



Saint Martin of Tours Catholic Church

A Century of Blessings 1921 - 2021

7710 El Cajon Boulevard, La Mesa, CA 91942

stmartinoftoursparish.org

PH 619.465.5334 - FAX 619.465.7297

Email: info@saintmartinoftours.cc



MASS SCHEDULE

SATURDAY: 5:00pm (*Vigil*)

SUNDAY: 7:00am, 9:00am, 11:00am
and 5:00pm Mass

DAILY MASS:

Monday through Friday: 8:30am

Rosary before Mass: at 8:00am

CONFESSIONS: Friday (5:00pm - 6:00pm)

ADORATION: Friday (7:00pm - 8:30pm)

OFFICE HOURS:

MONDAY through FRIDAY:

8:30 am- 4:30 pm

Closed for Lunch: 12:00 pm - 1:00pm

SAINT MARTIN ACADEMY

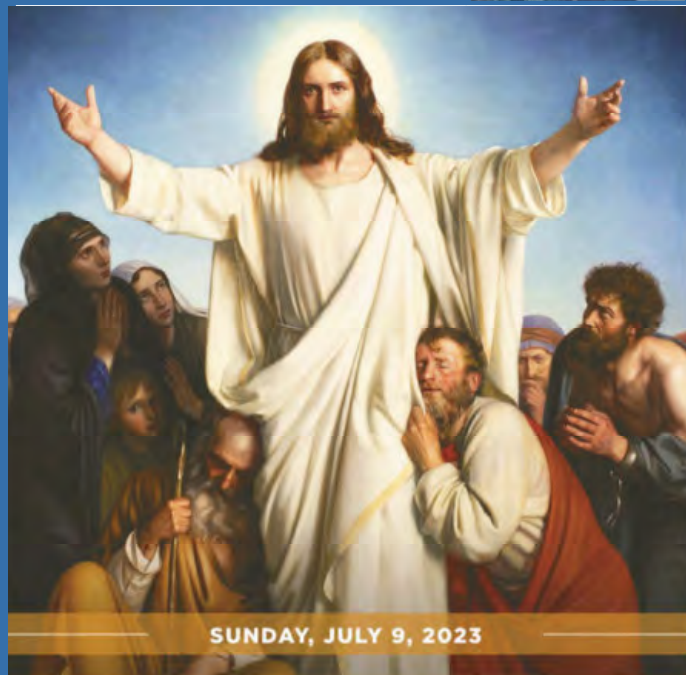
Principal: Jennifer Miller

619.466.3241

Web: stmartinacademy.org

Email: info51@stmartinacademy.org

Preschool through 8th Grade



SUNDAY, JULY 9, 2023

14TH SUNDAY IN ORDINARY TIME



"Come to me, all you who labor and are burdened, and I will give you rest." - Mt 11:28

WELCOME!

We warmly welcome all visitors to our parish, the heart of our Catholic faith-life in La Mesa since 1921. Thank you for joining us for Divine Worship. We hope you find ways to participate in our life in Christ through the various ministries we offer.

If you have been coming here but are not registered or if you just moved into the area, we invite you to join us as a member of our parish family, using the registration form below or stopping by the Parish Office. Your registration makes it possible for us to communicate with you and to plan and provide for your needs more effectively, especially Baptism or Marriage, as well as eligibility to serve as godparents or sponsors.

REGISTRATION FORM FOR NEW PARISHIONERS

Your Information: (Please cut and drop in offering basket)

Name _____ Home Phone _____

Street Address _____ Daytime Phone _____

City, State & Zip _____ email: _____

(this registration will be followed by a telephone call to obtain more information)

**WELCOME TO
SAINT MARTIN OF TOURS
CATHOLIC FAITH COMMUNITY**

**We invite you to be a "Sharing Member".
Register, Participate, and
Share your Gifts and Talents.**

July 9, 2023

14th Sunday in Ordinary Time

**I will praise your name forever,
my King and my God.
(Ps 145)**

GOSPEL MEDITATION

Do you ever feel restless? I certainly do. Daily tasks and challenges, but also the more basic demand of simply existing—sooner or later, this can all feel crushing and tire us out.

