FOR FIRST EUCHARIST and RECONCILIATION:

Lisa Zickert, Faith Formation Director 619-465-5334 or Email: lisaz@saintmartinoftours.cc

SCOUTS BSA (Cubs and Troop 51): Mitzi Elsten

619-889-6003 or Email: jointroop51lamesa@gmail.com

WEDDINGS: Parish Office at 619-465-5334

WOMEN OF FAITH: MaryMargaret Kissel, Coordinator

619-698-4845

WOMEN'S MINISTRY: Lisa Zickert, Coordinator

Walking With Purpose 619-465-5334

or Email: lisaz@saintmartinoftours.cc

YOUNG ADULTS: Helen Deen, Director 619-465-5334

Email: helend@saintmartinoftours.cc

YOUTH MINISTRY: Helen Deen, Director 619-465-5334

Email: helend@saintmartinoftours.cc

Junior High (7th and 8th Grade) High School (9th and 12th Grade)



ADULT CONFIRMATION

We approach Adult Confirmation preparation as continuing Faith Formation. If you are at least 18 years old, high school graduate. Are practicing your faith and have not been confirmed, this year's Adult Confirmation process will start on Tuesday, February 20 at 7pm in the small meeting room in Food Assistance Room.



Please contact Christine Davis,
OCIA Coordinator at chris@saintmartinoftours.cc

EXPRESSION OF GRATITUDE

During Midnight Mass, our daughter, Quinn Suzuki, who has been an altar server at Saint Martin of Tours Church since third grade, experienced a medical emergency after fainting and hitting the back of her head. We would like to express our deepest gratitude to our fellow parishioners who rushed to Quinn's side at that time: Three nurses, a firefighter and a former EMT lent their support and help without question. It is a testament to the goodness of our Parish community that it went so smoothly from the time of the incident to Quinn's being cleared by the emergency room staff. We also want to thank Rachina and Jason Pontes, who remained by our side from the start to offer professional and personal support. As for Quinn, she wants everyone to know she is doing well and back to normal. God bless you all and, again, thank you.



The IRS will only allow parishioners who itemize their tax returns to deduct their contributions if they can provide a written parish contribution statement or copies of bank records. Unidentified cash contributions can no longer be included in tax returns. Consequently, everyone wishing to deduct their contributions will need to use a parish envelope, a personal check or a direct deposit from the bank. The Parish Office can track the contributions of registered parishioners and produce the require statement for contributions made during 2023.

Please note that all tax statements for the 2023 year will be available after January 15, 2024. To request a copy of your 2023 tax statement, please call the Parish Offices on Tuesdays through Thursdays at 619-465-5334 9:00am – 4:00pm or email: dorac@saintmartinoftours.cc. Tax statements will be mailed out to only those who request them. Thank you for your faithfulness.



Brothers and Sisters, Saint Martin of Tours
Parish is pleased to participate in the 2024
"United in Christ" Annual Catholic
Appeal. This appeal supports charitable
needs throughout the Diocese of San

Diego. Your gifts make possible the work that impacts so many in our diocese: those who attend Catholic school, formation of new priests and care for our retired priests, evangelization and accompaniment of Young Adults, and the consoling presence of Christ for those imprisoned. Please make your intention to the Annual Catholic Appeal. You can make your contribution online at giving.sdcatholic.org, or by filling out the brochure card mailed to your residence. Please be generous.

Our Gifts to God and Parish

We are grateful to you for your presence, your participation, and your financial support of St. Martin of Tours Catholic Parish.

January 13-14, 2024

Sunday's Envelope Collections: \$ 8,465.00
Sunday Weekly Mail-in Envelopes: \$ 830.31
Sunday E-Giving (Jan. 8-14, 2024): \$ 2,344.13
TOTAL SUNDAY COLLECTIONS: \$11,639.44

Our church uses Vanco Payment Solutions for secure online giving. Donate by visiting our website or by scanning the QR code with your smartphone camera! It's the easiest & most secure way to give to our church and it's ministries!

You can make one-time donations or you can set up automatic, recurring giving!



THE LITTLE BLACK PRAYER BOOKS FOR LENT are for sale

this Saturday and Sunday,
February 10 and 11, before
and after all Masses. They are
\$3.50 each. The books have a daily
reflection and prayer for each day of Lent.
We have limited quantities. Buy yours
now. They will be available until sold out.

requested in advance, at least two (2) weeks or more, prior to the desired Sunday. Please send requests via email to

info@saintmartinoftours.cc.

All submissions are subject to approval by Fr. Elmer.

FOUNDATION

The will of the people is the only legitimate foundation of any government, and to protect its free expression should be our first object.

-Thomas Jefferson

SAN DIEGO YOUNG ADULT AND ADULT COMMUNITY

Please go to www.sandiegocac.org, to learn more about activities and a social network for adult Catholics: College Age, Young Adults: 20s & 30s, Adults: 40s & 50s and Active Adults 60+.

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U.S. Dept. of Education Green Ribbon School 2022 stmartinacademy.org February 11, 2024

Preparing Students to Become Engaged Citizens of the World

Catholic Schools Keeping the Faith!



Dear Parishioners,

At St. Martin Academy, we are lucky to learn, pray and grow in a special environment. This would not be possible without the generous support of people like you, members of St. Martin of Tours Parish. When you support our school, you invest in the future of all of our students and the Catholic Church.

Making a donation to the Tuition Assistance fund is greatly appreciated, especially at this time. Families are applying for financial aid through March 31st. We are not always able to give the amount families qualify for or need due to limited funds. Any amount is welcome.

Parishioners may also donate to The Fund, which allows us to take care of repairs and improvements. Please use the gold envelope for both funds that comes in your monthly mailing from the parish.

Thank you for all you do to help our school. We appreciate your prayers and support.

Gratefully, Faculty, Staff and Students.









During Catholic Schools Week, Bishop Pham shared his pathway to priesthood and goals as a new bishop to the students and parents had the opportunity to talk about their professions. Students also celebrated their cultural heritage by dressing up and sharing ethnic food.

Enrollment Begins for 2024-2025 Academy and Preschool

We are currently accepting applications for the 24-25 school year. Admission information is located on the school website. The school is also offering a 10% military discount this year! Tuition assistance is open until March 31, 2024. We hope parish families will consider enrolling their children at SMA!

Come by and visit our campus and classrooms. Call for a tour at 619-466-3241.



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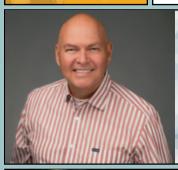
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Attorney & Parishioner

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