



**Saint Martin of Tours Catholic Church**  
**"A Century of Blessings 1921 - 2021"**

**7710 El Cajon Boulevard, La Mesa, CA 91942**  
**stmartinoftoursparish.org**  
**Phone 619.465.5334 - Fax 619.465.7297**  
**Email: info@saintmartinoftours.cc**



**MASS SCHEDULE**

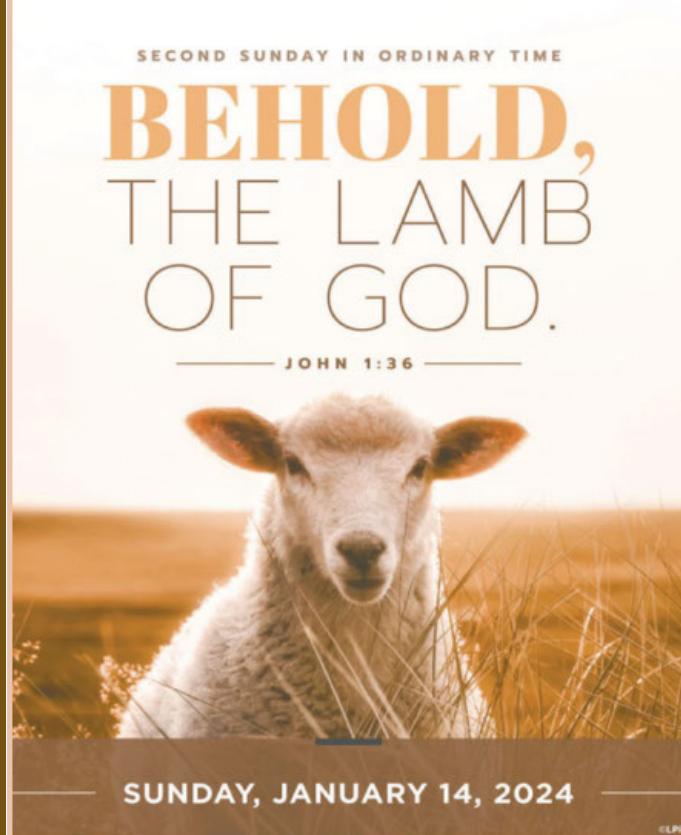
**SATURDAY: 5:00pm (Vigil)**  
**SUNDAY: 7:00am, 9:00am, 11:00am**  
**and 5:00pm Mass**

**DAILY MASS:**  
**Monday through Friday: 8:30am**  
**Rosary before Mass: at 8:00am**

**CONFESSIONS: Friday (5:00pm - 6:00pm)**  
**ADORATION: Friday (7:00pm - 8:30pm)**  
**First Friday (9:00am to 12:00pm)**

**OFFICE HOURS:**  
**MONDAY through FRIDAY:**  
**8:30 am- 4:30 pm**  
**Closed for Lunch: 12:00 pm - 1:00pm**

**SAINT MARTIN ACADEMY**  
**Principal: Jennifer Miller**  
**619.466.3241**  
**Web: stmartinacademy.org**  
**Email: info51@stmartinacademy.org**  
**Preschool through 8th Grade**



**WELCOME!**

We warmly welcome all visitors to our parish, the heart of our Catholic faith-life in La Mesa since 1921. Thank you for joining us for Divine Worship. We hope you will find ways to participate in and support our parish life and mission by sharing your time, talent and treasure.

If you have been coming here but are not registered or if you just moved into the area, we invite you to join us as a member of our parish family, using the registration form below or stopping by the Parish Office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially Baptism or Marriage, as well as eligibility to serve as godparents or sponsors.

