

## What is Catholic Relief Services? (CRS)

It is the official international humanitarian agency of the Catholic community in the United States. It is dedicated to feeding the poor, promoting better health, and encouraging self-sufficiency among the most vulnerable members of the global community.

# What is CRS Rice Bowl? "Bringing Lent to Life".

This is a Lenten faith-in-action program for parishes, schools, and families. We are invited to live in solidarity with the poorest and most vulnerable of the world through the three Lenten pillars of prayer, fasting, and almsgiving.



## How Does It Work? "What You Give Up For Lent Changes Lives."

As a parish community we journey throughout the forty days of Lent praying with daily reflections included in the Lenten Guide, (inside each rice bowl), making sacrificial contributions, and focusing on Stories of Hope from individuals and communities whose lives have been changed through CRS Rice Bowl funds.

#### What are the Areas of Focus for Lent 2015?

• TANZANIA - Week One • NICARAGUA - Week Two • NIGER - Week Three • LEBANON - Week Four • DEMOCRATIC REPUBLIC OF CONGO - Week Five • UNITED STATES - Week Six (25% of the total donated in each diocese is returned to the respective diocese for hunger and poverty alleviation)



# PARISH FAMILY DINNER

LAUNCHING OUR LENTEN JOURNEY

# FRIDAY, FEBRUARY 20, 2015 5-6:30pm - Parish Hall

Enjoy a fish taco dinner\* while learning more about what CRS accomplishes through our Rice Bowl contributions.

- Witness worldwide "Stories of Hope"
- Preview the Friday Night Lenten Speaker Series
- Taste samples of ethnic foods from CRS featured countries (Recipes are in rice bowl guides.)
  - \* Casanova Fish Tacos

# All are welcome!

Let's come together as a parish community to begin our Lenten Season of prayer, fasting and almsgiving.