Which is why Jesus' words are such stunningly good news: "Come to me all you who labor and are burdened and I will give you rest" (Matthew 11:28). How vastly weird that this man speaks as though he is capable of giving us the deep repose we desire. Is his claim the height of absurd grandiosity? No, because next he immediately proclaims that he is meek and humble of heart." We here touch a mystery: Jesus is capable of giving us rest because he is the one who forever reposes in the heart of God the Father. He is yoked to us, sharing in our humanity.

The good news, my fellow tired-out friends, we don't have to despair in our burdens and exhaustion, no matter how heavy they feel. This week, join me in opening our hearts to hear him say to us. "Come! I will give you rest." We come to him in the church, Eucharist. The Scriptures, prayer, in the poor. There he will give us rest. —Fr. John Muir

TODAY'S READINGS

First Reading: "I know that Elisha is a holy man of God. Since he visits us often, let us arrange a little room on the roof and furnish it for him with a bed, table, chair, and lamp, so that when he comes to us he can stay there."

Psalm: For ever I will sing the goodness of the Lord. (Ps 89).

Second Reading: Are you unaware that we who were baptized into Christ Jesus were baptized into his death? We were indeed buried with him through baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, we too might live in newness of life. (Rom 6:3-4)(2Kgs 4:9-10).

Gospel: "Whoever receives you receives me, and whoever receives me receives the one who sent me." (Mt 10:40).

READINGS FOR THE WEEK

Monday: Gn 28:10-22; Ps 91; Mt 9:18-26

Tuesday: Gn 32:23-33; Ps 17; Mt 9:32-38

Wednesday: Gn 41 & 42; Ps 33; Mt 10:1-7

Thursday: Gn 44 & 45; Ps 105; Mt 10:7-15

Friday: Gn 46:1-30; Ps 37; Mt 10:16-23

Saturday: Gn 49:29-32; 50:15-26; Ps 105;
Mt 10:24-33;

Sunday: Is 55:10-11; Ps 65; Rom 7:18-23;
Mt 13:1-23

ADORATION OF THE BLESSED SACRAMENT

"We cannot find God in noise or agitation.

Within nature: trees, flowers and grass grow in silence. The stars, the moon, and the sun move in silence... In silence, He listens to us; in silence He speaks to our souls. In silence we are granted the privilege of listening to His voice. Silence of our eyes. Silence of our ears. Silence of our minds... In the silence of the heart, God will speak."

Saint Mother Theresa of Calcutta.



The Children's Chapel is open Monday to Friday, from 10am to 3pm, for personal prayer and meditation before the Blessed Sacrament in the Tabernacle. Also, we will continue to gather in the Church every Friday from 7pm to closing with benediction at 830pm.

*Everyone is invited and welcome to stay
as long as time allows.*



PRAY FOR OUR PRIESTS - July 9—15, 2023

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
9 Rev. Michael Pham, OSB	10 Rev. Danh Van Pham, SVD	11 Rev. John Phan	12 Rev. Nghia Phan, OFM	13 Rev. Jose Pimentel OP	14 Rev. Rogelio Pingol	15 Rev. James Poulsen

**2023 "LIVING OUR FAITH"
ANNUAL CATHOLIC APPEAL**

Saint Martin of Tours Parish is pleased to participate in the 2023 *"Living our Faith"* Annual Catholic Appeal. This appeal supports charitable needs throughout the Diocese of San Diego. Your gifts make possible the work that impacts so many in our Diocese: Assistance for Catholic Education, Formation of new priests, Care of Retired Priests and Assistance for Catholic Charities. You can make your contribution on line at: giving.sdatholic.org or by filling out the brochure cards that were mailed to your residence.

Our Response as Stewards:

REFLECT: on the many gifts you have received from God, including your financial blessings.