**REGISTRATION FORM FOR "NEW" PARISHIONERS**

**Your Information:** (Please cut and drop in offering basket)

**Name** \_\_\_\_\_ **Home Phone** \_\_\_\_\_  
**Street Address** \_\_\_\_\_ **Daytime Phone** \_\_\_\_\_  
**City, State & Zip** \_\_\_\_\_ **email:** \_\_\_\_\_

(this registration will be followed by a telephone call to obtain more information)

**WELCOME TO  
SAINT MARTIN OF TOURS  
CATHOLIC FAITH COMMUNITY**

We invite you to be a "Sharing Member".

Register, Participate, and  
Share your Gifts and Talents.

**ADORATION OF THE BLESSED SACRAMENT**



"We cannot find God in noise or agitation. Within nature: trees, flowers and grass grow in silence. The stars, the moon, and the sun move in silence... In silence, He listens to us; in silence He speaks to our souls. In silence we are granted the privilege of listening to His voice. Silence of our eyes. Silence of our ears. Silence of our minds... In the silence of the heart, God will speak."

*Saint Mother Theresa of Calcutta.*

The Children's Chapel is open Monday to Friday, from 10am to 3pm, for personal prayer and meditation before the Blessed Sacrament in the Tabernacle. Also, we will continue to gather in the Church every Friday from 7pm to closing with benediction at 830pm.

*Everyone is invited and welcome to stay as long as time allows.*

**SUNDAY READINGS**

**First Reading:** The LORD came and revealed his presence, calling out as before, "Samuel, Samuel!" Samuel answered, "Speak, for your servant is listening." (1 Sm 3:10). **Psalm:** Here am I, Lord; I come to do your will. (Ps 40). **Second Reading:** Do you not know that your bodies are members of Christ? But whoever is joined to the Lord becomes one Spirit with him. (1 Cor 6:15, 17). **Gospel:** So they went and saw where Jesus was staying, and they stayed with him that day. (Jn 1:39). Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved..

**WEEKLY READINGS**

**Monday** 1 Sm 15:16-23/Ps 50/Mk 2:18-22  
**Tuesday:** 1 Sm 16:1-13/Ps 89/Mk 2:23-28  
**Wednesday:** 1 Sm 17:32-51/Ps 144/Mk 3:1-6  
**Thursday:** 1 Sm 18:6-9; 19:1-7/Ps 56/Mk 3:7-12  
**Friday:** 1 Sm 24:3-21/Ps 57/Mk 3:13-19  
**Saturday:** 2 Sm 1:1-27/Ps 80/Mk 3:20-21  
**Sunday:** Jon 3:1-10/Ps 25/1 Cor 7:29-31/  
Mk 1:14-20

2nd Sunday in Ordinary Time  
January 14, 2024

Here am I, Lord; I come to do your will.  
Psalm 40



**THE YEAR OF EUCHARISTIC REVIVAL**

**The Creed**

After hearing the readings and the homily, we are then brought to recite the Creed. Why is that? As a reminder, the liturgy can be seen like a dialogue between God and His people. After hearing the Word of God, After we hear the Word of God proclaimed and broken open, which leads us to greater understanding of who He is, it is now time for the people of God to respond! We say we heard you, and we believe you!

Creed comes from the latin word *Credo*, which means "I believe." What we see in the creed is many "I believe" statements which are a summary and profession of our Christian faith.

One may be familiar with two such Creeds: the Apostle's Creed and the Niceno-Constantinopolitan (Nicene) Creed. The Nicene Creed is said at the Mass in its fullness of what it says about the faith, which stems from the first two ecumenical Councils in 325 and 381.

We say the creed at the mass so that these tenets of our faith remain on our lips frequently and that we may not forget them.

One could look at each sentence of the Creed and see in declaring such truths that it is said to combat opinions or beliefs that are contrary to the orthodox faith (heresy).

I hope you take the time to sit with the words within the Creed as people have given their life for professing for such words. In professing the truth of the faith, may that help us to see our unity as the Body of Christ before we come to communion in the Eucharist.