PRAY: about how God wants you to use the gifts He has given you.

RESPONSE: by supporting the mission.

Dear Fellow Parishioners,

Summer, the season of sunny days and family vacations, has arrived. As we enjoy the lovely weather of the coming months, let us also rejoice that the love of Jesus Christ is alive in his children.

The Lord has touched your heart and compelled you to give to your brothers and sisters and St. Martin of Tours Parish and you have answered the call. I am writing to take a moment and let you know how much your donations have been appreciated.

Because of the tithing and donations from members such as yourself we are able to continue serving the community, sharing the charity of Christ and spreading the gospel.

Gifts like yours allow us to maintain the church as a proper place of worship. Your giving also helps us to expand our services to better accommodate the needs of our growing congregation. I say all this so you can be sure that what you give is essential to the health and growth of our church.

Your family at St. Martin of Tours Parish thanks you for your generosity. I pray that you continue sharing, not only with your church, but with all those around you in need of the blessings of mercy of Jesus Christ.

Blessings,

Dora Castañeda

Childrens Faith Formation ...



NEED SOME SPACE?

STELLAR
SHINE JESUS' LIGHT

We've got a Stellar spot for you!

***** Shine Jesus' Light *****

Vacation Bible Camp is coming to St. Martin of Tours

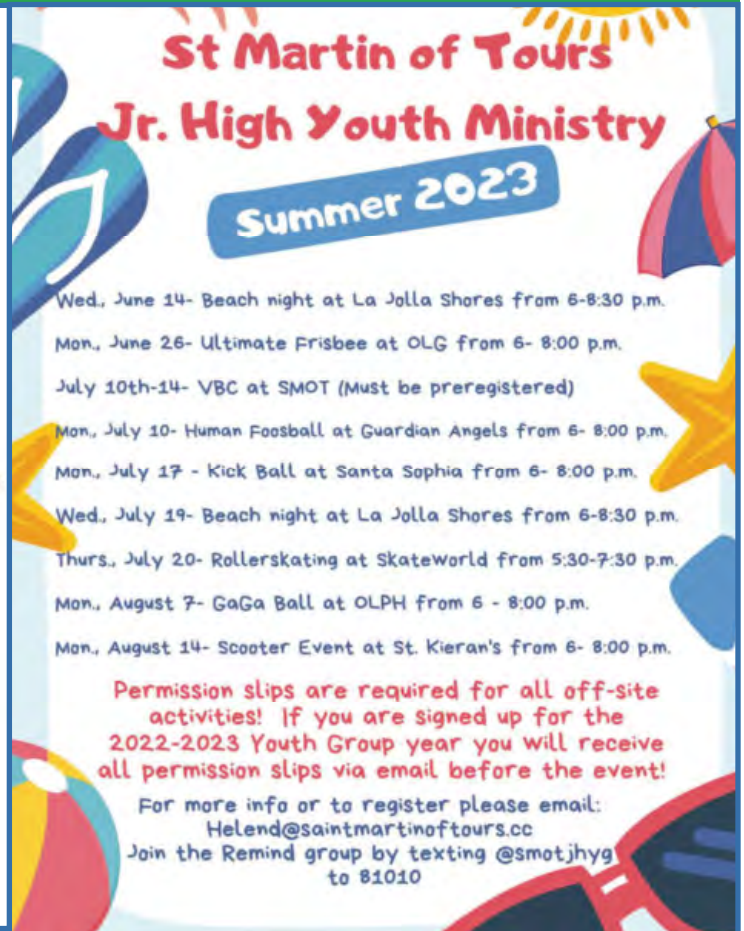
- July 10th-14th Monday – Friday 9-12 noon
- All children 4yrs – 11yrs (5th grade)

Register online at stmartinoftoursparish.org

This will be a week your children and family will remember with a happy heart long after it's over. Register now!

Making St. Martins a place where families and children "want to be" while growing in faith!