Visit: [www.eucharisticrevival.org](http://www.eucharisticrevival.org)

**Rev. Chris Bongato**  
Parochial Vicar  
St Martin of Tours Parish  
7710 El Cajon Blvd  
La Mesa, CA 91942  
(619) 465-5334

**PRAY FOR OUR PRIESTS - January 14 - 20, 2024**

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
14 Rev. Silverio Espanilla, Jr.	15 Rev. Reynald Evangelista	16 Right Rev. Abbot Sharbel Ewen, OSB	17 Rev. David Exner	18 Rev. Emmet Farrell	19 Rev. Paul Farrelly, OSB	20 Rev. Gerardo Fernandez



The Saint Martin's Women of Faith Ministry is collecting travel size toiletries for women who are choosing to have their babies. As opposed to ending their pregnancies. In February, we will put together gift bags from your donations and distribute them on Valentine's Day through East County Pregnancy Care Clinic. For questions, please call Mary Margaret Kissel at 619.698.4845.

**NEW LIFE IN OUR PARISH**

Jane Alla Byrne  
Daughter of  
Timothy & Samantha Byrne

Creed Joseph Conners  
Son of  
Kyle & Joanne Conners

were baptized on  
January 13, 2024

We lovingly welcome these newest  
members into our parish family.

**SCAM ALERT, SCAM ALERT!**

Please be aware that some parishioners have been receiving text messages and emails, using Fr. Chris Bongato, our Associate Pastor's name, with a fake email address and with strange requests. If you receive any of these emails, please ignore them, do not respond to them and call the parish office at 619.465.5334 to let us know. It's the season and the scammers are phishing around to take advantage of people.

THE DIOCESE OF SAN DIEGO INVITES YOU TO THE FOURTH ANNUAL

*Marriage Anniversary Mass & Reception*

*A special invitation is extended to couples celebrating a major anniversary!*

JOIN US TO RENEW YOUR COMMITMENT IN  
ENGLISH, SPANISH OR VIETNAMESE.

**Celebrated by**  
**Aux. Bishop Michael Pham**

February 03, 2024 • 11:00 a.m.  
The Immaculata,  
5998 Alcalá Park, USD Campus, San Diego, 92110

To learn more, contact 858.490.8256 or  
jprust@sdccatholic.org

**PRO-LIFE RESOURCES**

Birthline San Diego - 858.270.2491  
National Life Center - 800.848.5683  
Culture of Life Family Services - 619.692.4401  
College Area Pregnancy Services  
"CAPS"- 619.337.8080

**POST ABORTION HEALING  
& RECONCILIATION**

**Rachel's Hope**  
**858.581.3022**

[www.rachelshope.org](http://www.rachelshope.org)

**PROPER UNDERTAKING**

Never undertake anything for which you wouldn't have the courage to ask the blessings of heaven. —George C. Lichtenberg





*Happy  
new year  
2024*

Children's Faith Formation  
1/7, 1/14/Step Out, 1/21

Sacramental Prep  
Children's Penance Service  
1/27

**UPCOMING EVENTS**

1/6 FAMILY ROSARY WALK  
1/13 MARCH FOR LIFE  
1/26 FAMILY MOVIE NIGHT

CONTACT LISA ZICKERT  
[LISAZ@SAINTMARTINOFTOURS.CC](mailto:LISAZ@SAINTMARTINOFTOURS.CC)

## St. Martin of tours Middle School Youth Group

January 2024

Wednesday, January 3rd: Ice Skating at Viejas

Friday, January 5th: Escape Bunco night at St. Kieran

Saturday, January 13th: Walk 4 Life

Friday, January 12th: Escape game night at OLPH

Monday, January 22nd: Youth Group

Monday, January 29th: Youth Group

For more information or to register,  
please contact Helen Deen  
[Helend@saintmartinoftours.cc](mailto:Helend@saintmartinoftours.cc)

UNTO US  
*a child is born.*

ISAIAH 9:6



### O.C.I.A.

**"Order of Christian Initiation for  
Adults"**

**Interested in becoming Catholic  
O.C.I.A. is the process by which  
adults enter the Catholic Church.**

If you or anyone you know is interested in becoming Catholic, completing Sacraments or learning more about the Catholic Faith, this is the process for you.