Contact: Lisaz@saintmartinoftours.cc



St Martin of Tours
Jr. High Youth Ministry
Summer 2023

Wed, June 14- Beach night at La Jolla Shores from 6-8:30 p.m.
 Mon, June 26- Ultimate Frisbee at OLG from 6- 8:00 p.m.
 July 10th-14- VBC at SMOT (Must be preregistered)
 Mon, July 10- Human Foosball at Guardian Angels from 6- 8:00 p.m.
 Mon, July 17 - Kick Ball at Santa Sophia from 6- 8:00 p.m.
 Wed, July 19- Beach night at La Jolla Shores from 6-8:30 p.m.
 Thurs, July 20- Rollerskating at Skateworld from 5:30-7:30 p.m.
 Mon, August 7- GaGa Ball at OLPH from 6 - 8:00 p.m.
 Mon, August 14- Scooter Event at St. Kieran's from 6- 8:00 p.m.

Permission slips are required for all off-site activities! If you are signed up for the 2022-2023 Youth Group year you will receive all permission slips via email before the event!

For more info or to register please email:
Helend@saintmartinoftours.cc
 Join the Remind group by texting @smotjhyg to 81010

O.C.I.A.

“Order of Christian Initiation for Adults”
 Interested in becoming Catholic
 O.C.I.A. is the process by which adults enter the Catholic Church.



If you or anyone you know is interested in becoming Catholic, completing Sacraments or learning more about the Catholic Faith, this is the process for you.

Open House!

Our next OCIA session will be on Tuesday, July 18 at 7:00pm in the Parish Office Conference Room.

Come by and see what this Journey is all about. We have 3 journeys to explore. Adults, children 8 or older and Adult Confirmation.

Looking forward to meeting you!

If you would like to be part of this Faith Journey to become Catholic, or to help facilitate the Journey, please contact Christine Davis at chris@saintmartinoftours.cc



ST. MARTIN OF TOURS
HIGH SCHOOL YOUTH GROUP

Summer

JUNE

Wed. 06/14: Beach night at La Jolla Shores from 6-8:30 p.m.
 06/19-06/23: Camp Emmaus
 Tues. 06/27: Movie Night at OLG from 6-8:30 p.m.

JULY

Wed. 07/19: Beach night at La Jolla Shores from 6-8:30 p.m.
 Thurs. 07/20: Rollerskating at Skateworld from 6-8:00 p.m.

MORE EVENTS COMING SOON!

RSVP TO HELEN DEEN AT HELEND@SAINTMARTINOFTOURS.CC

PERMISSION SLIPS AND MORE INFORMATION WILL BE MAILED OUT TO ALL REGISTERED YOUTH MINISTRY PARTICIPANTS!



Mass Intentions

July 9 - 16, 2023

Sat	5:00pm	Al Reddick†
Sun	7:00am	Vee Seal-Blessings
	9:00am	Domingo Chagas†
	11:00am	Mass for the People
	5:00pm	Myra Medina Nielsen-Birthday
Mon	8:30am	Rocco Pomponio†
Tue	8:30am	Bernardita & Janna Cenabre†
Wed	8:30am	Conrad Gunn†
Thurs	8:30am	Ann Mann-Special Intention
Fri	8:30am	Nanette Soto-Birthday
Sat	5:00pm	Shirley Hightower†
Sun	7:00am	Joseph Sawaya†
	9:00am	Richard Forman†
	11:00am	Bryan Schreier - Healing
	5:00pm	Mass for the People

Remember in your Prayers...