This is a spiritual journey, led by the Holy Spirit, which can lead to Full Initiation into the Catholic Church through Baptism, Confirmation and Eucharist. It is also, a way to learn more about the Catholic Faith. One of the goals is to develop a personal relationship with God, accomplished through prayer, scripture and worship.

Everyone is welcome to join us on Tuesdays at 7pm in Barry Hall. January 16 topic is: One Holy and Apostolic Church.

If you would like to be part of this Faith Journey to become Catholic, or to help facilitate the Journey, please contact Christine Davis at [chris@saintmartinoftours.cc](mailto:chris@saintmartinoftours.cc) or 619.465.5334.

ST. MARTIN OF TOURS

## HIGH SCHOOL YOUTH GROUP

January 2024

Wednesday, January 3rd: Ice Skating at Viejas

Sunday, January 7th: Mass and Youth Group

Saturday, January 13th: Walk 4 Life (Service Hours)

Sunday, January 14th: No Youth Group

Sunday, January 21st: Mass and Youth Group

Sunday, January 28th: Retreat Day and Mass



For more information please contact Helen Deen  
[Helend@saintmartinoftours.cc](mailto:Helend@saintmartinoftours.cc)





January 14– 21, 2024

Sat 5:00pm Rose Beck†  
 Sun 7:00am Alma Ford†  
 9:00am Fr. Jim Poulsen-Birthday  
 11:00am Annie Gottwig-Birthday  
 5:00pm Mass for the People  
 Mon 9:00am Fr. Elmer Mandac-Special Intention  
 Tue 8:30am Margaret Ruggiero†  
 Wed 8:30am John Kenner-Healing  
 Thurs 8:30am Jackie Carter†  
 Fri 8:30am Ramiro Frausto-Birthday  
 Sat 5:00pm John Gerald Chess†  
 Sun 7:00am Joseph Ghannam†  
 9:00am Mass for the People  
 11:00am Elaine Gonzalez-Birthday  
 5:00pm Cecilia Sanchez-Birthday

**Remember in your Prayers...** All expectant Mothers, Nadia Clayton, Jill Meyer, Joe Garrido, Stella Agbogun, Raymond Wilson, MeghanBeth Reynolds, Blanche Stetlear, Erin Heneghan, Fr. Jim Poulsen, Bobby Laminen, Margaret Laminen, Sergio Toscano, Lizette Torres, Berta Villanueva, Teresa Climaco Pantig, Lissa Barber, Miguel & Martha Soto, Ricardo & Consuelo Soto, Walter "Chino" & Delia Urteaga, Shuk Family, Dave Sheppard, Andrew Dietsch, Don Rakestraw, Dora Castaneda, Diana Houze, Rita Bongard, Maria Murrieta, Cindy Mendez, Tanya Mendez-Smith, Joseph Green Gonzalez, Vincent Iagmin, Larry Smith, and healing for all suffering from Covid-19... **may they find joy in the healing love of Christ.**

*Names will remain listed for four weeks.  
 Please call the Parish Office at 619.465.5334  
 or email: [info@saintmartinoftours.cc](mailto:info@saintmartinoftours.cc)  
 to add or delete names on the list.*

### CLERGY

**Rev. Elmer Mandac, Pastor**  
**Rev. Christopher Bongato, Assoc. Pastor**  
**Deacon Allen Rosker**  
**Rev. Alex Aquino (Supply Priest - Retired)**  
**Rev. Jim Poulsen (Supply Priest - Retired)**