All expectant Mothers and Lana Lovejoy, Leah Lallana, Silvia Ivanovich, Melissa Young, Frank Lizzo, Lorna Walsh & Gerry Mavrillac, Pauline Knauer, Haydee Enriquez, Elvira Medina, Dora Castaneda, Gregorio Climaco, Rosa Maria Beltran, Alicia Fernandez de Velez, Sloane Garcia, Ricardo & Consuelo Soto, Walter "Chino" & Delia Urteaga, David Champagne, John Pommer, Bernard Safir, Tanner Safir, Adam Atrushi, Shuk Family, Robert Ferrez, Martha Chamberlain, Diana Houze, Estuardo Israel Rodriguez, Merv Patriarca, Pastor Richard Burkey, Mariela Jimenez, Vickie Rosker, Leo Cruz, Cristina Ortal, Lita Ventura, Alfredo Mojarro, Rita Bongard, Miguel Angel Badiola Jr., Maria Murrieta, Cindy Mendez, Tanya Mendez-Smith, Joseph Green Gonzalez, Vincent Iagmin, Margaret Ruggiero, Larry Smith, and healing for all suffering from Covid-19... may they find joy in the healing love of Christ.

*Names will remain listed for four weeks.
Please call the Parish Office at 619.465.5334
or email: info@saintmartinoftours.cc to add or
delete names on the list.*

CLERGY

Rev. Elmer Mandac, Pastor
Rev. Christopher Bongato, Associate Pastor
Deacon Allen Rosker
Rev. Alex Aquino (Supply Priest - Retired)
Rev. Jim Poulsen (Supply Priest - Retired)

SACRAMENTS & MINISTRIES updated 06/26/23

ADORATION of the BLESSED SACRAMENT:

Every Friday 7:00pm-8:30pm

First Friday of the Month following 8:30am Mass-Noon

ALTAR SERVERS: Jaime Paredes, Coordinator 619-581-0686

Email: jfp523@yahoo.com

BAPTISM: Call Parish Office 619-465-5334 (Pre-baptism seminar required)

BEREAVEMENT MINISTRY: Elvira Medina, Coordinator 619-465-5334

or Email: elvira@saintmartinoftours.cc (In office M/Tu/F)

BIBLE STUDY: Deacon Al Rosker, Coordinator 619-851-8578

Saturday 9:30am-11:00am Barry Hall

Thursday 6:30pm-8:00pm are on Zoom

Jeff Seaman-Leader, jkseam@outlook.com

BUILD-A-MIRACLE: Jerry & MaryJo Crouch, Coordinators

Email: jcrouch566@cox.net

CATHOLIC IN RECOVERY (Men's Lust Recovery): Pete Lesniewski,

Coordinator 847-917-5379 or Email: Peter.Lesniewski24@gmail.com

COMMUNITY GARDEN: Anne Pacheco, Coordinator 619-466-3241

CONFIRMATION: Helen Deen, Youth Ministry Director

619-698-3180 or Email: helend@saintmartinoftours.cc

CULTURE OF LIFE: Cheri Hubka Sparhawk, Coordinator 619-459-3002

EUCHARIST to the HOMEBOUND:

Deacon Al Rosker, Coordinator 619-465-5334

EUCHARISTIC MINISTERS: Toni Dimuzio, Coordinator

619-286-1877 or Email: ajdimuzio@cox.net

FAITH FORMATION: Lisa Zickert, Director 619-698-8434 or

Email: lisaz@saintmartinoftours.cc (Ages: 4y-6th Grade)

FOOD ASSISTANCE: Richard Zasqueta, Coordinator

619-726-7618 OPEN TUE-THU 10:00am-12:00pm

KNIGHT OF COLUMBUS: Chris Warner, Grand Knight 619-884-0532

Email: gkchriswarner14550@gmail.com

LECTORS: Donna Tripi, Coordinator Email: tripidonna@gmail.com

MEN'S MINISTRY: Chris Bartel, Coordinator -That Man is You

619-971-7321 or Email: chrisbartelfenway@outlook.com

MUSIC MINISTRY: Frances Cavanaugh, Choir Director

619-490-9062 or Email: smartinoftourschoir@gmail.com

Saturday 5:00pm with Cantor & Organist

Sunday 9:00am & 11:00am with Cantor & Organist

OCIA (Order of Christian Initiation for Adults)

OCIC (Order of Christian Initiation for Children)