### SACRAMENTS & MINISTRIES updated 01/24

**ALTAR SERVERS:** Jaime Paredes, Coordinator 619-581-0686  
 Email: [STMARTINALTARSERVERS2023@gmail.com](mailto:STMARTINALTARSERVERS2023@gmail.com)  
**BAPTISM:** Call Parish Office 619-465-5334 (Pre-baptism seminar required)  
**BEREAVEMENT MINISTRY:** Elvira Medina, Coordinator 619-465-5334  
 or Email: [elvira@saintmartinoftours.cc](mailto:elvira@saintmartinoftours.cc) (in office Mon/Tue/Fri)  
**BIBLE STUDY:** Deacon Al Rosker, Coordinator 619-851-8578  
 Saturday 9:30am-11:00am Barry Hall  
 Thursday 6:30pm-8:00pm are on Zoom  
 Jeff Seaman-Leader, [jkseam@outlook.com](mailto:jkseam@outlook.com)  
**BUILD-A-MIRACLE:** Jerry & MaryJo Crouch, Coordinators  
 Email: [jcrouch566@cox.net](mailto:jcrouch566@cox.net)  
**CATHOLIC IN RECOVERY** (Men's Lust Recovery): Pete Lesniewski,  
 Coordinator 847-917-5379 or  
 Email: [Peter.Lesniewski24@gmail.com](mailto:Peter.Lesniewski24@gmail.com)  
**COMMUNITY GARDEN:** Anne Pacheco, Coordinator 619-466-3241  
**CONFIRMATION:** Helen Deen, Youth Ministry Director  
 619-465-5334 or Email: [helend@saintmartinoftours.cc](mailto:helend@saintmartinoftours.cc)  
**CULTURE OF LIFE:** Cheri Hubka Sparhawk, Coordinator 619-459-3002  
**EUCHARIST to the HOMEBOUND:**  
 Deacon Al Rosker, Coordinator 619-465-5334  
**EUCHARISTIC MINISTERS:** Toni Dimuzio, Coordinator  
 619-286-1877 or Email: [ajdimuzio@cox.net](mailto:ajdimuzio@cox.net)  
**FAITH FORMATION:** Lisa Zickert, Director 619-465-5334 or  
 Email: [lisaz@saintmartinoftours.cc](mailto:lisaz@saintmartinoftours.cc) (Ages: 4y—6th Grade)  
**FOOD ASSISTANCE:** Richard Zasqueta, Coordinator  
 619-726-7618 OPEN TUE-THU 10:00am-12:00pm  
**KNIGHTS OF COLUMBUS:** Chris Warner, Grand Knight 619-884-0532  
 Email: [gkchriswarner14550@gmail.com](mailto:gkchriswarner14550@gmail.com)  
**LECTORS:** Donna Tripi, Coordinator Email: [tripedonna@gmail.com](mailto:tripedonna@gmail.com)  
**MEN'S MINISTRY:** Chris Bartel, Coordinator -That Man is You  
 619-971-7321 or Email: [chrisbartelfenway@outlook.com](mailto:chrisbartelfenway@outlook.com)  
**MUSIC MINISTRY:** Frances Cavanaugh, Choir Director  
 619-490-9062 or Email: [stmartinoftourschoir@gmail.com](mailto:stmartinoftourschoir@gmail.com)  
 Saturday 5:00pm with Cantor & Organist  
 Sunday 9:00am & 11:00am with Cantor & Organist  
**OCIA (Order of Christian Initiation for Adults)**  
**OCIC (Order of Christian Initiation for Children)**  
 Christine Davis, Director 619-465-5334, ext# 307  
 or Email: [chris@saintmartinoftours.cc](mailto:chris@saintmartinoftours.cc)  
**SACRAMENTAL PREPARATION FOR FIRST EUCHARIST and RECONCILIATION:**  
 Lisa Zickert, Faith Formation Director 619-465-5334  
 or Email: [lisaz@saintmartinoftours.cc](mailto:lisaz@saintmartinoftours.cc)  
**SCOUTS BSA** (Cubs and Troop 51): Mitzi Elsten  
 619-889-6003 or Email: [jointroop51lamesa@gmail.com](mailto:jointroop51lamesa@gmail.com)  
**WEDDINGS:** Parish Office at 619-465-5334  
**WOMEN OF FAITH:** MaryMargaret Kissel, Coordinator  
 619-698-4845  
**WOMEN'S MINISTRY:** Lisa Zickert, Coordinator  
 Walking With Purpose 619-465-5334  
 or Email: [lisaz@saintmartinoftours.cc](mailto:lisaz@saintmartinoftours.cc)  
**YOUNG ADULTS:** Helen Deen, Director 619-465-5334  
 Email: [helend@saintmartinoftours.cc](mailto:helend@saintmartinoftours.cc)  
**YOUTH MINISTRY:** Helen Deen, Director 619-465-5334  
 Email: [helend@saintmartinoftours.cc](mailto:helend@saintmartinoftours.cc)  
 Junior High (7th and 8th Grade)  
 High School (9th and 12th Grade)





The IRS will only allow parishioners who itemize their tax returns to deduct their contributions if they can provide a written parish contribution statement or copies of bank records. Unidentified cash contributions can no longer be included in tax returns. Consequently, everyone wishing to deduct their contributions will need to use a parish envelope, a personal check or a direct deposit from the bank. The Parish Office can track the contributions of registered parishioners and produce the required statement for contributions made during 2023.

Please note that all tax statements for the 2023 year will be available after **January 15,**

**2024.** To request a copy of your 2023 tax statement, please call the Parish Offices on Tuesdays through Thursdays at 619-465-5334 9:00am – 4:00pm or email:

[dorac@saintmartinoftours.cc](mailto:dorac@saintmartinoftours.cc). Tax statements will be mailed out to **only** those who request them. Thank you for your faithfulness.

### ***Would you like to be an Altar Server?***

**We are in need of Altar Servers  
at all our Sunday Masses.**

#### **Requirements:**

- 1. Grades 3 and up**
- 2. Received the Sacrament of First Eucharist**
- 3. Attend Mass on regular basis**
- 4. Learn and understand the Mass**



**Participate in the Eucharist and understand its meaning.**

**If you are interested in becoming an Altar Server, please contact: Jaime Paredes  
Email: [jfp523@yahoo.com](mailto:jfp523@yahoo.com) or  
Phone: 619.581.0686**



**The Parish Office will be closed  
on Monday, January 15,  
in observance of**

**Dr. Martin Luther King Jr.'s Day**



### **INTRODUCTORY CREATION CARE WORKSHOP FOR PARISHES, SCHOOLS, AND FAMILIES JANUARY 24TH, 5:30-8PM AT THE DIOCESAN PASTORAL CENTER**

This workshop is designed to:

- Give participants a working scientific knowledge of climate & environmental issues
- Provide a summary of Catholic teaching on creation care
- Present an overview of our diocesan programming, pathways to action, and available support

Please come with any and all questions. We seek to provide a moment of learning, sharing, dialogue and discernment!

Attendance is free, but please register at this link or scan the QR code as pizza and refreshments will be provided.



<https://bit.ly/CCIntro2024>

Contact Christina Slentz with  
questions at  
[cslentz@sdccatholic.org](mailto:cslentz@sdccatholic.org)



### **Our Gifts to God and Parish**

*We are grateful to you for your presence, your participation, and your financial support of St. Martin of Tours Catholic Parish.*

#### **December 16-17, 2023**

Sunday Collection:	\$ 8,573.33
Weekly Sunday Mail-in Envelopes:	\$ 2,269.00
Sunday E-Giving (12/11 – 12/17):	\$ 1,869.27
<b>TOTAL SUNDAY COLLECTIONS:</b>	<b>\$12,711.60</b>

Our church uses Vanco Payment Solutions for secure online giving. Donate by visiting our website or by scanning the QR code with your smartphone camera! It's the easiest & most secure way to give to our church and its ministries!