Christine Davis, Director 619-465-5334, ext# 307

or Email: chris@saintmartinoftours.cc

SACRAMENTAL PREPARATION FOR FIRST EUCHARIST

and RECONCILIATION:

Lisa Zickert, Faith Formation Director 619-698-8434

or Email: lisaz@saintmartinoftours.cc

SCOUTS BSA (Cubs and Troup):

Mitzi Elsten 619-889-6003 or Email: scoutpack511lamesa@gmail.com

WEDDINGS:

Parish Office at 619-465-5334

WOMEN OF FAITH:

MaryMargaret Kissel, Coordinator 619-698-4845

WOMEN'S MINISTRY:

Lisa Zickert, Coordinator

Walking With Purpose 619-698-8434

or Email: lisaz@saintmartinoftours.cc

YOUTH MINISTRY:

Helen Deen, Director 619-698-3180

or Email: helend@saintmartinoftours.cc

Junior High (7th and 8th Grade)

High School (9th and 12th Grade)



Knights of Columbus News

We will be selling Seminarian Dinner Tickets after all Masses. Our dinner will be on Saturday, July 15. Many "Auction Items" including a Dinner for four with Fr. Elmer and Fr. Chris, Padre Tickets, Sailboat Painting from one of our parishioners.... and many other items.

FOOD ASSISTANCE MINISTRY

Food Assistance is in need of non-perishable food to reach out to the less fortunate in our midst. We appeal to our caring parish community to help us with items such as: jelly, peanut butter, spam, canned chicken, Rice A Roni, meal helper, cold or hot cereal, spaghetti and pasta sauce. Please put the items in the food box in the vestibule of the church or bring them to the food center or Parish Office. In the month of May 2023 we provided 690 meals to families in need. Thank you for your support.



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3. Select your preferred form of payment (electronic check or debit/credit card)
4. Enter your information.
5. Submit your donation.

Our Gifts to God and Parish

We are grateful to you for your presence, your participation, and your financial support of St. Martin of Tours Catholic Parish.

June 24-25, 2023

Sunday Plate Collection:	\$ 1,803.00
Sunday Envelope Collection:	\$ 5,496.50
Weekly Sunday Mail-in Env:	\$ 1,725.00
E-Giving (June 19-25):	\$ 1,986.77
TOTAL SUNDAY COLLECTIONS:	\$11,011.27

Peter's Pence Collection: \$4,051.80

Our church uses Vanco Payment Solutions for secure online giving. Donate by visiting our website at: www.stmartinoftoursparish.org or by scanning the QR code with your smartphone camera! It's the easiest & most secure way to give to our church and it's ministries!



You can make one-time donations or you can set up automatic, recurring giving!



St. Martin of Tours Academy
 U.S. Dept. of Education Green Ribbon School
stmartinacademy.org
 July 9, 2023



Outdoor Classroom Learning!

Student campers enjoyed learning about the herbs, native plants and succulents in the school courtyard planters. Some fun and educational varieties of succulents include: Pig's Ear (*Cotyledon orbiculata*), Propeller Plant (*Crassula falcata*), Flapjack Paddle Plant (*Kalanchoe*), Zebra Plant (*Haworthia fasciat*), Miniature Pine Tree (*Crassula tetragona*), Blue Chalk Sticks (*Senecio serpens*), Aloe Vera and Fox Tail Agaves.


After all the pruning, campers took home a bag of Rosemary and a variety of succulents to grow at home.



Five year old artichoke plants in the garden produced almost 50 artichokes this year. Summer campers took home artichokes, a lemon and recipe to try this vegetable at home. Many had never seen or tasted an artichoke before. With a follow up survey, the students and their families loved them!



If you are interested in enrollment, please email: info51@stmartinacademy.org. Tours are welcome! The office is open 8am-12pm. M-F. There are openings in a few grades. We welcome your inquiry.

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Elizabeth G. Blust
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(next to Wingspot, Subway & Jack in Box building)
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