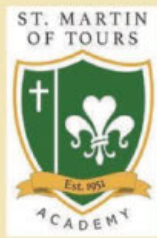
You can make one-time donations or you can set up automatic, recurring giving!



**BULLETIN SUBMISSIONS** must be requested in advance, at least two (2) weeks or more, prior to the desired Sunday. Please send requests via email to

[info@saintmartinoftours.cc](mailto:info@saintmartinoftours.cc).

**All submissions  
are subject to approval by Fr. Elmer.**



U.S. Dept. of Education Green Ribbon School 2022  
stmartinacademy.org  
January 14, 2024

*Preparing Students to Become  
Engaged Citizens of the World*



## Thinking of a Catholic School?

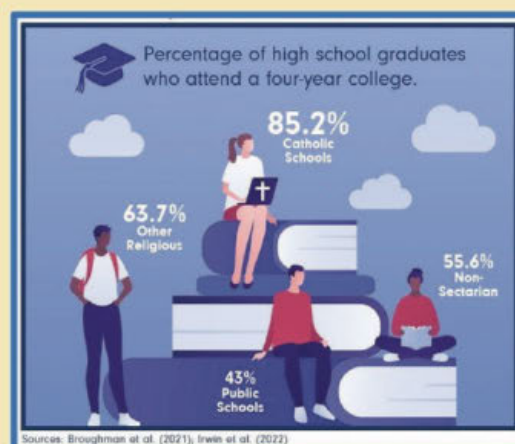
**PRECHOOL AND ACADEMY OPEN HOUSE -All ARE INVITED!**

**Sunday, January 28, 2024 • 10:00 - 12:00 PM**

*Bake sale will follow the 7am & 9am Masses*

St. Martin of Tours Academy and Preschool, fully accredited by the Western Catholic Education Association and Western Association of Schools and Colleges, offer students the best in education in a family-oriented environment that is Christ-centered and peace-filled. Join SMA faculty, staff, parents and students on Sunday, January 28, 2024 at the 9 AM Mass as SMA kick's off Catholic Schools Week. Academy tours will begin at 10 AM. A parent information session will be held in the school library at 11am.

St. Martin of Tours Academy offers: Preschool, full day Kindergarten and 1st through 8th Grades. Please call our Academy office at (619) 466-3241 or email [info51@stmartinacademy.org](mailto:info51@stmartinacademy.org) for more information. Visit our website: [www.stmartinoftoursacademy.org](http://www.stmartinoftoursacademy.org).





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[markvchavez@gmail.com](mailto:markvchavez@gmail.com)




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**CONTACT ME**  
**Kjirsten Finnegan**  
[kfinnegan@4LPi.com](mailto:kfinnegan@4LPi.com) • (800) 950-9952 x2659



 **Dorian Lopez, Esq.** 619-377-7911  
Estate Planning • Wills • Trusts • Probate • Elder Planning  
7353 El Cajon Blvd., Suite 100, La Mesa  
[www.dlopezlaw.com](http://www.dlopezlaw.com) CA SBN #303585  
"Bringing peace through planning"

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No Interest Budget Plan allows up to five years to pay.  
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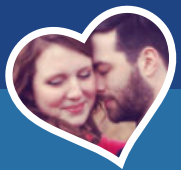
 **GarageExperts**  
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**Sean Wischmeyer**  
Owner & School Parent  
**619-914-6337**  
[www.garageexperts.com/sandiego/](http://www.garageexperts.com/sandiego/)



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Proud to Support St. Martin of Tours!



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**JAMES S. IAGMIN**  
Trial Lawyer

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[info@williamsiagmin.com](mailto:info@williamsiagmin.com)  
[williamsiagmin.com](http://williamsiagmin.com)






Parishioner at St. Martin of Tours

**Elizabeth G. Blust**  
Attorney at Law  
Probate • Estate Planning  
Wills • Trusts • Amendments  
**619-607-0235**  
OLG Parishioner



**IRIS DENTAL**  
6965 Broadway, Lemon Grove, CA 91945  
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